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Heart and Soul delivers urgent care to sick animals.
PAGE 17



FANTASTIC Fremont



THIS STREET HAS IT ALL Walkable and family-friendly, Beaumont Wilshire blocks are filled with businesses that satisfy every need. Check them out during Fremont Fest on Aug. 6. **PAGE 10**



BACK AT THE RANCH Rose City Park's Derek O'Bannon gives away miniature, plastic horses. **PAGE 8**



FARM FRESH Get produce and more at the newly added Thursday farmers market in Montavilla. **PAGE 19**



STREET STRIDES Cully improvement project will add speed bumps, paving and sidewalks. **PAGE 6**



BACK TO SCHOOL
Benson and Jefferson high schools to get major upgrades.
PAGE 15



LET'S GET PHYSICAL Sullivan's Gulch clinic celebrates 20 years helping patients rejuvenate. **PAGE 7**

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PORTLAND, OREGON 97213

★ STAR COMMUNITY CONNECTIONS



BY JANET GOETZE

JANETGOETZE@STAR-NEWS.INFO



Federally funded repairs on 82nd Avenue must be completed by 2026. To meet this deadline, PBOT will rely on insights from previous planning efforts to deliver the most immediate critical fixes. (PBOT)

**CITY CHARTER PLAN
DRAWS MANY QUESTIONS**

The Portland Charter Commission spent more than 18 months developing a new form of government for the city, but groups and individuals are raising questions about the proposals. Some have gone to court saying the plan focuses on more than one subject in violation of state law and others urge residents to vote “No” on the plan in November so that a new plan can be developed.



One of these is the Partnership for Common Sense Government, which favors changes in governmental structure but says the commission proposal “is confusing, lacks accountability and is far too costly.”

<https://www.commonsensegovpdx.com>. Bob Weinstein, a volunteer with the partnership, said the commission plan has some good aspects but he questions others, including the small number of council districts, lack of district maps and “a unique and confusing method of election” by an unusual form of ranked choice voting. He believes the plan leaves “no accountability” instead of a check and balance on council lawmaking, which could include a mayoral veto with a council override.

In testimony he delivered to the City Council in June, when the Charter Commission plan was presented, Weinstein said the ranked choice method of voting proposed by the commission isn’t the same as that adopted by some cities in recent years. He described the commission proposal as a more complicated, single transferable vote with several steps instead of the instant runoff, ranked choice most people recognize.

In addition to the partnership’s questions, the Portland Business Alliance filed a legal challenge to the plan, saying it violates the state’s requirement for a single subject in a ballot item. The city attorney has said the commission proposal is a referral instead of a citizen-backed initiative, which would be affected by the state law.

James Posey, a former mayoral candidate who helped found the National Association of Minority Contractors of Oregon, has filed a lawsuit saying the official ballot language for the measure doesn’t adequately identify the changes the commission proposal would make to city governance, administration and elections. Information about the commission plan is at <https://www.portland.gov/omf/charter-review-commission>.

**CITIZENS TO HELP
BUILD BETTER 82ND**

The Portland Bureau of Transportation is seeking applications for “Building a Better 82nd Avenue,” a community advisory group. Members are to provide feedback on improvement recommendations and to help engage other community members in shaping a final plan.

The state of Oregon transferred ownership of 82nd Avenue, from Lombard Street to Clatsop Street, to Portland in June. Project improvements are expected to include new street lighting, pedestrian crossings, pavement improvement, new accessible curb ramps and other safety and maintenance projects through 2026.

About \$80 million will be available immediately. It comes from a \$150 million commitment from the state and the Oregon Department of Transportation plus \$35 million from Portland.

PBOT is seeking a community vision for 82nd Avenue and wants to determine how remaining funds should be invested beyond

2026 to support the vision. Applications for the advisory committee are due Aug. 22. Information is available at <https://bit.ly/3BsJGRB> or the 82nd Avenue Project Team at 82ndavenue@portlandoregon.gov.

**FAMILY PROMISE AIMS
TO END HOMELESSNESS**

An organization aimed at ending family homelessness has formed in eastside Portland with the help of more than a dozen churches of several denominations, said Michele Veenker, executive director of Family Promise of Metro East.

However, Family Promise is a secular organization that welcomes the help of individuals, service organizations, book clubs, recreation groups or other organizations, she said.

The program provides shelter and case management to find permanent housing, jobs and other assistance for families with minor children. Many assistance organizations are for women and children, which leaves out families with a father, or even a single father with children, Veenker said. Family Promise focuses on the children with a goal of keeping families together, she said.

The Family Promise idea began 30 years ago in Union County, New Jersey. Today it has more than 200 affiliates in 43 states, according to its website:

- CONTINUED ON PAGE 3

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www.familypromise.org. The eastside Portland organization has its own board and nonprofit status, Veenker said, but it gains training and information about best practices as an affiliate with its own website: www.familypromisemetroeast.org.

The local organization is seeking volunteers, donations and referrals of families, she said. An estimated 50 slots for volunteers are needed each week, but some individuals may take on more than one task. Drivers for the organization's van are especially needed, she added.

Community of Christ Church, 4837 N.E. Couch St., provides the organization's office and the day center where case management is provided. Families also have access to telephones, mail, laundry and showers at the center.

Host congregations or organizations provide overnight hospitality to three or four families at a time, with each host providing services four weeks a year. The hosts have partner congregations or groups to help during the hosting weeks, Veenker said. National figures indicate a family's average length of stay in temporary housing is 66 days.

SATORI MEN'S CHORUS SEEKS NEW MEMBERS

The Satori Men's Chorus, a non-audition, multilevel choral group, is ready to welcome new tenor, baritone and bass singers for its 2022-23 season. The group has members of all ages who rehearse from 7 to 9 p.m. Wednesdays between September and June at the Unity Church of Portland, 4525 S.E. Stark St.

The group isn't affiliated with any political or religious organization. Potential new members may attend rehearsals as the group prepares for the first of three concerts planned for the season. Sight reading is not required, according to a news release that adds: "You do have to be able to match pitch and promise to practice."

The dues are \$35 per month to pay the director, purchase music and defray general operating expenses. Members must have COVID-19 vaccinations and booster shots. Rehearsals are in an air-purified location. Additional information is at www.satorichorus.org.



MONTAVILLA JAZZ FEST DRAWS TOP MUSICIANS

Some of Portland's top musicians are featured in the ninth annual Montavilla Jazz Festival from Aug. 19-21, and the concerts will be in four venues in North, Northeast and Southeast locations.

The festival headliner is pianist/composer Kerry Politzer who will premiere original music with her quintet, featuring Alex Norris, a Los Angeles-based trumpeter. The concert is scheduled for 8 p.m. Aug. 21 at Portland Metro Arts, 9003 S.E. Stark St.

Kicking off the festival will be the Portland Jazz Composer Ensemble's double bill of newly commissioned works by vocalist Marilyn Keller and alt-jazz singer and songwriter Rebecca Sanborn. Educator-pianist Darrell Grant will join the ensemble in a program titled "The Heroine's Journey." It will begin at 8 p.m. Aug. 19 at the Alberta Rose Theatre, 3000 N.E. Alberta St.

University students will present free programs for three evenings at 6 p.m. Aug. 19-21 in the Vino Veritas Wine Bar and Bottle Shop, 7835 S.E. Stark St.,

Drummer-composer Barra Brown and his quintet will present a melody-driven, improvisational program at 11:30 p.m. Aug. 20



Darrell Grant will join the Portland Jazz Composer Ensemble in a program titled "The Heroine's Journey" on Aug. 19 at the Alberta Rose Theatre.



Pianist/composer Kerry Politzer will headline the Montavilla Jazz Festival's last day on Aug. 21 at Portland Metro Arts.

at The 1905, 830 N. Shaver St.

Other musical groups include the Tunnel Six sextet; George Colligan and Jazz

Millennium; Idit Shner and Mhondoro, melding Zimbabwean folk and American jazz traditions; tenor saxophonist Rich Halley with New York-based Matthew Shipp Trio; the James Powers Relativity Ensemble and the Noah Simpson Quartet.

Ticket prices range from \$5 to \$35 per concert, with discounts for students and Arts for All available for some concerts. Limited day passes for Saturdays and Sundays at Portland Metro Arts are \$50-\$60. Full festival passes are available for \$155-\$185. Information is available at https://www.tickettomato.com/event_group/338/montavilla-jazz-festival-22.

BALLOT TO INCLUDE GUN SAFETY PROPOSAL

More than 1,500 volunteers from all parts of Oregon gathered more than 131,670 signatures to make sure that the November ballot includes a citizen-led

- CONTINUED ON PAGE 4



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initiative requiring gun buyers to undergo background checks and training. If approved by voters, the initiative also would ban large-capacity magazines of more than 10 rounds.

Lift Every Voice Oregon, led by faith-based and other organizations, organized the signature gathering with headquarters in basement rooms at Augustana Lutheran Church, 2710 N.E. 14th Ave.

Only 112,080 signatures were needed to qualify for the ballot, according to the secretary of state's office. Volunteers of all ages, from a sixth grader to grandparents, gathered signatures or did office work in the effort, said the Rev. Mark Knutson, pastor of Augustana and a chief petitioner.

The children who accompanied parents and teenagers who participated in the work gained an understanding of how democracy works, the pastor said. "It's all about weaving community," he said. "This is what democracy looks like."

Volunteers will continue to take information into their communities to explain the measure to potential voters, he said. "This is an important public health initiative," the pastor said.



ELDER PLACE TO GAIN GARDEN WITH GRANT

The courtyard garden at the Providence Elder Place Irvington Village will be rebuilt with the assistance of Grow Portland,



A \$5,000 grant from AARP Oregon will fund garden enhancements at Providence Elder Place Irvington Village. (PBOT)

thanks to a \$5,000 grant from AARP Oregon. The Irvington Village garden, 420 N.E. Mason St., will provide growing space and educational opportunities for residents age 55 and older, said Michelle Welton, executive director of Grow Portland. Staff and residents at Irvington Village will design, build and care for growing spaces that meet the physical needs of residents, she said.

AARP also provided grants to Ashland Senior Services, the City of Philomath and the Main Street Garden in Wallowa County. The grants fund innovative projects that inspire change in transportation, public spaces, diversity and inclusion and civic engagement, according to a news release.

BIKE TOURS TO SHOW TRANSPORTATION PLAN

The Portland Bureau of Transportation has spent a year asking North Portland residents to identify what they need to get to community destinations and make it easier to walk, bike and use public transportation. The project is called



Pedalpalooza is planned for Aug. 6 highlighting Neighborhood Greenway routes and street improvements. (PBOT)

North Portland in Motion www.NoPIM@portlandoregon.gov.

The bureau has held neighborhood meetings, focus groups, neighborhood walks and rides and two surveys, according to a news release. Now the project team wants to hear how residents like the ways that planners have translated their ideas.

Project planners will outline proposals from 3 to 7 p.m. Aug. 17 at the Kenton Farmers Market, North Denver Avenue and McClellan Street, and from 9 a.m. to 2 p.m. Aug. 20 at the St. Johns Farmers Market, North Charleston Avenue and Central Street.

A bike tour, or Pedalpalooza, of ideas for Kenton, Arbor Lodge and Overlook

neighborhoods is planned Aug. 6 with a gathering at 10:30 a.m. at the Paul Bunyan statue plaza, 8400 N. Denver Ave. The ride will be nearly a loop, ending at Kenton Park, about a block west of the statue.

The ride will highlight new Neighborhood Greenway routes, better connections to schools and parks, safer connections over I-5 and improvements on busier streets.

Similar proposals for St. Johns and Cathedral Park neighborhoods will be outlined during a Pedalpalooza at 10:30 a.m. Aug. 13, starting at the St. Johns Plaza, 7373 N. Philadelphia Ave., and continuing in a loop.

GRANT TO SUPPORT ASIAN FOOD PANTRY

The Community for Positive Aging, also known as the Hollywood Senior Center, has received a \$10,000 grant from the Advantis credit union's community fund to expand an Asian food pantry. The expansion is intended to benefit more than 100 Asian senior households in Multnomah, Polk and Marion counties.

Funds will be used for translation, steering committee stipends and expanded food programs, including contracting farmers to grow culturally specific produce, according to a news release from Advantis.

In addition, the credit union has made a \$1,500 donation to Dress for Success, 1532 N.E. 37th Ave., which helps women find and retain work, support their families and achieve economic independence and stability, according to its website.

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BY PHILL COLOMBO

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CULLY WORKFORCE TRAINING CENTER TOUTED FOR EASING STUDENT HOUSING ANXIETY

Responding to a 2021 survey revealing that 56% of Portland Community College students responding experienced housing insecurity in 2020 and 19% potentially experienced homelessness, PCC began collaboration with housing providers to develop a strategy to meet the affordable housing need, to identify potential campus locations for housing, and to create criteria balancing future academic land use needs with other student support services.

First to evolve from a recently completed PCC Facilities Plan, the Workforce Training Center in Cully will see PCC engaging Home Forward to manage 84 affordable housing units. “Knowing that students with greater life stability have higher rates of college retention and graduation, PCC is now taking

the steps to introduce community affordable housing at each of our campuses and the Portland Metropolitan Workforce Training Center,” said Rebecca Ocken, interim director of the college’s Planning & Capital Construction Office.

Funding for the \$36 million project comes from a 2017 bond measure. Ground was broken at the beginning of 2022, and, between now and November, exterior walls and cladding will be completed along with interior framing and mechanical, electrical and plumbing rough-in. Next winter, interior finishes will be completed, and underground utilities will begin. Mechanical, electrical and plumbing systems will be evaluated next spring, landscaping will start, and interior furniture installed. Move-in is scheduled for summer 2023 with opening dates to be announced.

BRIDGE BUILDERS BRIEF BLUMENAUER

Portland has a new bridge connecting Northeast Seventh Avenue over Interstate 84 — the Rep. Earl Blumenauer Pedestrian and Bicycle Bridge. The span was opened on the last day in July with a daylong celebration of multiple block parties.

A week before, architects and contractors gave Oregon’s 3rd congressional district representative a walking tour. Features of the bridge were pointed out, for example, how pedestrians were positioned on the west side to better enjoy the views of Portland’s downtown skyline and how ample lighting will facilitate evening travelers, along with how the overpass was made seismically sound.

“When the big one hits,” Blumenauer

- CONTINUED ON PAGE 5



PCC’s new office building should be ready for move in by the end of summer at the Workforce Training Center in Cully. Eighty-four affordable housing units should be ready for occupancy in about a year. (PCC)



Standing on a bridge named in his honor that opened at the end of July, Rep. Earl Blumenauer reacts to a briefing by bridge architects and builders. Blumenauer has served in every legislative position — school, state, county, city and federal — in a four-decade public service career. (Phill Colombo)

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said, “this will be the only bridge standing in the city!” The bridge is wide enough to accommodate emergency vehicles when necessary.

CULLY STREET IMPROVEMENT PROJECT MOVING FORWARD

After a year of topographic surveys, design engineering and public involvement, Portland’s Bureaus of Transportation and Environmental Services design work on how best to improve streets in Cully will continue throughout 2022 and into 2023, seeking individual and small-group conversational feedback virtually and face-to-face. Design will likely conclude in the first half of 2023, when a contractor will be selected before construction begins, likely in early 2024.

A tree inventory also was completed to identify trees that need to be removed as part of the project, along with opportunities to plant new trees.

Upgrades include paving gravel streets, adding sidewalks, building stormwater infrastructure and slowing traffic with speed bumps. Stop signs will be added to intersections currently missing them. Cully was selected because of its high number of unimproved streets providing important access to parks and schools. Cully also has underserved populations, including high numbers of people of color, those with lower incomes, and people who rent their homes. More information at: portland.gov/transportation/cullynsp

DE LA SALLE NORTH EYES FUTURE EXPANSION

Expecting growth in enrollment from a current 275 students to more than 400 students in the next several years, De La Salle North Catholic High School’s incoming Board of Trustees Chairman Mike Yonker announced Advancement Vice President Ashleigh de Villiers as the school’s new interim president. At the same time, the school will undertake a national search for a new president.

With De La Salle North for eight years, de Villiers is credited with successfully leading a \$26 million capital campaign that



An example of unfinished streetscapes prevalent in Cully to be corrected by Portland’s Bureau of Transportation’s paving streets, adding sidewalks, building stormwater infrastructure and speed bumps to slow traffic. Work is expected to be completed in 2024. (PBOT)

enabled De La Salle North to move from Kenton to the current Cully campus. She follows Oscar Leong, who leaves with the school’s gratitude for leading the school through a difficult time. “When Oscar first started as president,” said outgoing trustee Chairman D.J. Widmer, “the lease on our school building was expiring and we didn’t have any solid leads on a new location.” Pointing to a 100-year Partnership with St. Charles Borromeo Church, Widmer



DE VILLIERS

said, “The school is literally on solid ground, and we extend our gratitude to Oscar for his dedicated service and leadership.”

Already underway, the search for a new

president seeks a business community leader who has grown revenue and managed spending budgets by leading large organizations. De La Salle North Catholic is in its third decade of offering low-income families academic achievement opportunities combined with business experience through one-day-a-week internships with corporations that help with students’ tuitions.

PERMITS APPROVED

- **In Alameda at 3191 N.E. 30th Ave.,** Shane and Kelly Hubbell have permission to build a new, two-story, single-family residence with an attached garage on vacant property.
- **In Rose City Park at 1312, 1314, 1318, 1320 and 1322 N.E. 57th Ave.,** Urbanroost Development LLC of Southeast Portland secured permits to build a new, five-unit, two-story town home without garages.

APPLICATIONS FILED

- **In Alameda at 3117 N.E. 33rd Ave.,** Deutsche Bank National Trust Co. Trust of West Palm Beach, Florida, applied to build a new, two-story garage with storage on the second floor at the rear of the property.
- **In Concordia at 5110 N.E. 24th Ave.,** Trygve Fotland and Penny Livingstone are seeking to deconstruct a 702-square-foot,

single-family residence built in 1916.

- **In Humboldt at 4429 N. Vancouver Ave.,** Anthony Heyman applied for a permit to build a new, two-story, four-unit townhome with no garages. Plans include proposed deconstruction of a 1,470-square-foot, single-family residence built in 1905.
- **At 4605 N. Mississippi Ave.,** Nimble Homes #1 LLC of Northeast Portland has applications under review to build a new, two-story, four-unit town house with no garages and to deconstruct a 628-square-foot, single family residence and detached garage built in 1926.
- **In King at 4126 N.E. Rodney Ave.,** Town Developments Inc., of Vancouver, Washington, is seeking permits to deconstruct a 624-square-foot, 1924 single-family residence and build a two-story, four-unit townhouse without garages.
- **In Montavilla at 432 N.E. 73rd Ave.,** Glisan Block 1 LLC of Vancouver, Washington, requested permits to deconstruct a 1,441-square-foot, single-family residence and detached garage built in 1924. Also under review, an application to build seven two-story townhouse units without garages.
- **In Woodlawn at 1302 N.E. Liberty St.,** Christopher Henderson applied to build a two-story accessory dwelling unit without a garage.

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★ STAR BUSINESS BUZZ



BY TED PERKINS

TEDPERKINS@STAR-NEWS.INFO

BROADWAY TEAM MARKS 20 YEARS GETTING PHYSICAL

This month, Broadway Physical Therapy and Sports Rehabilitation will celebrate 20 years rejuvenating patients at 3016 N.E. Broadway, in the Sullivan's Gulch neighborhood near Lloyd Center.

Broadway clinic owner Ellen Grover, who has been practicing as a therapist for more than 25 years, opened the doors to her friendly neighborhood shop on Aug. 13, 2002, with then-partner Joe Paterno. Paterno retired in

OPEN HOUSE

Broadway Physical Therapy and Sports Rehabilitation 20-year anniversary

4-6 p.m. Wednesday, Aug. 17

3016 N.E. Broadway

2017 but visits often and stays connected with the staff and the clinic. "The neighborhood has changed," Grover said. "One thing that hasn't changed is that we love working with the great clients who live, work and play in this neighborhood. Our mission is to provide quality rehabilitation services in a personal environment. We appreciate all our wonderful patients and truly enjoy getting everyone healthy and active. Our clinic provides services for all ages and abilities."

Broadway Physical Therapy continues to offer the services of seasoned therapists Anne Bower, Ryan Cook and Matt Flood, who have all been with the clinic for more than five years

"I try to understand what motivates a person — what they are trying to get back to — so that we can target a treatment plan that works for the things in their life that they want to do," Bower said.

"My goal in helping a patient is to return them to functioning as soon as possible and get them doing all the sports and activities that they want to do — without pain," Cook said.

"I love working with everybody here, from our patients to our community to our co-workers," Flood said.

For more information, call 503-287-6636 or visit www.broadwaypt.net.



After setting up shop in various locations around the city, Sarah Szper has returned her esthetics business, RubyViolet Skincare, to Alberta Street. (Miranda Mason)

RUBYVIOLET SKINCARE RETURNS TO ALBERTA

During Women's History Month, in March, RubyViolet Skincare, a woman-owned esthetics boutique with a nearly 20-year history, moved back to its original Northeast Portland stomping grounds across the street from Petite Provence in the Vernon neighborhood. Having opened just blocks away in 2004, owner Sarah Szper celebrated the grand reopening of her new space in a historic building built in the 1920s at 1829 N.E. Alberta St. RubyViolet moved a couple of times throughout the city from 2004 to 2010 and actively contributes to creating sustainable, equitable and inclusive neighborhood business districts.

"I launched my esthetics business on Alberta Street in 2004 when the business district was in its infancy," Szper said. "I feel like RubyViolet blossomed on Alberta Street just as the business district began to flourish. This feels like an incredible homecoming and a full-circle moment in my RubyViolet journey."

RubyViolet specializes in providing non-invasive, anti-aging treatments using natural and organic products. Providing a holistic approach to skin care, Szper nurtures the whole self by offering a sacred space to heal both the body and spirit.

"It's a priority to me to honor and support the history of the community on this street by ensuring that my esthetics boutique is inclusive," she said. "I specialize in all skin tones from darker to lighter," Szper said.

"Since 2004, it has been my goal to celebrate ethnic and gender diversity. I customize every facial to a client's specific needs, using highly

effective and highly personalized techniques at the time of treatment, while simultaneously supporting the client with the comfort of traditional relaxation methods."

RubyViolet joins numerous locally owned businesses located in the building, including the Alberta Street Gallery, Psychic Sisters, The Motion Massage Studio, Dynamic Acupuncture, and Advanced Medical Aesthetician, Kim Clark.

"Both within this beautiful, historic building and all along Alberta Street, I am committed to further developing this neighborhood business district into a thriving and vibrant creative arts destination," Szper said.

RubyViolet is open from 10 a.m. to 7 p.m. Tuesdays through Saturdays. For more information or to schedule an "appointment for one," call 503-282-8877 or visit www.rubyvioletskin.com.



After working together for five years, Emily Olsen, left, and Jasmine Pemberton decided to open Honeydew Salon in Beaumont Village's Dutch Village building. (Miranda Mason)

HONEYDEW SALON IS SWEET ON BEAUMONT VILLAGE

On July 12, Emily Olsen and Jasmine Pemberton held a soft opening for their new business, Honeydew Salon, at 4106 N.E. Fremont St. in Beaumont Village's historic Dutch Village building. The space previously was home to Gold Sparrow Tattoo, which has moved around the corner to 3430 N.E. 41st Ave. Honeydew now shares its entrance and lobby area with the established Retreat Beauty Lounge next door. Olsen and Pemberton worked with vintage furniture specialist Lounge Lizard to create the shop's unique lighting and design.

"We have both done hair for close to 10 years and can't wait for our clients to see our personalities come through in our new space," Pemberton said. "Our salon is an intimate, three-chair shop inspired by the summer season and that large dose of Vitamin D that Portlanders wait for every year. We want to create a serotonin boost for our clients so that they can feel beautiful and reenergized — even during the wet winters. Throw in our love of vintage '60s decor and we've created a Palm Springs of our own right here in Northeast Portland."

Pemberton discovered her passion for the industry while she was a little girl playing in her mother's salons in the Bay Area.

"I take pride in creating a space that uplifts people," she said. "While I have trained with the best around the country in large corporate salons, I feel most authentic in my small shop with my close friends. My goal is to give you a beautiful, manageable and easy to maintain look that suits your lifestyle."

Olsen was born and raised in Anchorage, Alaska, and moved to Portland in 2012 with her husband, Sean. She has naturally curly hair that she struggled to style until she entered the salon world.

"I understand what it's like to feel overwhelmed and intimidated by your hair," she said. "My goal is to make your hair approachable and easy on your life. While I specialize in curls, I love cutting all hair.

Pixies, bobs and blended layers are some of my favorites. I love soft balayage, natural reds and blending and growing out natural gray."

Olsen and Pemberton worked together for five years before deciding to open their own business this spring.

"This was literally the first listing we looked at," Pemberton said. "We feel quite lucky about that. We decided to put our dreams of opening a business to the test after falling in love with this 100-year-old row of brick shops and the small-town vibe of Beaumont Village. So many neighboring businesses — and our landlord Darren Stowell — have given us solid advice and a friendly smile. We joined the Beaumont Business Association and look forward to getting to know the community and other small business owners. We both have either lived or worked nearby and are so excited to open our first business here in Beaumont."

For more information or to book an appointment, call 503-610-6897 or visit www.honeydewsalonpdx.com.



The Alibi is planning a fun-filled day with music, games, a dunk tank and raffle to celebrate its 75th anniversary. (The Alibi)

ALIBI TOASTS 75 YEARS OF TIKI IN OVERLOOK

On Aug. 27, Alibi Restaurant and Lounge in the Overlook neighborhood — one of the oldest tiki bars in the country — will celebrate 75 years in business with a parking lot event, transformed into an outdoor tiki oasis sponsored by Cruzan Rum.

The event will be held from noon to 8 p.m. with a dozen local and regional tiki vendors, an outdoor luau feast, a shave ice cart and an outdoor tiki cocktail garden. Commemorative limited edition 75th anniversary tiki mugs and other Alibi merchandise will be available.

"We will have a stage with surf rock bands The Apollo Four and King Ghidora and live band karaoke featuring Portland favorites Karaoke from Hell," said Alibi owner Marcus Archambeault. "Pick your favorite song and be the lead singer in the band. These bands are incredibly talented and not to be missed."

Between sets, the main stage will feature DJ Gregarious and Hawaiian Dance Troupe Hula Halau Ohana Holo'oko'a, an intimate burlesque show featuring Miss Holly Dai.

"We will have Native historians on stage to provide a history of Hawaii, its culture and struggles endured by its Native peoples," Archambeault said. "This is a kid-friendly event featuring children's hula lessons, a mechanical surfboard ride, and other fun games and activities for kids. We will have henna tattoos and a caricatures artist on hand to create great memories for the kiddos. Lastly, they can see Grape Ape, our 30-foot purple inflatable gorilla.

"We will be hosting a charity dunk tank and raffle, featuring local celebrities to benefit the Immigrant and Refugee Community Organization and Pacific Islander and Asian Family Center," Archambeault said. "A portion of proceeds from the event will also be donated to the organization. We look forward to seeing you there."

For more information, call 503-287-5335 or visit www.club21pdx.com/alibitiki.html.

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★ STAR FEATURE

NOT JUST HORSEIN' AROUND

Derek O'Bannon's painted ponies spur joy and delight in Northeast Portland

By Nancy Varekamp
nancyvarekamp@star-news.info

Walk the area near Northeast 57th Avenue and Sacramento Street, and you'll see various plastic miniature horses. They're tethered to horse rings planted in the curbs, or chained to railings, little lending libraries, trees and more.

That's the epicenter of Derek O'Bannon's horse empire. The boundaries grow whenever he gives away another one.

During the past four years, O'Bannon has given more than 60 horses to neighbors, friends and even strangers at no charge. A free chain and padlock are



part of the deal. In fact, he provides the key to the padlock so the horses' new owners can move them to safety while mowing the lawns.

The Horse Lord is reluctant to talk about his expenses, and he declines monetary donations. "That's all right," he said. "It's really for the neighborhood, and I don't want cost to be a factor for anyone."

He does, however, accept donated horses to repair and paint in vivid, exultant colors — and give away. He's had to expand his thrift shop searches — from the eastside to Gresham, Beaverton and Vancouver — to keep up with the demand.

Skye and Emily were the first horses he installed at his own home. They are 20 and 10 inches tall. Over the four years he's been rescuing the toy horses from thrift shops, he also found and painted two



Derek O'Bannon enjoys his "horse walk" and the visitors it draws to the parking strip at his Rose City Park home. (Nancy Varekamp)

36-inch horses that are out on weekends. Those whinny if you tap their noses, and they are suitable for young children to ride.

In fact, a sign urges children of all ages to interact with the painted ponies. Instead of a "don't touch" sign, O'Bannon's sign says "do touch." A doll's hairbrush is nearby, "so the kids will brush their manes and tails for me," he said.

For visitors, the display is an enjoyable happenstance or a destination. Local families have dubbed the parking strip "the horse walk."

Since the pandemic began in spring 2020, he's noticed increased foot traffic in the neighborhood, so more people have come upon his horses — and the opportunity to adopt them.



Even a Rose City Park street sign post offers tethering for a smartly painted toy horse. (Nancy Varekamp)

- CONTINUED ON PAGE 9

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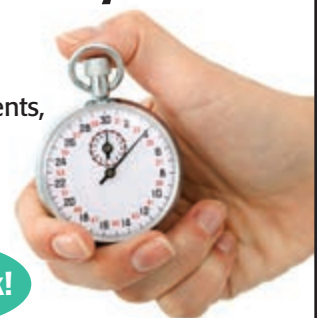
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★ STAR FEATURE

He loves watching children play with the horses — his and the ones he gives them. The father of a grown son, O'Bannon has always enjoyed spending time with children. "I was, in my youth, a day care worker for 12 years. I ran a classroom for 3-5 year olds and loved it.

"I did not quite anticipate how much the small children and their families would love visiting these horses, but it does bring much joy. I try to corner those people and make them take a horse," he said with a laugh.

"Sometimes people bring me cookies," O'Bannon added. He keeps a file of the letters children write and the drawings they make for him.

With all the frequent handling they receive, his own horses need fresh coats of paint each year. If a horse he's adopted out needs some touching up, O'Bannon offers to help. About 25% of the horses he finds have movable legs, and those need more frequent repair. It's tricky, the horseman explained, because they have cloth "skins" that must be peeled back gingerly to repair the joints, then reattached before repainting.

The local horseman isn't the only one to encourage use of city tethering rings. He now has an "elf" of sorts in his mother-in-law. She lives several blocks north and keeps some of his horses on hand to adopt out.

There's a Woodstock resident who years ago pursued the goal to attach a



Canine and equine share greenspace. (Nancy Varekamp)



horse to every ring in the Pearl District.. "I was working down there, and I just loved it," O'Bannon recalled.

In 2018, shortly before retirement, the Rose City Park resident was working for the city as an abandoned car investigator. On a call to North Portland, he found his first horse at the base of someone's driveway, posted with a "free" sign.

O'Bannon took it home and attached it to his curb ring. "Gosh, it would look really neat if it was painted," he thought. So he covered it in blue.

That was the beginning, with no foreseeable end.



WANT A HORSE? MORE INFO?

■ To inquire about adopting a brightly painted horse from Derek O'Bannon, send an email to 63horsespdx@gmail.com.

■ For reports about other Portlanders enthusiastic about uniting toy horses with horse rings, visit en.wikipedia.org/wiki/horse_rings_in_portland_oregon or facebook.com/portlandhorseproject.

■ Learn about the history of Portland's tethering rings on local historian Doug Decker's blog at alamedahistory.org/2018/06/12/portlands-horse-tethering-rings.

Not all of Derek O'Bannon's painted toy horses are tethered to curb rings. A post serves the purpose at this little lending library. (Nancy Varekamp)



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★ STAR BLOCK X BLOCK

Find it on Fremont



By Ruby Perron

For the Hollywood Star News

At the head of Fremont Fest 2022, there is no better neighborhood to feature than Beaumont-Wilshire. Clustered around Fremont street, the businesses vary greatly and fill the needs of the surrounding neighborhood. Whether you want something tailored by Silhouette or you feel the need for a refreshing summer treat from Nico's, Fremont has it all. The street has great walkability and is very family-friendly, all qualities that will surely be a part of the 36th annual Fremont Fest.



RUBY PERRON
GRANT HIGH STUDENT

Fremont Fest was started more than 30 years ago by Cleo and John Rumpakis, then owners of the iconic Dutch Village building complex. Not only did the couple start the festival, they also created the Beaumont Business Association. "They are very much the people who helped develop this street and this district," says Darren Stowell, Dutch Village's current owner. He adds that "Fremont Fest is a true community event."

With a beer garden on one side of the street and a kid zone on the other, there is something for everyone at Fremont Fest Marketplace. Over 125 vendors are expected to attend, filling nine blocks. "We've ensured that we have nine blocks of fest so that we can, in these pandemic times, make sure that everyone feels safe," says Wesley Callaway, Beaumont Business Association president. A focus of this year's fest is diversity and inclusion, as well as safety of all those attending. Callaway also encourages attendees to stop in at local businesses in addition to the vendor booths. "We really have amazing businesses on this street," he says.

Fremont Fest Marketplace 2022 is from 10 a.m.-4 p.m. Saturday, Aug. 6. The beer garden



Cleo and John Rumpakis, previous owners of the Dutch Village complex, started the Beaumont Business Association and Fremont Fest. The event has continued to be a favorite annual community gathering. This year's Fremont Fest will take place from 10 a.m. to 4 p.m. Saturday, Aug. 6. (Ruby Perron)



STOWELL



GALAWAY

at Hi-Top Tavern opens at noon and runs until 4 p.m. Fremont Street will be closed from 42nd to 51st avenues.

GREEN DOG PET SUPPLY

When Christine and Mike Mallar opened Green Dog Pet Supply in 2004, they were the first environmentally friendly pet supply

store in the nation. Soon after, they received the gold certification for sustainability from the city of Portland. Their care for the environment and their commitment to the community are what make Green Dog Pet Supply a true gem.

Mike spent his childhood around his parents' small business and has over 20 years of experience in the customer service industry. Christine has a wide array of experience with different animals. Previously a zookeeper, Christine helped to revolutionize positive reinforcement training within zoo settings, particularly with great apes. She also served as the vice president of the Orangutan Conservancy for 10 years.

After moving to Portland from the East Coast in 2001, Christine began working at a corporate pet store chain as a trainer. As

much as she enjoyed helping customers with their pets, she disliked how little corporate companies and brands cared for the quality of merchandise and pet nutrition. It was then, taking into consideration their cumulative experience, the Mallars decided to open Green Dog Pet Supply. Christine says, "We had always had a wish to be able to work together, and we decided a pet supply store was the perfect match for both of us."

All of the store's products meet some measure of sustainability and green design is of utmost importance to the Mallars. Christine says, "We strive to make it easy for our customers to find fantastic products for their pets and be assured that they are also making good choices for their environment."

- CONTINUED ON PAGE 11

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Green Dog Pet Supply owners Mike and Christine Mallar take pride and pleasure in educating and empowering pet owners. (Ruby Perron)

Shopping at Green Dog Pet Supply allows for customers to support an environmentally friendly lifestyle without making drastic changes in consumption, all while supporting a local small business.

Both Mike and Christine are big proponents of educating and empowering pet owners to make the right choices for their animals. “(Mike) loves dogs, but is truly a diehard cat person with a strong desire to educate cat owners as he has always felt like cats are often overlooked,” Christine says. Their web page offers a variety of informative articles on pet care, including many on nutrition.

The Mallars do not just care for the environment; they also put their employees and customers at the forefront of the business. “We love our employees and believe in supporting them as much as our business can (and then some).” They share similar feelings about their community of pet owners, “We love our customers and try to always go above and beyond to help them, especially when their pets encounter challenges to their health and happiness,” Christine says.

ADDRESS: 4327 N.E. Fremont St.; **PHONE:** 503-528-1800; **WEBSITE:** www.greendogpetsupply.com; **EMAIL:** info@greendogpetsupply.com



Nico's is New Zealand-style ice cream, similar to soft serve, and uses locally sourced fruit. (Ruby Perron)

NICO'S ICE CREAM

Nico Vergara grew up in Northeast Portland, so when considering a location for his ice cream shop, he knew exactly where to look. “I am a graduate of Grant High School, so opening a business in this neighborhood is beyond special to me,” he says, noting that many of his relatives still live in the neighborhood.

Nico's opened in November. Since then, the shop has become a smash hit. Now, you can find Vergara's ice cream all over Portland. “We also package our own half-pints, which



Growing up in Northeast Portland and graduating from Grant High School, Nico Vergara knew he wanted to locate his ice cream shop in the neighborhood. (Ruby Perron)

you can buy in our shop, or find at your local New Seasons, Zupan's and a few restaurants around town,” he says. Nico's has collaborated with other local eateries, including smoothie bowl company Moberi and Portland Cider Company. Recently, Nico's has started offering catering services for large events, such as weddings.

Nico's is made to order, New Zealand-style ice cream, which has a texture similar to that of soft serve. The process starts with the ice

cream press. A scoop (or two) of vanilla ice cream base is dropped into the press, along with locally sourced fruit (choices usually include marionberry, strawberry, raspberry and blueberry). Then, watch as magic happens. The ice cream forms a spiral in either a cup or cone, turning a vibrant berry purple or pink. Then, choose your toppings. I picked toasted coconut, but there are quite a

- CONTINUED ON PAGE 12

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SILHOUETTE TAILORING

Silhouette Tailoring's story begins where Rosabode's ends. The space now occupied by Silhouette was once Rosabode's, where Silhouette owner Julia Studer worked. As Rosabode closed, Studer decided it was the perfect time to open her own tailoring shop. "When Rose decided to close at the end of 2011, she guided me in opening my own business and even helped me paint the walls!" Studer says.

Studer's team now consists of Jana Boyl, lead tailor, as well as Lindsay Douglass and Sarah Mansfield, who are both bridal specialists. Studer interned for Mansfield, formerly a wedding gown designer, long before opening Silhouette. Studer says, "My career has really come full circle and my team is truly family!"

Everyone at Silhouette has a degree in



Silhouette Tailoring owner Julia Studer didn't have to move to open her shop. She took over the space previously occupied by Rosabode, where she had been working. (Ruby Perron)

apparel design. "We can fully deconstruct a garment, recut it to perfectly fit someone's body and put it back together," Studer says, "but we also hem jeans."

Since many weddings were postponed due to COVID, many couples have opted to have their weddings this summer. "Now, we are amid the biggest wedding year in history, and we have been essentially fully booked up for summer weddings since February," Studer says. Silhouette also has experienced an uptick in ready-to-wear tailoring requests as people return to the office. So much so that they are looking to hire another read-to-wear tailor.

Silhouette is very community based, with

excellent service from qualified tailors to boot. "Our neighborhood clientele is wonderful," Studer says. "After 10 years we have some amazing regulars." While she and her team love what they do, Studer says it is "the relationships and community that really make the job fulfilling!"

ADDRESS: 4225 N.E. Fremont St.;
WEBSITE: SilhouettePDX.com; **PHONE:** 503-493-9391; **EMAIL:** hello@silhouettepdx.com

FOLLY

While Folly opened its doors on Fremont not too long ago, owner Sarah Bibb has been designing clothes under the name for over 20 years. She accredits her sewing skills to her Nana. "She was a professional seamstress and one of my greatest achievements was getting the nod of approval from her," Bibb says.

Folly is located on the corner of the iconic Dutch Village complex on 41st Avenue, a property Bibb had her eye on for a long time.

"The stars aligned for Folly to move to Beaumont Village," she says. Folly was formerly located in Northwest Portland for 14 years.

The front window of the shop displays decals saying, "Made Right Here." And Bibb is not joking. Over 80% of the clothing in Folly is designed and made in the back of the Folly space. "I want people to feel connected to who makes their clothing. It feels better to wear something made by someone you know," Bibb says. Personal styling and shopping guidance in accordance with each customer's lifestyle is also offered.

After spending two years in Northwest Portland operating by appointment only, Bibb stresses the importance of a good business community. Folly's transition to Beaumont has made Bibb appreciate the willingness of customers to support the local community. "Beaumont Village is truly a special neighborhood full of concerned and



Folly owner Sarah Bibb has been designing clothes for over 20 years. She moved her store to Fremont this spring. Over 80% of the clothes sold at Folly are designed and manufactured in the store's workshop. (Ruby Perron)



- CONTINUED ON PAGE 13

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caring people," she says.

When asked about some of her favorite local businesses, Bibb says when shopping close to Folly everyone should check out Artistic Portland, Puddletown and The Arrangement. She also recommends that people stop by Beaumont Florist for a fresh bouquet. "Our block is wall to wall with amazing small businesses!" Bibb says.

ADDRESS: 4100 N.E. Fremont St.; **WEBSITE:** www.follypdx.com; **PHONE:** 503-954-1334; **EMAIL:** sarah@follypdx.com

GOLD SPARROW TATTOO

When COVID hit, Jake Acree and Douglas Lamb decided to reevaluate their careers. Having worked together at various tattoo shops in the area, they decided to open their own shop as a team. Their business has grown and five other tattooists have joined the duo.



Jake Acree and Douglas Lamb offer artwork-based and cosmetic tattooing at Gold Sparrow Tattoo. (Ruby Perron)

Lamb got his start in tattooing while in the Marine Corps. He would work his 9-to-5 job, then work at the tattoo shop on evenings and weekends. Lamb had been in the service for eight years when he decided to turn to tattooing full time. "When I told people I was getting out of the service to do tattoos it was definitely met with some skepticism," he says.

Gold Sparrow's Fremont location has been open since March. The shop's artists include Kimber Teatro, Bree Barnett, Kimberly Hamilton-Lamb, Jazmin Hernandez and Jessie Zenor. Gold Sparrow offers both traditional image-based tattoos, as well as cosmetic tattooing. Each artist has their own style, which ensures that your next tattoo is unique to you.

Bookings can be made on Gold Sparrow's website or by contacting the artist individually. For general questions, Gold

Sparrow can be reached via email. **ADDRESS:** 3430 N.E. 41st Ave. **WEBSITE:** www.goldsparrowtattoo.com; **PHONE:** 503-327-8885; **EMAIL:** goldsparrowtattoo@gmail.com

PACIFIC HOLIDAY CONSIGNMENT

Pacific Holiday follows a few other consignment shops in the storefront's 30-year history. Opened in 2019 by Allyson Medeles, Pacific Holiday Consignment seeks to provide customers with quality secondhand clothing, as well as newer items from sustainable brands.

Medeles has always been interested in fashion but has worn many hats throughout her life. She worked for a famous fashion designer, on the first-ever Coachella Music Festival, as well as at several independently owned boutiques. It was while she was

- CONTINUED ON PAGE 14

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★ STAR BLOCK X BLOCK



Pacific Holiday Consignment owner Allyson Medeles was dismayed by all the waste she saw in the fashion industry, which prompted her to open her secondhand clothing store. (Ruby Perron)

working at one of these that Medeles realized how much waste is produced by the fashion industry. Clothes arrived in large boxes, wrapped in plastic, with plastic hangers. Many of these clothes then sat in the sale section, unsold. "I have always preferred secondhand clothing first and knew that I needed to be part of the solution," Medeles says.

Currently, the shop offers women's and unisex consignment, as well as goods from local makers. Local brands include Olio e Osso, Bridge Nine candles, and Frankie & Coco bags. All of the items sold at Pacific Consignment are of high quality and as sustainable as possible. "We are a small, highly curated boutique, so it makes choosing easier for shoppers," Medeles says.

Not only does Pacific Holiday help customers make green choices, it



MEDELES

also helps the community.

Medeles says: "We partner with Rose Haven shelter by donating thousands of clothing items." By collaborating with Rose Haven, Pacific Holiday helps those in need and reduces potential waste.

As for businesses around the neighborhood that Medeles loves, there are too many to name. "My family spends a lot of time in Beaumont Village. There are so many neighborhood businesses that we love," she says. "We are very lucky!"

Publisher's note: As a contributing writer, Ruby Perron is a member of the Star's first cohort of paid editorial interns — a program the Star launched this year. Perron lives in the Hollywood neighborhood, where she attends Grant High School and is co-managing editor of the school's award-winning Grant magazine. She plays softball and basketball and likes to spend time with her family and her dog, Tav.

The rest of our 2022 cohort consists of Grant students Scarlett Anderson, Julian Balsley, Kian Doughty, Grace Huffman, Ruby Patrick, Paige Suckling and Athena Wooters.

For next year's cohort, we hope to add students from Benson, Jefferson, McDaniel and Roosevelt high schools to our group from Grant. If you, or a student you know, are interested in preparing for a career in communications while earning a little extra cash, please contact tedperkins@star-news.info.

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★ STAR FEATURE

Reading, 'Riting, 'Rithmetic, **Renovation**

Benson and Jefferson high schools to receive much-needed upgrades

By Janet Goetze
janetgoetze@star-news.info

Construction of new buildings and earthquake reinforcement for existing buildings is continuing at Benson Polytechnic High School while planning for modernization is underway at Jefferson High School as Portland students prepare to start school on Aug. 30.

For Benson students, the classrooms have been at the Marshall High School campus, 3905 S.E. 91st Ave., for the past year and will continue there until fall 2024. That's the timeline for completing the modernization of the school at 546 N.E.12th Ave.

WEIGH IN ON JEFFERSON PLANNING

A town hall meeting will be held from 5 to 6 p.m. Wednesday, Aug. 24, to provide information about the Jefferson modernization project. The meeting is in the basement library, reached from the entrance at 5210 N. Kerby Ave.

Benson, opened in 1917, is one of several schools that the district is upgrading with new electrical and plumbing systems, plus seismic, or earthquake, protection. It also will have new

Career Technical Education spaces that blend with other classrooms, according to the district.

The technical education is such an important "focus option," or reason for students to choose Benson over neighborhood schools, that additional shop space was added to the Marshall campus for the three years that Benson students would be in classes there.



Construction crews work on upgrades at Benson Polytechnic High school. Renovations include seismic retrofitting and new, two-story wings for Career Technical Education and core academic learning spaces. (Portland Public Schools)

Because the main Benson classroom building is on the city landmarks list, it is being fully restored and will have a main entrance permitting universal accessibility, according to the district.

At Jefferson, community meetings are being scheduled for gaining ideas about how to modernize another of the district's older buildings. Jeff, as it is called in the community, was one of the largest schools in the West when it opened in 1908 and was

- CONTINUED ON PAGE 16



The plumbing system at Benson is being replaced, along with its electric system. (Portland Public Schools)

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★ STAR FEATURE



Artist's rendering of Benson south courtyard entry with solar panels and biology lab roof deck. (Portland Public Schools)

completed in 1910.

A town hall meeting from 5 to 6 p.m. Aug. 24, in the basement library reached from the entrance at 5210 N. Kerby Ave., will provide information about the modernization project. "Come share your thoughts with the team that will help transform Jefferson High School," says district information at www.JHSBonds@pps.net.

Work is underway on new technology for classrooms and distance learning at Jefferson, according to the district. "The 2020 bond also looks to the future by conceptualizing an exciting new project, The Center for Black Student Excellence," according to the district's Jefferson website.

After plans are solidified, construction at Jefferson is expected to start in 2024 and be complete by the 2026-27 school year.

Voter-approved bonds already have supported modernization at Roosevelt, Grant, Franklin and McDaniel (formerly Madison) high schools; Kellogg Middle School; and a rebuilt Faubion Elementary

School. Work is being completed at a rebuilt Lincoln High School. Planning and design for modernization are starting at Cleveland and Ida B. Wells (formerly Wilson) high schools.

On the Benson campus, bond funds also will pay for a building for the Multiple Pathways to Graduation (MPG) schools. These include Alliance High School, an alternative school for about 290 students; Reconnection, which offers services to students who have left school or may be on the verge of leaving; DART/Clinton for students in long-term care and treatment; Portland Evening and Summer Scholars, and PISA services for newcomers to the district.

At Benson, restoration of the main building, one of several Portland schools with unreinforced masonry, includes seismic reinforcement. This includes three-story sheer walls that connect to new structural footings in the basement. The seismic work is expected to withstand a major earthquake and permit students and staff to get out of the building quickly.

New two-story wings are designed for Career Technical Education and core academic learning spaces. In addition, a CTE working courtyard features covered and uncovered outdoor classroom and work space.

Most of the school's historic windows have been removed for rehabilitation, as the Portland Historic Landmarks Commission directed. They will be installed in updated parts of the school.

The heart of modernized Benson is expected to be a centrally located student commons and cafeteria connected to an

internal courtyard. Areas called "flex spaces" are part of the design for small group work and collaboration or social interactions.

The KBPS (1450 AM) radio station, which dates from 1923, is owned by the school district but operated by Benson students. Its tower and building will be updated along with other Benson structures.

When the work is finished, says a district news release, "The fully modernized school will deliver highly efficient building systems; sustainable, clean and maintainable interior finishes; bright and healthy classrooms, shops and public spaces."

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★ STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

KIDSTEENS AND FAMILIES

HEAR SPANISH STORIES

Aug. 9. 10 a.m. *Es la hora de cuentos!* *En vivo.* It's Spanish story time! Live at Online. Children up to age 3 with family members. Hear stories, sing songs, enjoy poems and more. *Acompañans a una hora decuentos en vivo llena divertidas historias, canciones, rimas y mas.* Free from Multnomah County Library. Register for Zoom link at <https://multcolib.org/events/> Scroll to the correct date and time.

READ IN ALBERTA PARK

Aug. 10. 11:45 a.m.-1:15 p.m. Join a live storytime with fun books, songs, rhymes and more with an emphasis on African and African American experience. For children up to age 6 with an adult. Build language and literacy skills to prepare for kindergarten. Held along with a free summer lunch program. Storytime is free from Multnomah County Library: <https://multcolib.org/events/> . Scroll to date and time for more information. Alberta Park, Northeast 22nd Avenue and Killingsworth Street.

IT'S SENSORY STORYTIME

Aug. 16. 3:30-4:30 p.m. "It's Sensory Storytime!" A preschool event, especially for children on the autism spectrum and families seeking a more adaptive storytime experience. Free from Multnomah County Library. For Zoom link: <https://multcolib.org/events/> Scroll to date and time.

Deborah Unger's "Adrift," carved wood, paint, fiber (Guardino Gallery)



NEW READERS PRACTICE

Aug. 19. 4:15-5:15 p.m. Students in grades K-5 improve reading skills by listening to a story and practicing reading with a teen volunteer. Free from Multnomah County Library. For Zoom link: <https://multcolib.org/events/> Scroll to date and time.

ENJOYARTS

MANY MEDIA IN SHOW

Aug. 2. 11 a.m.-5 p.m. Open Tuesday-Sunday. In the main gallery are acrylic, colored pencil and graphite paintings and drawings by Carolyn Garcia, whose subjects often share a feeling of quietude.

Debra Unger shows wood carvings plus mixed media. The main gallery exhibits continue through Aug. 23. Megan Gossett shows paintings in the featured area though Aug. 21. They aim to dissolve any solidity in one's sense of self, challenge one's faculties of objectification, purpose and reality. www.guardinogallery.com. 503-281-9048. Guardino Gallery, 2939 N.E. Alberta St.

MINGLE WITH ARTISTS

Aug. 4. 4-6 p.m. Mingle with local artists on First Thursday, see art demonstrations and view new window and annex displays. Apply by Aug. 15 for a juried community show, "Don't Box Me In." Works must



Carolyn Garcia's "Empress of the Husk," acrylic and pencil on board (Guardino Gallery)

fit in 12-by-12-inch frame. Hours: 10 a.m.-6 p.m. daily. 971-339-0945. www.artisticportladgallery.com. Artistic Portland Gallery, 4110 N.E. Fremont St.

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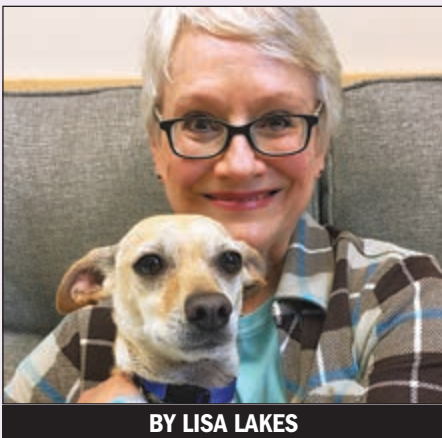
Aug. 4. Doors 7 p.m. Show 8 p.m. Comedy star Chris Fairbanks, with special guest Sean Jordan, presents a

- CONTINUED ON PAGE 18

★ STAR PET CONNECTIONS

SPONSORED BY SALTY'S PET SUPPLY ON MISSISSIPPI AND FANG! PET & GARDEN SUPPLY IN KENTON

Heart and Soul clinic helps fill critical gap in pet urgent care



BY LISA LAKES

LISALAKES@STAR-NEWS.INFO

There is a veterinary shortage in the United States. KATU 2 News estimates that by 2030 the nation will experience a shortage of approximately 15,000 veterinarians. However, emergency and urgent care services are available in Northeast Portland.

In April and July, The Star reported on The BluePearl, a 24-hour emergency clinic. This month we are sharing information on another vital resource for our community, Heart and Soul Animal Urgent Care Clinic, located at 315 N.E. Killingsworth St.

Heart and Soul opened on Dec. 31, 2020. Currently there are eight veterinarians and a staff of about 30 ready to assist with urgent medical needs for dogs and cats. Referring to the veterinarian shortage, Heart and Soul's Dr. Dustin Henwood said, "Due to the extraordinary demand for veterinary care, combined with the emotional weight of caring for sick and injured pets, our industry is grappling with high levels of compassion

fatigue and burnout."

To address these ills, Henwood's team has created a close, supportive relationship. "We believe that providing the highest-quality service to our community relies on our ability to function as a cohesive team. At Heart and Soul, we care very deeply about creating a workplace that prioritizes kindness, collaboration, team building and inclusion. We do this by regularly engaging in group and one-on-one meetings to offer and receive feedback from each employee," Henwood said.

"I am truly honored to be part of such an admirable team of people, coming together to provide exceptional care for the pets and pet owners of our community."

Henwood describes urgent care issues as those "requiring same-day attention," including "GI issues, traumatic injuries such as lacerations and bite wounds, as well as bone and soft tissue injuries, skin and ear problems, allergic reactions and many other conditions." Because the clinic is not open 24 hours a day, it is not able to provide overnight hospitalization.

Their role is to diagnose, treat and stabilize your pet. Should your pet require overnight care, Henwood's staff will contact nearby 24-hour emergency hospitals and provide a referral so that your pet can receive continued care. This is an important service as some 24-hour emergency clinics



Heart and Soul specializes in treating pets' urgent medical needs. (Heart and Soul)

will not accept walk-ins. A referral allows you to have a place in the queue for care.

If your pet needs urgent care, please call Heart and Soul first. Due to the high number of cases asking for help, the Heart and Soul team limits the number of cases they can successfully handle in a day. Calling ahead will give you a place on the list. Be prepared to wait after you arrive at the clinic. When your pet experiences a health crisis, you want the best care available. During the current veterinarian shortage, getting help can be stressful. We are fortunate to have these two excellent resources to rely upon.

RESOURCES

- Heart and Soul: <https://pdxheartandsoul.com/>
- Story on veterinarian shortage: <https://bit.ly/3oH0vRp>

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★ STAR COMMUNITY CALENDAR



Willie Little is a Black multimedia artist and author. (Laurie E. Dickson)

program. Tickets: \$22.50 in advance, \$27 at the door. Masks suggested. www.albertarosetheatre.com. Alberta Rose Theatre, 3000 N.E. Alberta St.

HEAR ARTIST SPEAK

Aug. 6. 5-8 p.m. A reception for the art installation "In My Own Little Corner," features artist Willie Little, who will be in a conversation with Julian Gaines at 5:30 p.m. The exhibition is a multimedia, interactive installation with vignettes from the artist's hometown near Little Washington, North Carolina. It exposes some of the untold stories from a rural Black child's perspective while revealing the universality of the inner turmoil of many gay children. The installation includes theater walls, found objects, photographs and a sound environment. Free. Exhibit continues to Oct. 2. Hours: noon-5 p.m. Friday-Sunday or by appointment. 503-286-9449. info@oregoncontemporary.org. <https://oregoncenterforcontemporaryart.com>, 8371 N. Interstate Ave.

TIM O'BRIEN TO PERFORM

Aug. 11. Doors 7 p.m. Show 8 p.m. Grammy-winning singer-songwriter Tim O'Brien, a devotee of old-time and

bluegrass music with guitar, fiddle and banjo, performs with singer Jan Fabricus, who also plays mandolin. Masks suggested. Tickets \$30. www.albertarosetheatre.com. Alberta Rose Theatre, 3000 N.E. Alberta St.

FORSENIORS

HOT MEALS SERVED

Aug. 2. Noon-1 p.m. Meals on Wheels hot meals served in person on Tuesdays. Register on-site. Activities often follow. Suggested donation is \$9.05 but no one is turned away for lack of funds. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

FOOD PANTRY SLATED

Aug. 2. 1:30 p.m. Continues Tuesdays. Hollywood Senior Center Food Pantry offers overstocked items from New Seasons Market Grant Park. Upon arrival, receive a ticket with a number and color for selecting items in turn. Free. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

LEARN ABOUT COMPOSER

Aug. 8. 12:30 p.m. Gordon Neal Herman presents a



KORNGOLD

program about composer Erich Wolfgang Korngold who was a successful composer in Europe and the United

- CONTINUED ON PAGE 19

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★ STAR COMMUNITY CALENDAR



A farmers market has been added in Montavilla from 4-7 p.m. Thursdays.. (Montavilla Farmers Market)



All ages are welcome to practice poses at Holiday's Health and Fitness Yoga.

three Wisdom of Yoga workshops for \$100. Preregister with Holiday Johnson: 503-539-1074 or holiday@holidaysyogacenter.com.

AFRO-MADE POPS UP

Aug. 13. 2-5 p.m. Afro-Made, a Black business pop-up series, focuses on Black makers and creators in Cully. It pops up again Sept. 10. Find home decor, clothing, gift items, art, jewelry, sweet treats and wellness products. An open mic welcomes all artists. Free food and music, too. Support comes from Alder Commons, Multnomah County, Living Cully and Self Enhancement Inc. At Alder Commons, Northeast 42nd Avenue and Prescott Street.

RECLAIM BLACK JOY

Aug. 26. 4-8 p.m. "Reclaiming Black Joy" offers cultural and creative events on the last Friday of August and September. Enjoy live music, art activities, photo booth, dancing, face painting, food carts. Also honor elders and youth. Stanton Street closes to through traffic between 2 and 10 p.m. Information :Blackjoy@IAmMOREresilient.com. Dawson Park, North Williams Avenue and Stanton Street.

States. He won an Academy Award for "The Adventures of Robin Hood" music. Register for Zoom link: <http://communityfpa.org/events-calendar/>. For phone participants, dial 858-3354-8441. For information: 503-288-8303 or Michael Murphy, 971-341-2130. Hollywood Senior Center, 1820 N.E. 40th Ave.

SEE 'KING RICHARD'

Aug. 18. 12:30 p.m. See "King Richard," starring Will Smith in a biographical film about Richard Williams, father of tennis stars Venus and Serena Williams. A vaccine clinic also is available. A free event from Community for Positive Aging and Hollywood Theatre. Concessions available for purchase. Information at center: 503-288-8303. Hollywood Theatre, 4122 N.E. Sandy Blvd.

INGENERAL

BOOKS FIT FOR SCHOOL

Aug. 2. 2-3:15 p.m. Continues Aug. 4 from 2-3:15 p.m. "Gotta Read This" is a two-part workshop highlighting new books that could be integrated into

a K-5 curriculum. Aimed at educators or other adults interested in school subjects. Certificates of attendance are provided. Part 1 covers language arts and social studies. Part 2 covers science, math, health and the arts. Free from Multnomah County Library. Register separately for each part: www.multcolib.org/events/; scroll to date and time.

NEW MARKET ADDED

Aug. 4. 4-7 p.m. A weeknight farmers market has opened in Montavilla. It's an addition to the Montavilla Farmers Market on Sundays. This is a collaboration with the farmers market and the Montavilla/East Labor Business Association. It is made possible through a city of Portland grant from the Vibrant Spaces Community Events Activation Fund. On the plaza, Southeast 79th Avenue and Stark Street

YOGA FOR MIND, BODY

Aug. 7. 9 a.m.-noon. Try health and fitness yoga, where the poses help to sense the communication from mind, body and spirit. All ages welcome. Free for teens, teachers of teens and veterans. \$40 per workshop or

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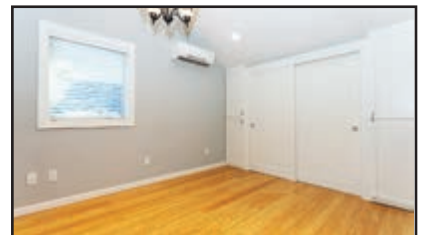
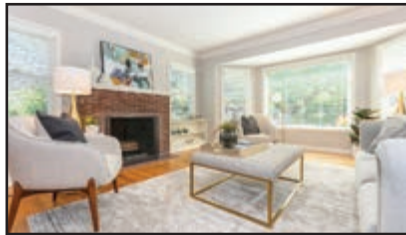
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