

**TAX TIME**  
A tax expert may be hard to find this year, so start preparing now.  
**PAGE 7**



# READY for action

**SAFE, NOT SORRY**

Volunteers citywide are prepared to link communications with local emergency response employees. **PAGE 8**



**BUDDING WORDSMITHS** Teen helps create startup to improve kids' writing skills. **PAGE 17**



**EAT LOCALLY** Growers and harvesters share their knowledge and goods at the CSA Share Fair. **PAGE 19**



**ROOMS WITH VIEWS** Support a good cause while virtually touring historic Irvington homes. **PAGE 10**



**CHANGING CREATIVE HANDS** Mimosa Studio owner passes the baton to daughter-in-law. **PAGE 4**



**ROSEWAY  
BUSINESSES  
BLOSSOM**

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**PAGE 11**

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THE HOLLYWOOD STAR NEWS  
NORTH AND NORTHEAST METRO NEIGHBORHOODS  
2000 N.E. 42ND AVENUE PMB 142  
PORTLAND, OREGON 97213

★ STAR COMMUNITY CONNECTIONS



BY JANET GOETZE

JANETGOETZE@STAR-NEWS.INFO

REMODELING PLANNED AS UO MOVES TO NORTHEAST

The University of Oregon plans to remodel the interiors of buildings it has purchased at the former Concordia University, 2811 N.E. Holman St., and begin moving third-year law school students to the campus by August, said Matt Roberts, UO assistant vice president for community relations.

Roberts provided an update of UO plans at a community gathering in mid-January in what had been Concordia's Sylvester/White Library and Learning Center. He revealed that in forging relations between UO and the neighborhood, he not only had become a member but was elected secretary of the Concordia Neighborhood Association board.

About 150 students and staff are expected on the campus in September, while remodeling continues in many buildings. By fall 2024, Roberts said, about 500 to 600 juniors, seniors and graduate students are expected on the campus as UO closes its Northwest Portland quarters. Eventually,



The University of Oregon plans to remodel the interiors of buildings purchased from Concordia University. Some students may arrive on the Northeast Portland campus later this year. (University of Oregon)

he said, about 1,000 to 1,200 students are expected. That's fewer than the 2,500 that had been at Concordia.

UO plans to reopen a coffee shop on the campus, which community members had requested. Eventually, Roberts said, the soccer and baseball fields will be available for some community use, but no staff is available yet. The gym won't be available for about two years because it holds furniture and office supplies cleared from buildings.

Centennial Hall, one of Concordia's original buildings, will become the construction offices during remodeling. However, it can't be made earthquake safe, so it likely will come down and be replaced by a new structure.

The Sylvester/White structure will have a library on the second floor, and the main floor will be an event space. Upper floors will include the Ballmer Institute, the executive

MBA program and law school spaces.

Buildings will be renamed but UO plans to honor certain historical elements on the campus, Roberts said. Questions and comments may be sent to pdx.uoregon@edu.

Another community meeting is scheduled from 4:30-6 p.m. April 12.

GROUPS PLAN RESOURCES FOR NATIVE AMERICANS

Loss of land, loss of language and, in many cases, the loss of children to culture-killing schools has produced generational trauma among Native Americans, said Jillene Joseph, executive director of the Native Wellness Center.

The Gresham-based center, started in 2000, promotes the well-being of Native

- CONTINUED ON PAGE 3

The Hollywood Star News

Published monthly in Northeast Portland.

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To submit story ideas, letters to the editor or press releases, please email editorial@star-news.info

Editorial deadline: 15th of the month  
Advertising deadline: 20th of the month

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CORRECTION

Two errors appeared on Page 9 of the January Star News at https://bit.ly/3HDKFRG.

The correct name of the business owned by Patty Spencer is Fresh Air Sash Cord Repair.

Additionally, the third paragraph about that business should have read: "There is a little more business coming out of the pandemic, although you'd think people would pull back with the recession," Spencer said. "But I'm not feeling that." In fact, her crew already is scheduled into the first week of May.

The Star-News apologizes for the errors.

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**★ STAR COMMUNITY CONNECTIONS**

people through programming, training and embracing the teachings and traditions of tribal ancestors, according to the organization’s website.

Joseph spoke last month to the Interfaith Alliance on Poverty about efforts of the center and related organizations to build leadership and provide services to those experiencing the depression, anxiety, issues of self-esteem and self-confidence that can indicate generational trauma.

One project is creating Barbie’s Village, envisioned as six to 10 tiny homes for Native American parents and children at the site of the former Laurelhurst Presbyterian Church, 909 N.E. 33rd Ave.

It is named for Atwai Barbie Jackson Shields, a Warm Springs tribe member and Klamath descendant. She was a health worker who died of an aneurism in 2017. She worked with Future Generations Collaborative, a Multnomah County Health Department program to promote healthy pregnancies and cultural healing in the Native community.

The tiny homes will be built on the church parking lot. Programs for children and families will be in the former church building.

The Presbytery of the Cascades, owner of the property, plans to return the land to Indigenous people for developing the village and attendant family services. A coalition of organizations, including Future Generations, Native Wellness, churches and the Kerns and Laurelhurst neighborhood associations are working on the project. They hope to open the village later this year.

Joseph showed the film “We Shall Remain” to the alliance, a group of more than a dozen faith organizations. The film indicates that “untended wounds” can result from generational trauma, but help is available.

She said the Wellness Center provides “training and technical assistance based in Native culture that promotes the well-being of individuals, families, communities and places of work.”

Generational trauma, which researchers began studying in recent decades, has affected the descendants of Holocaust survivors, African Americans subjected to racism, and the children of survivors of catastrophes, such as the 2004 tsunami in Asia. Trauma, researchers indicate, may cause chemical changes in the body and changes in the immune system.



*Jona Davis is the interim executive director of the Northeast Coalition of Neighborhoods. She has held other positions in the office for two years. (NECC)*

**NE COALITION NAMES INTERIM TOP LEADER**

Jona Davis has been named the interim executive director of the Northeast Coalition of Neighborhoods. She has been on the coalition’s leadership team for the past two years.

She joined the office working with inner Northeast neighborhood groups in 2019. Her focus, according to the coalition website, has included “outreach and engagement: helping with grants, community partnerships, neighborhood associations, fiscal sponsorships; and working internally to support finance, planning and operations.

In a prepared statement, Davis said, “Join us in making space for all, sharing information and resources to help create safe and livable communities and hopefully spread some joy in the process.”

**ROAD POSTS TO BOOST SAFETY NEAR JEFFERSON**

Reflective posts have been installed on North Commercial Avenue, beside Jefferson High School, to prevent opportunities for future drive-by shootings, according to the Portland Transportation Bureau, which worked with the city’s Community Safety Division on the project.

“The new design, which was initiated at the request of Portland Public Schools, is between North Killingsworth and Alberta streets. Strategically placed posts narrow the road and create choke points that force cars to slow down,” said a Transportation Bureau news release.

Cars can use Commercial Avenue, but the posts form a 14-foot-wide gap or “choke” point at select spots so that only one car can pass at a time, slowing traffic. The posts are temporary while the city studies their effectiveness. They can be removed if no longer needed, the bureau said.

Shots were fired twice outside the school last year. Community residents have attended school board meetings to request safety measures, and some have suggested that a Student Resource Officer should be

returned to Jefferson.

**YOUTH COUNCIL FORMS TO GUIDE HUMBOLDT**

The Humboldt Neighborhood Association is creating a neighborhood youth council for 16- to 24-year-olds who live, work or go to school in Humboldt. The council would meet once a month to hear youth ideas and comments on neighborhood issues.

“This will be a youth led and organized council,” said information on the neighborhood website. Council members also could have representation on the neighborhood board. Additional information is available at <https://humboldtneighborho.wixsite.com/humboldtcares>.

**SWIM PROGRAMS OPEN TO TEACH BLACK KIDS**

The Black Swimming Initiative is encouraging Black youth to learn to swim for recreational fun and, more importantly, to gain lifesaving skills. Knowing how to swim also could provide future employment opportunities, according to the organization.

A group of triathletes and swimmers formed the initiative in 2020 to host no-cost safe and accessible water safety events across the metro area. In coming months, the schedule includes events Feb. 18, March 11, April 15 and May 13 at the Portland Park Bureau’s Matt Dishman Community Center, 77 N.E. Knott St. An event will be June 24 at the Northeast Community Center, 1630 N.E. 38th Ave.

The initiative’s website, <https://www.blackswimpx.com/>, has registration information. The email is

- CONTINUED ON PAGE 4



**IRVINGTON HOME TOUR**

*Online now through March 5<sup>th</sup>*

Since 1967, the Irvington Home Tour has been opening doors to our past, present, and future, giving participants an inside look at homes in the Irvington National Historic District. This important charitable event raises critical funds for schools, non-profits, infrastructure, and events in your community. Please lend your support by attending this virtual tour of six beautiful and historic homes.

**New! Home Tour “After Party”**

If you’d like an in-person experience, join us March 11<sup>th</sup> for an evening of merriment, drinks, and hors d’oeuvres at one of Irvington’s most illustrious homes. Mix and mingle with fellow old-house aficionados, and self-tour four antique-filled floors (*this home is not featured on the virtual tour*). For more information and to access the tour visit:

[irvingtonpdx.com/home-tour](http://irvingtonpdx.com/home-tour)



★ STAR COMMUNITY CONNECTIONS

blackswimminginitiative@mail.com.

People in Africa who lived near water were typically good swimmers, and enslaved people brought to the United States also were more likely to be swimmers than their white masters, according to the initiative's website.

However, by the mid-20th century, customs of segregation in some places and laws in others kept Blacks from accessing swimming facilities used by white people. Oregon's public accommodations bill of 1953 legally ended discrimination in public swimming facilities, hotels and other public places. However, significant change didn't occur until the national civil rights movement and the drive for change in Portland's Black community, according to the initiative.

"We are currently at a crossroads where there is access to proper facilities for swimming," according to the initiative's website. "What is missing is an adequate regional program to connect the community to the existing aquatic resources, develop lifeguards and instructors and a curriculum to develop swimming skills.

"By 2024 we want a Black graduating class of U.S. Masters Certified Coaches actively teaching at local pools," according to the initiative.



Allison Chown, the daughter-in-law of founder Austin Raglione, is the new owner of Mimosa Studios, which offers pottery for painting for all ages. A selection is available for Valentine's Day. (Mimosa Studios)

NEW OWNER NAMED FOR MIMOSA STUDIOS

After 21 years, Austin Raglione has turned over ownership of Mimosa Studios to her daughter-in-law, Allison Chown, who has been a manager for many years at the business at 1718 N.E. Alberta St.

Mimosa encourages people of all ages to paint cups, plates, bowls and other pottery as gifts for loved ones or for themselves. The studio also has kits for those who want to paint at home rather than in the studio. Information is at mimosastudios.com.

Raglione said her daughter-in-law "will continue the legacy of creativity and community" that has been part of Mimosa. She invited community members to stop by to say hello and to view the heart-shaped items in stock for Valentine's Day painting.

FREEWAY PLAN DRAWS U.S. HOUSE MEMBERS

If you've ever walked along North Broadway, hoping to cross with the light at Wheeler Avenue, you know about the rush

of traffic heading for I-5 and, just a block away, more traffic coming off the freeway at Williams Avenue.

More vehicle noise flies up from the freeway built below Broadway.

For pedestrians, the wide street is a dizzying area of vehicles rushing through intersections while bicyclists bravely maneuver their narrow lane.

That's one of the areas near the Rose Quarter that Albina Vision Trust has hoped could have realigned freeway entrances and exits in its effort to revamp territory that once was a center of Black homes and businesses. The trust wants to bring back places to live, work and reconnect with the Willamette River.

The state Transportation Commission has adopted a plan for a freeway cap to help reconnect streets within the old neighborhood. That plan from fall 2021 was considered a compromise of what the trust and other organizations sought. The state's effort to add I-5 exit lanes in the Rose Quarter, to relieve one of the state's largest traffic congestion areas, has drawn brickbats from the trust, neighborhood groups, environmental organizations and even the city and county.

Rep. Earl Blumenauer, D-Ore., invited Rep. Rick Larsen, D-Wash., to view the plans and controversies in mid-January. Larsen is the top Democrat on the U.S. House Transportation and Infrastructure Committee, which is chaired by a Republican. Blumenauer wanted Larsen to be familiar with proposals that may land in his committee for future funding.

In a meeting at the Left Bank building, near one of the North Broadway intersections, Larsen said having the Vision Trust guiding community decision-making seems preferable to the top-down freeway decisions made for area residents 50 years ago.

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**★ STAR DEVELOPMENT NEWS**



BY PHILL COLOMBO

PHILLCOLOMBO@STAR-NEWS.INFO

**HUMBOLDT AND OVERLOOK AMONG PROPOSED AFFORDABLE HOUSING SITES**

Portland will exceed its Metro Affordable Housing Bond goal with four new projects focused on rental and homeownership opportunities. Two of these projects in North Portland will open 137 new units to low-income renters out of a total of 214 rental units and 53 new affordable homeownership units.

In 2018, Metro's affordable housing bond granted the city \$211 million to create 1,475 units of affordable housing. With the addition of these 2023 projects, Portland's Housing Bureau expects to surpass the goals set for total affordable units, family-size units and Permanent Supportive Housing units, and achieve 95% of the target set for deeply affordable units at 30% annual median income or below.



*Carter Commons, a new, affordable apartment development for North Interstate Avenue and Overlook Park, was proposed by co-owners and developers Urban League of Portland and Northwest Housing Alternatives. The project is envisioned to have 62 affordable and accessible apartment homes for residents 55 years and older. (Portland Housing Bureau)*

The remaining \$48 million in Portland's allocation of Metro Bond funds is earmarked for future developments.

Among the four projects proposed, contingent upon Metro's concept endorsement approvals, were the

Carter Commons in Overlook (3715 N. Interstate Ave.) developed by Northwest Housing Alternatives and the Urban League of Portland and the Strong Family Site (4931 N. Williams Ave. and 20-114 N. Alberta St. in Humboldt developed by Community Development Partners and Self Enhancement Inc.

Named after Margaret Louise Carter, Oregon's first Black woman legislator, Carter Commons will deliver 62 units of senior housing for N/NE Preference Policy households.

The project is located on land donated by

Kaiser Permanente, will have low barriers to entry, and more than one-third of the units will be affordable at extremely low incomes with community and resident services provided by the Urban League.

The Strong Family Site offers 75 rental units, 11 of which will be affordable to households earning 30% AMI or below. Seventy-two percent of the units will be family-size with two or more bedrooms with resident services and community outreach provided by SEI.

"Stable, equitable housing opportunities," said Portland Housing Commissioner Carmen Rubio, "are key to our shared economic recovery. At a critical time for so many Portlanders struggling with housing instability and economic uncertainty, these projects respond to the urgency of this moment with ingenuity and innovation."

**TRIMET SEEKS RIDER, RESIDENT, BUSINESS ADVICE ON BOOST IN FARES, SERVICE**

TriMet spent January gathering feedback on proposed service changes and a fare increase at several in-person and virtual events. Residents, riders and business owners were encouraged to attend, ask questions and share thoughts on the transit agency's public transit plans. To learn more about the service changes, visit [trimet.org/plan](http://trimet.org/plan).

Portland's regional bus and light rail operator also is proposing a fare increase, noting that despite rising costs of fuel, utilities and supplies over the past decade, it avoided increasing most fares since 2012.

- CONTINUED ON PAGE 6

**45TH PARALLEL UNIVERSE**

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Learn more at [45thparallelpdx.org](http://45thparallelpdx.org)



**★ STAR DEVELOPMENT NEWS**

The proposed increase would help address inflation and the growing costs of operating the transit system and, if approved, increases would take effect Jan. 1, 2024. More information is available at [trimet.org/fareproposals](http://trimet.org/fareproposals).

**ROAD TOLLS POSSIBLY ONLY A YEAR AWAY**

Interstate 205, commonly called a “freeway,” may have to change its name to “toll road” in 2024 if the state moves ahead with a proposal. While the first phase of tolling is in Clackamas County, North and Northeast Portlanders traveling south also would be affected.

The objectives of tolling include decreasing traffic congestion and improving highways while increasing revenue. Oregon’s Transportation Department says without tolls and planned roadway upgrades, daily congestion on I-205 will continue to grow 14 hours per day by 2045 as more people use the highway. Diversion to local streets also will increase when interstates have stop-and-go traffic. With the planned project, congestion on I-205 would be kept to about two hours per day in 2045.

The I-205 Toll Project proposes to add a third lane in the Oregon City area and provide seismic improvements to bridges



*This Overlook single-family residence, at 5945 N. Montana Ave. and built in 1910, is one of two homes that are proposed to be replaced by a new five-story, 100-unit apartment building. The owners of two properties have approached the city for early assistance with their applications. (Portland Bureau of Development Services)*

on I-205 from Stafford Road to OR 213. The project also proposes tolling the Abernethy and Tualatin River bridges. Together, the I-205 improvements and tolls will reduce congestion to give travelers a better and more reliable trip. Construction already is underway on the first phase of improvements to make the Abernethy Bridge the first earthquake-ready highway bridge across the Willamette River.

At the same time, ODOT will make an environmental assessment study available in early 2023 that will include a look at effects on I-205 traffic travel times on surrounding neighborhood streets, on the local and regional economy, household spending, noise, air quality, greenhouse gas emissions and the natural environment, among other topic areas. This assessment will compare two alternatives: a Build Alternative that would add a third lane and provide seismic improvements to bridges on I-205 from Stafford Road to State Road 213, and tolls on the Abernethy and Tualatin River bridges;

and the No Build Alternative, which would have no planned improvements to I-205 and no tolls.

ODOT is encouraging public comment at <https://www.oregon.gov/odot/tolling/Pages/Contact-Us.aspx>.

**PERMITS ISSUED**

**In Concordia at 5019 N.E. 37th Ave.,** Everett Custom Homes of Northeast Portland secured permission to deconstruct a 1,368-square-foot, single-family residence built in 1942 along with three sheds.

**At 2455 and 2475 N.E. Saratoga St.,** Home Forward has permits to construct two new three-story, 24-unit apartment buildings on the vacant portion of property leased to Albina Head Start of Southwest Portland.

**In Humboldt at 4713-4721 N. Williams Ave.,** DEZ Development of Clackamas has permits to construct seven new two-story townhomes without garages.

**In Overlook at 1220 N. Jessup St.,** Minnesota Place LLC of Southwest Portland secured a permit to build a new eight-story, 72-unit residential building on property occupied since 1978 by a 1,560-square-foot duplex.

**APPLICATIONS FILED**

**In Boise at 3634 N. Michigan Ave.,** David Brecha has applied to build a 744-square-foot duplex without a garage and a new accessory dwelling unit.

**In Cully at 4828 N.E. Campaign St.,** DEZ Development of Clackamas seeks to construct five two-story, single-family residences without garages on property shared with a 1,052-square-foot, single-family residence built in 1923.

**At 5242 N.E. Prescott St.,** Oregon Coast ID LLC of Southeast Portland seeks permission to deconstruct a detached garage built in 1940 and build two detached, single-story accessory dwelling units without garages to share the property with a 984-square-foot, single-family residence.

**At 4120-4124 N.E. Cully Blvd.,** Michael and Jennifer Usselman are seeking permission to deconstruct a 1,510-square-foot duplex built in 1951.

**In Overlook at 5945 N. Montana Ave. and 5942 N. Maryland Ave.,** Tripp Family Investments of Las Vegas, Nevada, and Sarah McMinn have requested early assistance with plans to replace two single-family residences built in the early 20th century on separate properties with a multi-family, five-story building containing 100 affordable studio apartments and common space, outdoor space and ground-level bike parking. Applications for deconstruction permits also are being reviewed.

**In Sabin at 3937 N.E. 13th Ave.,** Mark and Anabel Capalbo have applied for permission to construct a two-story accessory dwelling unit without a garage on property where a 2,280-square-foot, single-family residence has stood since 1904. Permission to deconstruct a garage was granted in December.



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★ STAR FEATURE

# IT'S TAX TIME

**With shortage of tax preparers, start gathering your paperwork now**

By Janet Goetze  
janetgoetze@star-news.info

If you are having trouble finding a tax preparer, you aren't alone. Many tax people aren't taking new clients because they have all they can handle this year. For some reason, say those who answer their telephones, the region has a shortage of tax preparers.

If you have worked with one office, you are an "existing client"



and won't be turned away, said one office receptionist. But, she advised, make your appointment now because the slots are filling up fast.

Offices that have readily returned a reporter's call in past years aren't returning calls or emails. One tax expert said no one knows why the shortage has occurred.

She guessed retirements. And, she wondered, are young people training for the field?

Before she hung up, she advised checking whether home improvements made for

energy efficiency meet new standards.

Another change is in requirements and credits for electric vehicles. And, she advised, if you have a complicated tax situation, consult a professional to file correctly and avoid future headaches — if you can find someone.

Another idea, she said, could be filing for an extension and finding a professional when the tax season flurry subsides. Of course, that means paying any money likely owed to the government by April 17 so interest or fines don't accumulate. April 15, the usual filing deadline, is a Saturday, so taxpayers get the extra time.

For seniors and low-income people, assistance is available through special programs. These include AARP Foundation Tax-Aide and Cash Oregon, a program of Metropolitan Family Service.

Tax-Aide provides free assistance, with

a focus on those over age 50 with low to moderate incomes. Sites for meeting with IRS-certified volunteers are due to open in February. Information is available at [aarp.org/money/taxes/aarp\\_taxaide/](http://aarp.org/money/taxes/aarp_taxaide/).

Cash Oregon also is free for those who qualify for the service, which includes those with household incomes below \$60,000. Those who qualify also wouldn't have rental property, sale of cryptocurrency and other considerations. Information is at [cashoregon.org](http://cashoregon.org). Appointment information is at 503-243-7765.

The Community for Positive Aging is offering 90-minute appointments through CASH Oregon at the Hollywood Senior Center, 1820 N.E. 40th Ave. Masks are required in the center. Appointments, on Mondays, Tuesdays and Thursdays, must be made at 503-288-8303.

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★ STAR FEATURE

# PREPARED

**Volunteer radio operators trained to provide residents with lifeline during disaster**

## FOR THE WORST

By Nancy Varekamp

nancyvarekamp@star-news.info

Portland has dozens of AM and FM radio stations that broadcast news, information and entertainment.

However, a disaster like the “Big One” — a major earthquake of the Cascadia subduction zone — could cripple their broadcast towers, along with TV, telephone and electricity facilities.

Just as the United Nations honors radio stations with its Feb. 13 World Radio Day, the Star News this month spotlights Portland’s own cadre of volunteer ultra-high-frequency and very-high-frequency radio operators who are on constant standby for disaster.

More than 360 Portlanders volunteer as basic earthquake emergency communication nodes (BEECN) to move information during a disaster. They are prepared to apply their radio skills when needed, and they maintain the city’s high-frequency radio equipment regularly. City emergency plans call for 200 more. To volunteer, visit [portland.gov/pbem/about-beecn](http://portland.gov/pbem/about-beecn).

About two-thirds of the BEECNs also volunteer for their neighborhood emergency teams (NET), currently boasting a membership of 2,200-plus. The groups are prepared to work together during disasters, although the NETs are called upon for many local emergencies that don’t require radio communications. In recent years, those have included providing triage, first aid and search and rescue during local storm and flooding events, and they staffed wildfire evacuation centers and warming and cooling shelters.

Some of the BEECNs are trained in use of ultra-high frequency (UHF) radios — short-range, handheld instruments — to communicate between designated BEECN sites and the city’s fire stations. Others are licensed in the use of very-high frequency (VHF), more commonly known as ham radios, to communicate between 25 fire stations, the city’s emergency coordination center and beyond.

Within 48 hours of a disaster, they will be deployed to set up their sites to communicate outside the neighborhoods, according to Ernest Jones. He is a seven-year employee of Portland Bureau of Emergency Management’s BEECN & NET Program Development group.

Jones is proud of the two networks and their volunteers, and he’s no newcomer to disasters. During his 22 years with the Federal Emergency Management Agency, he worked at 55 president-declared disasters across the country.

In a major disaster here, BEECNs will set up BEECN sites under bright-colored canopies in 50 locations across the city. Most are at parks and school fields that can



City employee Ernest Jones is assigned to staff one of the 50-plus work stations in the Portland Emergency Coordination Center during a disaster. He oversees the 360 volunteers on constant standby to handle radios when customary communications facilities fall victim to a major earthquake. (Nancy Varekamp)

### LEARN MORE

**TO VOLUNTEER:** Visit [portland.gov/pbem/about-beecn](http://portland.gov/pbem/about-beecn)

**TO FIND BEECN SITES:** Visit [portlandoregon.gov/pbem/article/483656](http://portlandoregon.gov/pbem/article/483656)

accommodate 100 people and that have no overhead power lines or underground water mains. All are estimated to be no more than a 25-minute walk for the neighbors they will serve.

A map of those BEECN sites is at [portlandoregon.gov/pbem/article/483656](http://portlandoregon.gov/pbem/article/483656). Jones cautioned that the one closest geographically to your block may not be the one to which the site directs you.

“The software recognizes barriers and hazards like the river, freeways and liquefaction potentials,” he said. Barriers might include bridges. Hazards could include structures made unsteady by the shaking ground.

Within five blocks of each BEECN site is a permanent cache of radio equipment the volunteers maintain. Two BEECNs will be needed at each site during a disaster — one to operate the UHF radio and the other the VHF, and both to haul the radio equipment from the cache to the site.

Although the BEECN training is provided free by the city, volunteers who operate the VHF equipment are expected to secure their own ham radio licenses.



Quarterly inspections and maintenance are conducted at the caches near Portland’s 50 outdoor emergency response sites where volunteers plan to provide radio communications. Erin Cooper, left, and Beth Heins, middle, are prepared to operate high-frequency radios to facilitate information flow. Anjala Ehebebe, right, is trained to support other neighborhood emergency team efforts at the site. (Nancy Varekamp)



★ STAR FEATURE

Northeast Portland volunteer and marine biologist Erin Cooper spends at least 30 and some years much more than 50 hours volunteering for NET and BEECN.

"It is such a great idea," she said. "To me, it's a real no brainer."

Paul Lefevre turned down the first few invitations by his North Portland neighbor to join the local NET. He kept saying he wasn't interested. Eight years ago, the neighbor asked again, this time for the engineer's help on a radio mapping exercise.

"OK. You got me," Lefevre said. He became a NET volunteer and also secured a license as a VHF operator. As a NET and BEECN, he estimates his volunteer hours at 100 a year.

"NET is mostly around search and rescue," he added. "BEECN is only about radio communication and helping your neighbor to feel a bit less lost and have the ability to communicate somewhere. You feel helpful when you do things like that."

Cooper agreed, and calls her volunteerism with the NET, BEECN and other local organizations an investment in her community.

"I believe in the value of social capital and the strength of the communities we have," she said. "Those connections, they can't



North Portland volunteer Paul Lefevre is licensed and ready to operate a ham radio to support emergency communications during a disaster. He expects to be deployed to the closest of 25 fire stations or the nearest of 50 outdoor response sites scattered across the city. Radio equipment is stored in orange cases at the fire stations and in large caches near the outdoor sites. (Nancy Varekamp)

happen spontaneously. They don't grow into community resilience without some time and support."

Jones said he's seen that before. "You can go anywhere on the planet, and people who know their neighbors the best recover the best."



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★ STAR FEATURE

# Tour historic homes without getting off couch

## Owners in Irvington Historic District open their doors for look by virtual visitors

By Janet Goetze  
janetgoetze@star-news.info

For more than 50 years, the Irvington Historic District Home Tour has raised funds for local schools and nonprofit organizations. It is continuing the tradition through February by offering a virtual tour for the second year.

The tour, usually held in May, shut down during the COVID-19 pandemic. It was resurrected last year with a dedicated website including videos and photographs of interiors and exteriors, plus lively stories about the houses and people who lived there, said Jon Eaton, the event co-chair.

“Based on the great response we got via this approach last year,” he said, “we’re excited to bring the highly interactive tour back to everyone’s screens.”

The tour through Oregon’s largest historic district, which also is one of the largest in the country, has another value, Eaton said. It introduces people “to the beauty and value that historic preservation brings to the broader city overall, far beyond those who already walk their dog or ride their bike through our corner of Northeast Portland,” he said.

Owners are opening six homes to share their architectural and design details. One is believed to be the oldest in the neighborhood. Built in 1884, it was the home of Lizzie, the daughter of Capt. William and Elizabeth Irving, whose name remains with the district. Elizabeth Irving spent her later years in the home.

To go on the tour, visit [www.irvingtonpdx.com/home-tour](http://www.irvingtonpdx.com/home-tour) through February. The usual donation is \$25. With \$50, donors receive a newly commissioned Historic Irvington poster. For \$100, donors may attend a neighborhood party on March 11 at a home that isn’t on this year’s tour, Eaton said.

The online experience is optimized for mobile phones, tablets and laptop computers.

“The party is an exciting new aspect this



### TOUR HISTORIC HOMES

**WHEN:** Through February

**COST:** The usual donation is \$25. With \$50, donors receive a newly commissioned Historic Irvington poster. For \$100, donors may attend a neighborhood party on March 11 at a home that isn’t on this year’s tour

**VISIT:** [www.irvingtonpdx.com/home-tour](http://www.irvingtonpdx.com/home-tour)

This year’s Irvington Historic District Home Tour will take place virtually through the end of February. Six homes are featured showcasing architectural and design details inside and out. There also will be an in-person party March 11 at another historic home. (Irvington Community Association)

year,” Eaton said, “(It is) an opportunity to socialize and celebrate while enjoying the craftsmanship of one of Irvington’s grandest and most historic homes.”

Through the tour, the Irvington Community Association has raised more than \$400,000 over the years, with grants usually going to groups serving youth and seniors, Eaton said. Examples include Irvington Elementary School for inclusive storybooks, Harriet Tubman Middle School for student activities, and Grant High for the senior all-night party. Funds also have gone to three local preschools for tuition support.

Support also has gone to Meals on Wheels, Project Linkage for seniors’ transportation, and to Grace Peck Terrace and Dahlke



Manor public housing to operate a foot care clinic.

Schools and social service agencies continue to need support, Eaton said.

“We’re honored to do our part and hope many people will join us in supporting their important missions by experiencing this year’s tour,” he said.

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# Roseway is

# in Bloom!

## Whether deeply rooted or brand-new, neighborhood businesses are thriving

The Roseway neighborhood is a special corner of Portland, steeped in city history. Just like the well-kept historic architecture, many of the business owners and residents have been a part of the community for several decades — keeping roots in the neighborhood as new families and businesses grow the area.



TALIA WEXLER  
GRANT HIGH STUDENT

Although the neighborhood was once critiqued for its lack of food options, it's expanded to be a lovely corner of the city for breakfast, lunch or dinner. It also has plenty of open greenspaces for turning an ordinary nosh into an outdoor picnic — Wellington Park and Rose City Golf Course both provide perfect venues for a meal in the grass.

Keep reading to learn more about the friendly neighborhood shops, eateries and service providers that keep Roseway in bloom.

### FRESH LOVE

Fresh Love has become a neighborhood favorite for Roseway and Madison South residents in just a little over half a year of business. Longtime community leaders Serina Leedy and Ben Cutler are the owners and operators of the cafe and marketplace.

“Having lived in this neighborhood for (more than) 13 years, we both saw a need for healthy local food, and we also wanted to create a space to help lift up our neighborhood businesses and small farmers,” Leedy says.

Leedy worked as a personal chef for more than 15 years and was a pastry chef at Andina Restaurant for several years prior to that.

Cutler is a co-founder and board president of the Rocky Butte Farmers Market, a nonprofit providing Portlanders access to



Clockwise from above: Business owners Serina Leedy and Ben Cutler stand inside Fresh Love. Avocado toast is one of the cafe's healthy menu items. Employee Stephanie Szabo welcomes visitors to the cafe and market. (Fresh Love)



affordable goods from local farmers and vendors. He brings additional expertise from more than a decade of working as an organic produce distributor and from work at a wholesale organic juice company.

The two have united their passions and combined their skills to create a welcoming neighborhood hub for great food and drinks — the kind of place other local business

owners often brag about getting to be near. “Fresh Love is a joint venture,” Leedy says.

In keeping Fresh Love's community-centered mission at the forefront of their operations, Leedy and Cutler are committed to ensuring that all of their delicious offerings come from and support

— CONTINUED ON PAGE 12



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local farmers and makers. A few that they consistently work with include Red Truck Homestead, Lil' Starts Farm, Portland Creamery and Rocky Butte Coffee Roasters.

"Opening our shop is our way of feeding our neighbors the good healthy food we like to eat, and helping support other businesses," Leedy says.

Beyond their location on Fremont, Fresh Love also offers catering — perfect for elevating a birthday party or an office lunch meeting. Whether you're stopping by their art-adorned cafe or placing an online order for pickup, don't miss their turkey sandwich, which Leedy and Cutler have been told is the best in Portland.

"We're also really proud of our juices, which are made with mostly organic fruits and vegetables," Leedy says. She adds that their smoothies are great, too — made with fresh house-made juices and local ingredients.

If you live in or near Roseway, Fresh Love is not only a must-visit, but also a place to brag about. Go snag some fresh juice or a hot pastrami sandwich to see for yourself.

**ADDRESS:** 7434 N.E. Fremont St. **WEBSITE:** freshlovepdx.com **PHONE NUMBER:** 503-206-7066 **DON'T MISS:** Smoothies, with house-made juices

**MOM & POP WINE SHOP**

While working in the restaurant industry in Chicago, Telina Rohrer and Dan Kunnecke realized that they could innovate and create something with their shared appreciation for wine.

This entrepreneurial vision prompted the couple to relocate to the West Coast and plant roots in the Roseway neighborhood. In 2015, Rohrer and Kunnecke opened the doors of Mom and Pop Wine Shop to



A glimpse into the variety of Mom and Pop Wine Shop's offerings. (Telina Rohrer)

welcome wine lovers from all across the Portland metropolitan area.

"A friendly, neighborhood wine shop was always something that we thought about, so when we bought our first house in Roseway ... we thought this might be a good time to put our ideas to the test here," Rohrer says. She adds that their planning process was influenced by parenthood, too, as it led the couple to consider ways to continue engaging with wine and food, "but in a way that could suit family life better than a predominantly nighttime industry would."

When they first began renovations to their property on Sandy Boulevard, their street was nearly unoccupied. Seven years later, it's bustling, with businesses such as Rerun 2 and Too Sweet Barbershop sharing the block.

What often draws Portlanders to Mom and Pop Wine Shop is its hospitality-oriented retail experience. All of their products are conveniently organized by style and carefully selected by Rohrer and Kunnecke. "We pride ourselves on tasting everything first, scrutinizing the wines that are available in order to find affordable, classic, well-made, versatile, food-friendly selections that people can explore with confidence," Rohrer says.

She adds that this level of attention to consumer experience carries over to their website, where they offer notes on each wine and why the couple has chosen to offer it.

For regular customers who have specific wines they like to keep on hand, the business accommodates with special orders. Mom and Pop Wine Shop also sets itself apart with its six-pack and trio boxes, which are



The Mom and Pop Wine Shop's doors open onto Northeast Sandy Boulevard. (Telina Rohrer)

carefully selected to fit a certain theme and only available for limited times.

"We know people want to try new

- CONTINUED ON PAGE 13

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things, but often get stuck in a rut because they worry about getting burned by bad bottles," Rohrer says. "There are new wines constantly rotating into our inventory, so the curious drinker can learn and grow."

In addition to wine, Mom and Pop Wine Shop offers cider and sake and handmade pottery made by Kunnecke, the "Pop" of the shop.

If you're looking for the perfect red wine to elevate a dinner party, or scouting out a rosé that will help start spring early, pay a visit to Mom and Pop Wine Shop in Roseway and check out Rohrer and Kunnecke's favorite selections.

**ADDRESS:** 6908 N.E. Sandy Blvd. **WEBSITE:** momandpopwineshop.com **PHONE NUMBER:** 503-913-4929 **DON'T MISS:** Handcrafted dry ciders

**BLOSSOM**

Megan and Todd Blossom launched their landscaping company in 1999 with the dream of eventually owning a shop and studio to serve as their creative hub. In January 2021, they brought that vision to life and put down roots in Roseway. "We see our location and our business as an opportunity to educate and demonstrate our values with people and place," Todd says.

After several years of working in the landscape industry, Todd began to notice significant room for improvement in conventional landscaping methods. When Blossom opened its doors, the co-founders established a clear focus on ecological awareness in an effort to benefit both the client and the place through sustainable practices.

At first, the couple's endeavors were separate — Todd focused on the outdoor aspects of a property as a landscaping expert, and Megan focused on the indoor spaces as an interior designer. "The obvious next step was the combination of our specialties and the integration of inside and outside environments," Todd says.

In 2015, they officially combined their talents to lead crew teams and designers in executing the design, installation and maintenance of integrated systems that ensure every aspect of a landscape is highly



Left: Megan and Todd Blossom stand outside of their creative hub on Northeast Sandy Boulevard. Above: Todd Blossom smiles proudly with his landscaping work. (Blossom)

functional.

"Our team is what makes us special," Todd says. "A diverse group, creating a company culture of support and understanding of the needs of each other and our environment."

In an effort to connect further with the Roseway community, Megan and Todd added a food truck to their space. Todd says that Reeva, an artisan pizza truck, "has already started to help bring the community around the table and around Blossom."

On April 22, the Blossoms are hosting an Earth Day celebration at the Blossom HQ on Sandy — complete with a native plant giveaway and other fun community bonding activities. More information is available via their Instagram, @blossomportland.

- CONTINUED ON PAGE 14



Megan and Todd Blossom combined their talents for interior design and landscaping, respectively, when they opened Blossom in January 2021. (Blossom)

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“We are committed to enriching our community by weaving beauty and functionality into spaces and places for people to come together and enjoy life,” the couple says. Working out of their location in Roseway, the two have accomplished just that.

If you’re looking for a dependable, detail-oriented and eco-conscious team to assist in the design and build processes for your indoor and outdoor spaces, contact Megan and Todd to see how they can make your plans a reality.

**ADDRESS:** 7745 N.E. Sandy Blvd. **WEBSITE:** Blossompdx.com **PHONE NUMBER:** 503-837-3557 **DON'T MISS:** their Earth Day celebration on April 22

**REEVA**

Deemed one of Portland’s best wood-fired pizzerias by The Oregonian, Reeva Cafe y Cocina a la Leña has built a home for itself in Roseway in the venue of a refurbished FedEx truck.

Like many other restaurants in the neighborhood, Reeva is family owned and operated. Cheva Saa manages the restaurant’s finances while her husband, Roberto Hernandez, works as the chef. Demian Hernandez, the son of the co-owners, works at the site and manages their social media and marketing.

Together, the family has brought flavors to Northeast Portland from Honduras to Peru. “We have traditional flavors and fusions that you don’t find very common, especially in a food truck,” Saa says.

When it comes to why the family chose to build Reeva in Roseway, their answer is simple: “We live in this awesome neighborhood!” Saa says. “We have an awesome neighbor that helps us with the menu we have on the truck, we have



The Reeva food cart is set up for business in Roseway offering wood-fired pizzas, including the Pizzaleadea (below right), a take on a traditional Honduran dish. (Reeva)

another that brings flowers for the tables during summertime, we have some that bring veggies and stuff for us to try, we have another one that helps us with firewood, and it goes on ... It is an awesome village here!”

If you stop by Reeva, it’s easy to be tempted by the more traditional pizza options on their menu, but Hernandez’ best item is the dish that usually only appeals to visitors with an adventurous palate. “Lots of people may raise an eyebrow when they see a bean and cheese pizza, but it is our most popular menu item and everybody who tries it falls in love,” Saa says. “We have a regular customer who even said, “Pizzaleada changed my life.”

The Pizzaleadea is Reeva’s rendition of the Honduran beleada — a traditional Central



American dish made of a thick flour tortilla and mashed, fried red beans. Stop by Reeva with a group of family or friends to give this

customer favorite a try.

**ADDRESS:** 7727 N.E. Sandy Blvd. **WEBSITE:** reevapnw.square.site **PHONE NUMBER:** 971-416-6748 **DON'T MISS:** Pizzaleadea

**ROSE HIPS**

Ingrid Scott founded Rose Hips in 2015 with the hope of creating a space for somatic movement and mindfulness only a few blocks from her home in Roseway. Some readers may know the studio under its original name: Roseway Yoga and Movement.

Scott says that the name change was inspired in part by viewing roses as a partner in their practice, “thorns and strength and all.” She adds that Rose Hips is the 2.0, reinvented version of Roseway Yoga and Movement.

“I felt a strong pull to bring people together through regenerative practices for the body,” Scott says. “I was born with clubbed feet, hip dysplasia and arthritis in my ankles. I found somatic dance and yoga as a young person, which changed my life and my relationship to my body and mind-set.”

This commitment to holistic, regenerative health stayed at the forefront of Scott’s plans as COVID-19 restrictions changed the scope of her practice. Ultimately, during a time of loneliness and isolation, Scott felt that a community space like Rose Hips was more critical for Portlanders than ever, so she continued pursuing her studio space in Roseway.

“Thanks to our creative practitioners, Rose Hips is a unique bouquet of classes, events and rituals,” Scott says. “We envision

- CONTINUED ON PAGE 15

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ourselves as being like a magic ritual shop for the body and mind.”

Despite the name change, Rose Hips still provides some of the best and most creative yoga classes in Portland. Studio instructor Kelly Viernes offers a traditional “Vinyasa Vitality” yoga class that is ideal for sweating and building strength. Instructor Sharon Lafay teaches a creative class called “Astro Yoga” based on astrology.



Ingrid Scott stands outside of her Rose Hips studio in Roseway. (Rose Hips)

Dana Zayac’s class is meant to nourish and empower, and Amelia Weesies’ “Body Becoming” class is hatha style, which focuses on channeling energy through breathing and posture. Rose Hips also offers somatic dance class options, crystal bowl sound bath experiences

and group meditation practices. Many of their community members participate in their retreats to the coast, too, led by Scott and fellow yoga teacher April Clark. Rose Hips fosters a welcoming and inclusive space for all who choose to visit, and their classes for families and parents with babies are



Rose Hips boasts a soothing indoor studio space and also offers outdoor yoga retreats, including to the Oregon coast. (Rose Hips)

perfect for Portlanders looking to bond with their little ones. To check out their schedule and find the right classes for you, head to [rosehipsmovement.com](http://rosehipsmovement.com).

**ADDRESS:** 6529 N.E. Sandy Blvd. **WEBSITE:** [rosehipsmovement.com](http://rosehipsmovement.com) **PHONE NUMBER:** 503-995-1354 **DON'T MISS:** Dance Pod: Somatic Dance Exercise

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★ STAR PET CONNECTIONS

★ STAR PET CONNECTIONS

# Ingredient splitting a legal but shady practice in the pet food industry



BY LISA LAKES

LISALAKES@STAR-NEWS.INFO

As described in a 2019 Pet Connect, pet food providers have a great deal of discretion when labeling their product. Ingredient splitting is a legal but sneaky way to make some pet foods appear more desirable to consumers.

Pet food makers are required by the Association of American Feed Control Officials (AAFCO) to list ingredients in order of predominance by weight. The most desirable pet food ingredients in order of preference are meat, meat meal and meat meal byproducts.

Meals contain products such as skin, internal organs and bone, which are also nutritious. Byproduct meals contain other animal products such as feet and viscera.

Ingredient splitting allows manufacturers to



Ingredient splitting is one of the pet food industry's most misleading marketing practices. It involves artificially boosting a more desirable item (like meat) to a higher spot on the ingredients list while lowering the ranking of a less desirable item (like rice or corn). (NekoJaNekoJa - Wikimedia)

"split" ingredients into smaller sections, which in turn allows the meat ingredient to move higher up the list.

For example, consider a dog food that is 30% corn, 25% peas, and 18% chicken meal. The manufacturer is allowed to "split" the corn and peas into smaller categories such as meal and starch. The

label then appears as follows; chicken meal 18%, whole corn 15%, corn gluten meal 15%, peas 12.5%, and pea starch 12.5%. Corn products, which still account for 30%, get bumped lower down the list as do the pea products, which remain at 25%.

If consumers are not paying attention, they could buy this product thinking it has

READ MORE

See the Star's October and December 2019 issues of Pet Connect for more on labeling and meals.

■ <https://star-news.info/digitalprinteditions.html>

For more on ingredient splitting:

■ <https://bit.ly/3kQ71Xi>

Sign up for recall alerts:

■ <https://www.dogfoodadvisor.com/dog-food-recall-alerts/>

■ <https://www.petful.com/recall-alerts/>

FDA list of recalled foods:

■ <https://bit.ly/32NZwmj>

a higher meat meal content than it actually does.

Choosing the right food for your pet can be challenging due to the wide variety and quality of foods available. Experts recommend choosing foods with ingredients you recognize such as chicken, beef, and vegetables.

There are also many good resources available to help owners understand what they are purchasing. There are also websites that will send out recall alerts as they occur.



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# The Write stuff



## St. Mary's junior Celine Glavan and friends create GLOW startup to help youth become better writers

By Janet Goetze

janetgoetze@star-news.info

Celine Glavan noticed her brother and his third-grade classmates seemed to have trouble with writing exercises on Zoom during the 2021 pandemic school year. She decided to help, and her ideas have grown into an international effort to support literacy and girls' empowerment.

Over the past two years, the St. Mary's Academy junior has become part of a multinational group of six young women hoping to spread lessons for improving writing skills while providing others with opportunities to practice leadership. Their program is called International Girls Leading Opportunities in Writing or GLOW.

It started simply enough in the summer of 2021 when Celine, who has an old roll-top desk in her Irvington home, started writing letters to third graders to help stem the "brain drain" that often happens after time away from the classroom.

Parents of several youngsters heard about her plan. For six weeks, the kids received Celine's letters with questions to answer and even jokes. Their answers might be anecdotes about events of their week or their own funny stories.

A parent decided to help with marketing the idea beyond the letters. Celine had a white board, the writing program she had as a Madeleine School student, and a teachers handbook she ordered from Amazon. She set up a learning space in her backyard for 15 students for a couple of hours two days a week.

Celine added individual time she called "crumpets and corrections." She baked something for munching while she discussed ways to make improvements, one on one, with each student. By the end of the summer, she had made \$3,000.

Through a leadership program at St. Mary's, Celine learned about LEAP, a program of the Jersey College for Girls on the island of Jersey in the English Channel. Through a foundation, the program helps girls develop business, entrepreneurial and leadership skills. Celine successfully pitched her idea for teaching writing to support literacy within communities.

"Global experts act as coaches, mentors and guides," according to the LEAP website. "Finally, they act as investors, ready to provide funding in a 'Dragon's Den'-like



Leo Glavan, a fifth grader at Madeleine School, tells his sister, Celine Glavan, about a story he is creating called "The Castle." Celine is working with a team of young women to improve writing skills in their communities and gain leadership practice. (Photos by Janet Goetze)

final pitch." Dragon's Den is the British version of "Shark Tank," Celine explained.

She received a scholarship to attend the 10-day LEAP program in July 2022. A team formed to refine her idea with three young women from Jersey, one from Rwanda and

one from Taiwan. They live in four time zones, she said, but continue planning for GLOW International with \$900 provided by investors.

In March, her group is offering a choice of three Zoom instructional meetings for

prospective teen teachers, with lessons aimed at 8- to 10-year-olds. Those signed up will receive a teacher's manual, a curriculum, writing prompts and other information about recruiting students and operating a business. The instructional fee is \$99. Information for teen girls and their parents is at <https://www.glow-international.com>.

Celine continues to help her brother, Leo, now a fifth grader, with writing, which he readily accepted on a recent afternoon. He outlined his own story, which he titled "The Castle," with hero Dwayne and the Moat Monster, who bore a resemblance to his sister but was wearing armor, he explained.

Asked if he likes writing, Leo exclaimed, "Yeah!" Then, he added, after erasing a couple of words: "It makes my hand sore."

Despite her experience, Celine doesn't expect to move into a teaching career. "I'm more interested in pediatric medicine or something in global health," she said. "Something that is helping kids reach their full potential."

★ STAR COMMUNITY CALENDAR

# COMMUNITY CALENDAR

## KIDSTEENS AND FAMILIES

### READ WITH TINY TOTS

Feb. 7. 11:15 a.m. Tiny Tots storytime. Free tickets available 15 minutes in advance. 503-988-5123. Hollywood library, 4040 N.E. Tillamook St.

### BOOK BABIES LEARN

Feb. 8. 11:15 a.m. Book Babies time with stories, rhymes and songs. First come, first served. 503-988-5123. Gregory Heights library, 7921 N.E. Sandy Blvd.

### FAMILIES AT LIBRARY

Feb. 11. 10:15 a.m. Family storytime features stories and music. First come, first served. 503-988-5123. Kenton Library, 8226 N. Denver Ave.

## ENJOYARTS

### BEAD ART IN EXHIBIT

Feb. 1. 11 a.m.-5 p.m. Open Tuesday-Sunday, closed Monday. The main gallery includes paintings by Diane Erickson and paintings with bead art by Zemula Fleming. Closes Feb. 21. The featured area includes woven natural fibers by Rosey Covert. Closes Feb. 19. [Guardinogallery.com](http://Guardinogallery.com). 503-281-9048. Guardino Gallery, 2939 N.E. Alberta St.

### MOVING IMAGES IN SHOW

Feb. 4. 5-8 p.m. Open house to see "The Shape of Memory," comprising still and moving images, sculpture and installation. The works are by Star Feliz, Deborah-Joyce Holman, Dozie Kanu, Nkhensani Mkhari, Portland Backyard Art Group and MODUS. Also see "Chrysalis (Generativity)," a solo exhibition by Fernanda D'Agostino



Dianne Jean Erickson uses multiple mediums, including encaustic, acrylic, oil and cold wax. (Guardino Gallery)

that is part of "Site," a series of large-scale exhibitions by Pacific Northwest artists. [info@oregoncontemporary.org](mailto:info@oregoncontemporary.org). Oregon Contemporary, 8371 N. Interstate Ave.

### STUDY FILM BROMANCES

Feb. 6. 7 p.m. Movie Madness University, an educational program of the Hollywood Theatre, presents a "crash course" titled "Bromances of the Ages," exploring onscreen bromances from the golden age to the space age. Unpack why this trope exists in the first place. No lectures but readings suggested. The class, limited to 18 people, continues on four Mondays. Proof of vaccination is required. Tuition: \$30. Register: [hollywoodtheatre.org/tickets/20577/](http://hollywoodtheatre.org/tickets/20577/). Information: 503-234-4363. Movie Madness Miniplex, 4310 S.E. Belmont St.

### VIEW FILM MUSICALS

Feb. 7. 6:30 p.m. The movie musical, or "Screening the Stage," is a program of Movie Madness University,



Zemula Fleming creates beaded portraits inspired by the Byzantine, Medieval and Renaissance eras. (Guardino Gallery)

an educational program of the Hollywood Theatre. It continues on Tuesdays in February. Explore ways that filmmakers marry the magic of cinema with the magic of musical theater. Lectures dig into each film's cultural context and history, plus details of their theatrical origin. Proof of vaccination is required. Tuition \$75. Register: [hollywoodtheatre.org/events/the-movie-musical-screening-the-stage/](http://hollywoodtheatre.org/events/the-movie-musical-screening-the-stage/). Movie Madness Miniplex, 4310 S.E. Belmont St.

### GALA OPENS EXHIBIT

Feb. 10. 7 p.m. Gala opening of the biennial Creative Spirit Show of Fine Art & Craft. View paintings, photography, woodworking, ceramics, quilts, paper collage and more. Also see a retrospective of works by Portland artist Judith Wyss, including glass and watercolors. La Musica Quartet plays live. Enjoy small bites. Continues 8:30 a.m.-5 p.m. Feb. 12; 10 a.m.-5 p.m. Feb. 13-18; 8:30 a.m.-12:30 p.m. Feb. 19. 503-287-1289. Great Hall of Westminster Presbyterian Church, 1624 N.E. Hancock St.

### SUPER BACH SLATED

Feb. 12. 2 p.m. The 45-voice Bach Cantata Choir of Portland, with a 15-piece orchestra, presents the annual free Super Bach Concert, an alternative to the Super Bowl. The music is joyous Baroque works by four German composers who worked at the same church in Leipzig: Johann Sebastian Bach, Johann Kuhnau, Johann Schelle and Hermann Schein. Featured work is Bach's Cantata 43. Director is Ralph Nelson. Masks are recommended. Rose City Park Presbyterian Church, 1907 N.E. 45th Ave.

### SIRENS SING OF LOVE

Feb. 12. 3 p.m. The Sirens, a 10-year-old women's vocal quartet known for tight harmony and high energy, presents a concert of pop and Broadway music, featuring love tunes. They are backed by an instrumental quartet. The concert also features The Tide, a local vocal/guitar duo with music from their CD, "Shades of Love." A free-will offering is taken to benefit the nonprofit Snowman Foundation, founded by musician Michael

Allen Harrison to provide instruments, instructions and inspiration to deserving children. Rose City Park United Methodist Church, 5830 N.E. Alameda St.

## FOR SENIORS

### HOT LUNCH SERVED

Feb. 7. Noon-1 p.m. Meals on Wheels serves a hot lunch on Tuesdays. Register on site the day of the lunch. Center for Positive Aging-Hollywood Senior Center, 1820 N.E. 40th Ave.

### FOCUS ON COMPOSER

Feb. 13. 12:30-1:30 p.m. Gordon Neal Herman presents a program on William Grant Still, the dean of African American composers. He composed nearly 200 works including symphonies, operas, choral works, art songs and chamber music. He was part of the Harlem Renaissance of literary and cultural figures. Free. Registration required: 503-288-8303 or email [kaylyn.peterson@communityfpa.org](mailto:kaylyn.peterson@communityfpa.org). Hollywood Senior Center, 1820 N.E. 40th Ave.

### VACCINE TIME SLATED

Feb. 16. 11 a.m.-1 p.m. Le Care Pharmacy will provide COVID-19 vaccines to anyone 5 years of age and older. 503-288-8303. Hollywood Senior Center, 1820 N.E. 20th Ave.

### 'SUMMER OF SOUL' SET

Feb. 16. 1-3 p.m. A film, "Summer of Soul," examines the 1969 Harlem Cultural Festival. The powerful documentary is part musical film, part historical record of an epic event that almost was lost until filmmaker/musician/record producer Ahmir "Questlove" Thompson discovered footage taken as the festival happened, plus stock news footage and interviews with attendees and musicians. The film provides historical background and social context. See performances by Stevie Wonder, Mahalia Jackson, Nina Simone, The 5th Dimension, the Staple Singers, Gladys Knight & the Pips, Sly and the Family Stone and more. Free through the Center for Positive Aging. Showing at the Hollywood Theatre, 4122 N.E. Sandy Blvd.

### LEARN ABOUT YOUR PHONE

Feb. 17. 11 a.m.-noon. Portland Youth Builders offers tips on making your phone work for you. Free. Hollywood Senior Center, 1820 N.E. 40th Ave.

### CHANGE FROM RACISM

Feb. 23. 10 a.m.-noon. The book group will discuss "My Grandmother's Hands; Racialized Trauma and the Pathway to Mending Our Hearts & Bodies" by Resmaa Menakem. Nancy Boros will guide the conversation about how bodies are impacted by the collective trauma of racism, although the effects may vary. The book offers steps for change. Free. 503-288-8303 Hollywood Senior Center, 1820 N.E. 40th Ave.

### HEAR TRUE STORIES

Feb. 23. 1-2:30 p.m. "Tell Me True" is the opportunity for participants in a storytelling class to share their practiced personal stories. Others listen and relate to the experiences of those in an informal and supportive setting. Those who feel inspired to tell their own stories

- CONTINUED ON PAGE 19

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**★ STAR COMMUNITY CALENDAR**

may register for the five-week classes beginning in March. A slice of pie and beverage will be available, too. Masks are required. An RSVP is appreciated, but not mandatory to kaylyn.peterson@communityfpa.org. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

**'PRICED OUT' FILM SET**

Feb. 24. 1-3 p.m. View a film, "Priced Out: Portland's History of Segregation and Redlining," a complex view of gentrification and the changes in North/Northeast neighborhoods. Free. Registration requested: kaylyn.peterson@communityfpa.org. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

**INGENERAL**

**EXPLORE COMPUTERS**

Feb. 8. 4-6 p.m. A four-part series of "Welcome to Computers" continues Feb. 15, Feb. 22 and March 1.

Learn about the basics of computers. Free. Register in advance of the first session. 503-988-5123. North Portland library, 512 N. Killingsworth St.

**EAT VIKING PANCAKES**

Feb. 12. 8:30 a.m.-noon. Enjoy all-you-can-eat Viking pancakes, plus scrambled eggs, sausage links, fresh fruit, lingonberries, orange juice, coffee and tea. \$10 adults, \$6 children ages 3-10, free for children under 3. Free parking. Bergen Dining Room at Norse Hall, 111 N.E. 11th Ave.

**LEARN TO EAT LOCALLY**

Feb. 26. 10 a.m.-2 p.m. The CSA Share Fair event is an opportunity to meet local farmers, ranchers and fishers to learn about Community Supported Agriculture programs and sign up for a CSA share. Local chefs from Three Sisters Nixtamal, Umi Organic ramen and others demonstrate seasonal cooking. Free. Information: <http://www.pnwcsa.org>. The Redd, 831 S.E. Salmon St.



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