

★ SERVING NORTHEAST AND NORTH METROPOLITAN POl TLAND NEIGHBORHOODS ★ SEPTEMBER 2024 ★ VOLUME 42, NUMBER 3 ★



FLAG FERVOR

With a collection growing to more than 300, Alameda man runs a different banner up the flagpole each day – and offers a history lesson at the same time. PAGE 9

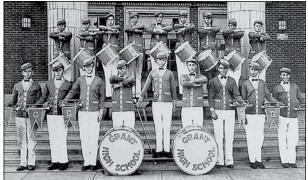




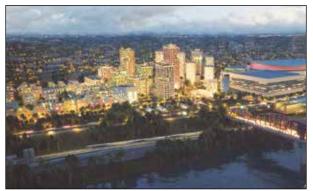
A TREE GROWS IN CONCORDIA Former Meek school grounds are officially an arboretum. PAGE 2



OPA! One of Portland's most popular festivals returns to Laurelhurst neighborhood for 70th year. PAGE 17



CENTENNIAL CELEBRATION Grant High School marks a historic milestone – 100 years. PAGE 7

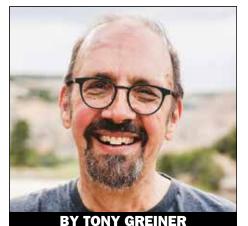


VISION TAKES SHAPE Federal grant helps put Albina neighborhood on path to revitalization. PAGE 5



THE HOLLYWOOD STAR NEWS NORTH AND NORTHEAST METRO NEIGHBORHOODS 2000 N.E. 42ND AVENUE PMB 142 PORTLAND, OREGON 97213

STAR COMMUNITY CONNECTIONS



TONYGREINER@STAR-NEWS.INFO

CONCORDIA TO DEDICATE NEW ARBORETUM AT MEEK

Concordia and neighborhing residents are invited to a celebration Saturday, Sept. 28, marking the official designation of the grounds at the former Meek School (4039 N.E. Alberta Court) as an arboretum.

The Concordia Learning Landscape Arboretum's collection of trees is only the third Portland arboretum officially recognized by the Morton Arboretum in Chicago's ArbNet certification program. The other two are Hoyt Arboretum in Portland's West Hills and Leach Botanic Garden in Southeast Portland.

The fun is from 9-11 a.m. with refreshments, tree trivia games, tree giveaways, tree coloring books for kids and adults, and a raffle for prizes and services. Volunteers with the Concordia Tree Team will be on hand to give free pruning demonstrations and walks every quarterhour to learn about the trees at Meek. Sign up at the event for free pruning of your street trees this fall (Concordia residents only and trees must be less than 6 inches in diameter).

Concordia volunteers helped establish the first plantings that became the arboretum back in April 2010. Every year since then they have watered, weeded and mulched the trees to keep them alive and in good health.

A primary focus of the arboretum is a diverse selection of oaks — both evergreen and deciduous — from four continents. A



Concordia Tree Team member Jim Gersbach speaks to a group during an April tree walk. (Autumn Voirol)

second focus is relict species — trees that have only one or two members in their genus, such as ginkgo, dawn redwood and hardy Chinese rubber tree.

For more information, visit concordiatrees.

NICO'S ICE CREAM EXPANDS LOCATIONS, OFFERINGS

Nico's Ice Cream is a New Zealandstyle, fruit-based soft ice cream. Local businessman and Grant High graduate Nico Vergara began the business with a pushcart and a plan to have a



a plan to have a brick-and-mortar Nico's uses locally sourced fruit in its ice cream. (Ruby Perron)

shop in three years. He's ahead of schedule, with his pushcart, two stores, at 5713 N.E. Fremont St. and 1615 N.E. Killingsworth St., and a third shop opening soon in Monterey, California. Vergara is also expanding his business to include clothing. Vergara uses savvy marketing on Instagram and TikTok to announce short-term flavors, toppings and discounts. You will always find the core four of strawberry, raspberry, blackberry and marionberry. Pints and half-pints also can be found at Cherry Sprout grocery, the Moda Center, New Seasons and other locations throughout the state.

NGUYEN'S SPORTS BRA IS TAKING OFF

Everything's coming up roses for Jenny Nguyen, owner of the Sports Bra at 2512 N.E. Broadway. The Sports Bra is believed to be the first sports bar in the country that focuses solely on women's sports.

It has been quite a success here in Portland, and in June, Nguyen served as the grand marshal of the Rose Festival Grand Floral Parade.



Her sports bar concept has led to national attention. Wanting to continue her winning streak, Nguyen has launched a pop-up

version in Cannes, France, nestled next to a swimming pool.

As fun as that is, her big success was getting venture capital funding from Alexis Ohanian, one of the founders of Reddit and Serena Williams' husband. They are making plans now on franchising the Sports Bra

- CONTINUED ON PAGE 3



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Grocery stores: New Seasons on Interstate,

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concept and name.

Nguyen doesn't just celebrate women in sports, she helps them. Diners can join her by ordering a "Side of Sport Advocacy" from the menu, which goes to the "Voice in Sport" advocacy program in the Portland Public Schools.

In less than three years, Nguyen and the Sports Bra have moved to being in a league of their own.

TAP INTO YOUR INNER ARTIST AT BREEZE AND BRANCH

Located at Northeast 46th Avenue and Fremont Street in the Beaumont-Wilshire neighborhood, Breeze and Branch offers classes in painting, primarily acrylic, as well as workshops in block printing, fabric dying and other arts-and-craft focused projects.

Recent classes have included painting T-shirts, still lifes with flowers, and lakes and mountains, such as the view of Mount Hood from Lost Lake.

Run by artist Liesl Meissner, classes range from beginner step-by-step to advanced workshops as well as open studio hours to take advantage of the space and supplies for your own projects. Private lessons are also available; visit www.breezeandbranch.com/

GRANT TO HELP RESTORE ALBINA NEIGHBORHOOD

City councilor Mingus Mapps has announced an \$800,000 grant from the U.S.

Department of Transportation to the city to help implement a plan by the Albina Vision Trust.

The trust has been working for the past several years to revitalize the Albina District of the inner east side, including the Eliot, Boise, King and Humboldt neighborhoods.

This area was once home to 80% of Portland's Black community, and the nonprofit aims to rebuild the community that used to live in that area. Many former residents either moved out or were displaced by various construction projects, such as the Memorial Coliseum, the headquarters of Portland Public Schools a never-built expansion of Emmanuel Hospital, and Interstate 5.

The grant will help the city plan an ambitious project to put caps or roofs atop much of Interstate 5 near the Rose Quarter. The thinking is that these caps will reduce noise and provide a connection between the parts of the Albina neighborhood severed by the highway's construction.

PORTLAND TOOL LIBRARIES FULFILL THAT ONE-TIME NEED

The Northeast Portland Tool Library is a perfect place to look for that tool you are only going to use for a short time. Registration is required, and while cash donations are welcomed, there is no fee. Tools can be kept a week, and there is a fine

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Ashley Vaughn <mark>&</mark> Gilion Dumas

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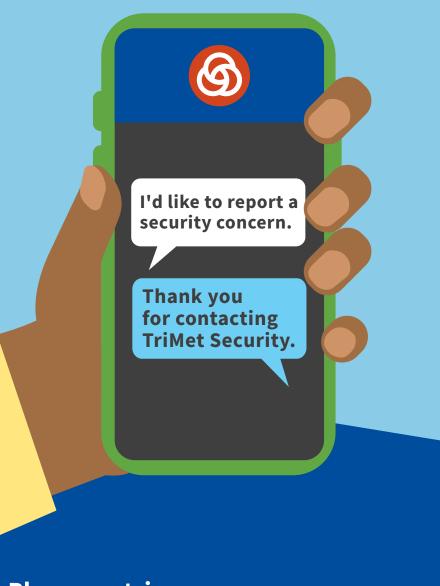
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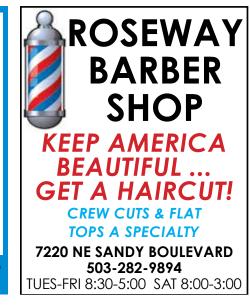
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A recent look at the list of available tools includes a battery charger, impact drill, hydraulic floor jacks, biscuit joiners, leveling lasers and several hundred more for any sort of work. Fruit tree owners in particular would appreciate the extension pickers, which add 10 feet to your reach. Check the website for locations, procedures and availability. https://www.neptl.org/

COMMUNITY GARDEN SELLS CROPS, SEEKS VOLUNTEERS

The Ariadne Community Garden, at 3606 N.E. 11th Ave., has the crops coming in, and you can buy these goodies from 10 a.m-1 p.m. Saturdays through October.

The King neighborhood garden was established in 1993 by Kim McDodge, who purchased a double lot with a \$10,000 inheritance. To make sure that it remained a garden into the future, she deeded the land to the Oregon Sustainable Agriculture Land Trust in 1995.

The gardeners call themselves "radically organic" because they don't even use organic pesticides, herbicides or fertilizer. The soil is enriched by its own compost, and cover crops. If bugs or fungus still emerge, they stop growing that plant for a while. Bring your own bags; cash, check or Venmo accepted.

They are also looking for volunteers to work in the garden - the pay is good, vegetables and flowers. Email Ariadne. garden@gmail.com or visit ariadnegarden. org.

INPUT SOUGHT ON CITY MANAGER ROLE

Beginning Jan. 1, Portland will have

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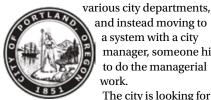
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Energy Trust of Oregon works with the Oregon Community Solar Program to help make it easy for Oregon customers of Portland General Electric, Pacific Power and Idaho Power to access the benefits of solar power. The Oregon Community Solar Program is a state-enabled initiative overseen by the Oregon Public Utility Commission.



Ariadne Garden is "radically organic," using no pesiticides, herbicides or fertilizers, even if they're organic. Produce is available for purchase on Saturdays. (Ariadne Garden)

a new style and system of government, abandoning the current system where City Council members are also administrators of

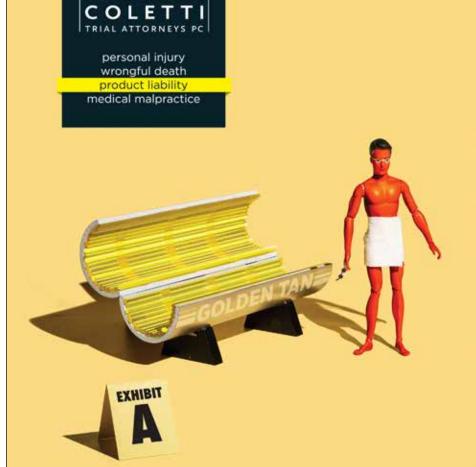


and instead moving to a system with a city manager, someone hired to do the managerial work.

The city is looking for feedback from the public

about the traits that this new manager should have. An online questionnaire can be accessed until Sept. 24 at https://tinyurl. com/2cphctbb





XSTAR DEVELOPMENT NEWS



BY PHILL COLOMBO PHILLCOLOMBO@STAR-NEWS.INFO

LAWMAKERS LEAD EFFORT TO BLOCK GROCERS' MERGER

At a mid-July news conference along with Teamsters officials and neighborhood representatives, Oregon U.S. Sen. Ron Wyden announced that he and Washington Rep. Pramila Jayapal are leading more than two dozen members of Congress in filing an amicus brief urging Oregon's federal district court to grant the Federal Trade Commission's request for a preliminary injunction in the Kroger-Albertson's merger case.

The proposed Kroger/Albertsons merger would place four major grocery chains and pharmacies under a single owner.

"The injunction is needed," Wyden said, "to give all sides time to sit down and discuss with a judge what would be in the best interests of customers and to slam shut the door on a lousy idea.

"This merger will mean higher prices and an even tougher time finding a pharmacy," Wyden said. "Every measure should be



U.S. Sen. Ron Wyden (middle), Teamster officials and neighborhood activists met with reporters in mid-July to announce an amicus brief filing to stop the proposed merger of Albertsons/ Safeway and Kroger/Fred Meyer. Two dozen members of Congress and local elected officials joined in that legal action. (Phill Colombo)

taken to ensure Oregonians can still fill their prescriptions and put food on the table. Blocking this merger would give mom-andpop shops a strong line of defense against corporate giants — all while protecting our rural communities."

Speaking with reporters, Hollywood Neighborhood Association Treasurer Ian Timm also asserted that the proposed merger runs the risk of driving up grocery prices and restricting access to pharmacies. Teamster official Mark Davidson recalled that, when Albertsons and Safeway merged several years back, the closure of a warehouse distribution center cost hundreds of employees their jobs.

A handful of local elected officials favoring more discussion of how the merger will harm customers and employees before the merger is finalized joined the amicus brief.

RULE CHANGES SPEED UP HOUSING DEVELOPMENT

Portland's City Council rounded out July with another effort to accelerate new housing development by unanimously adopting land division regulation changes. Code updates are aimed at streamlining and simplifying how single-dwelling residential lots are divided to create new lots. The changes span nearly 40 zoning code chapters and represent the first comprehensive review of the land division rules in more than two decades.

The changes will allow property owners and developers to build more single-family homes, as well as duplexes and triplexes. "This is particularly important today as

- CONTINUED ON PAGE 6





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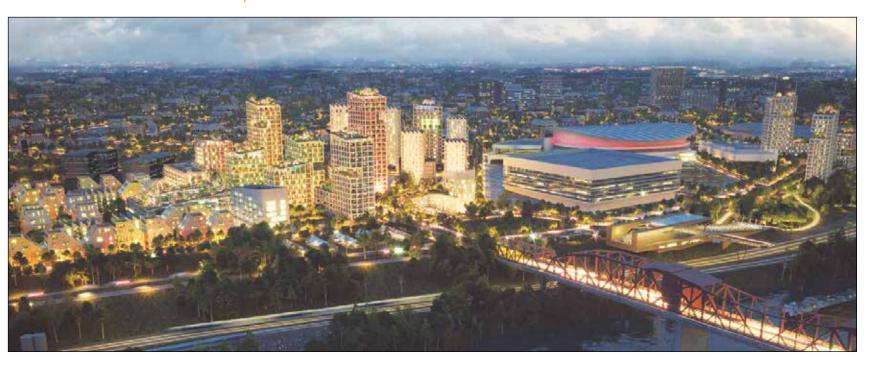


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STAR DEVELOPMENT NEWS

Albina Vision Trust's re-imagining of Lower Albina includes a 94acre rebuilding project resulting in scores of new affordable living spaces.

(Albina Vision Trust)



we face a housing emergency," said Deputy City Administrator Donnie Oliveira as he introduced the project. "We are doing everything we can to increase housing production."

COUNCIL GREEN-LIGHTS FEDERAL FUNDS FOR ALBINA

Portland's City Council approved accepting an \$800,000 U.S. Department of Transportation grant toward a major project to revitalize the Albina District in North and Northeast Portland's Eliot, Boise, King and Humboldt neighborhoods. The council also voted to pass a resolution to endorse Albina Vision Trust's Community Investment Plan.

Lauding the move, Commissioner Mingus Mapps said: "Once a thriving hub for Black families and businesses, Albina has suffered from disinvestment and displacement over the past 70 years. The council's significant step toward restoring Albina to a place where Black families and businesses can thrive again will enable the Albina Vision Trust, PBOT, the Bureau of Planning & Sustainability and Prosper Portland to align city policy and planning efforts around a new, hopeful vision for Albina."

Mapps touted the project as a national model for how cities can build better infrastructure and healthier communities, adding that he was proud to play a part in making the vision for Albina a reality and is looking forward to seeing this project through to completion. Mapps also said he planned to announce other major infrastructure and development projects throughout the city in the coming weeks.

PERMITS

- **In Arbor Lodge at 6828 N. Campbell Ave.,** Jane-Ellen Sonneland Trust has a permit to build a two-story accessory dwelling unit without a garage.
- In Beaumont-Wilshire at 3532 N.E. 44th Ave., DBS Group of Tualatin, Ore., secured permits to construct nine single-family residences.
- In Concordia at 4806 N.E. 25th Ave., Jason Brown secured permission to build a two-unit, two-story, 1,618-square-foot, detached accessory dwelling unit with no garage.
- In Kerns at 2050 N.E. Pacific St., NBP Sunshine NE LLC of Northwest Portland

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has permission to construct a seven-story, 271-unit, multifamily residential building over one level of below-grade parking. A land-use adjustment will be requested for the minimum parking requirement.

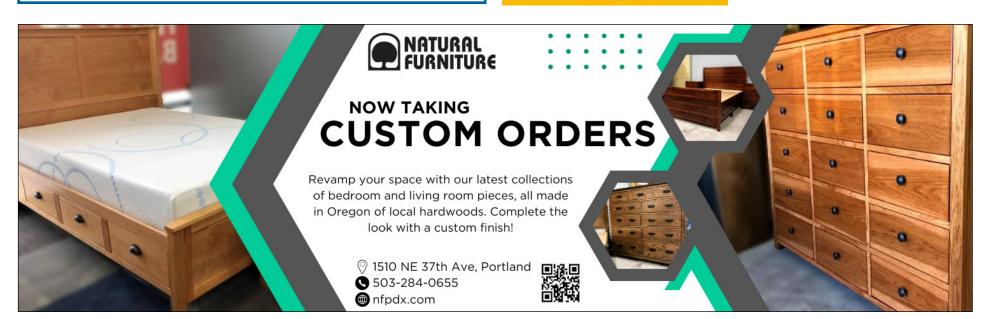
APPLICATIONS

- In Cully at 4516 N.E. Wygant St., Koval Holdings LLC of Oregon City wants to demolish an 1,177-square-foot, singlefamily residence built in 1952, subject to a 35-day delay and an appeal period open until 4:30 p.m. Thursday, Sept. 5.
- In Irvington at 1215 N.E. Thompson St., Thomas Ritter and Katherine Bandler want to deconstruct a detached garage built in 1928 and replace it with a twostory detached accessory structure not for dwelling but including storage and study areas with an interior stairway up to a mezzanine fronting the attic storage doors.
- **In Kerns at 3153 N.E. Hoyt St.,** Joel and Emily Spurlock are seeking permission to build a 408-square-foot accessory structure not to be used as a dwelling.
- **In King at 3733 N.E. Eighth Ave.,** Sean Keener filed to build a detached accessory structure containing a studio with a bathroom but not for a dwelling.
- **In Montavilla at 8358 N.E. Holladay St.,** Montavilla 76 LLC filed to build a detached accessory dwelling unit in the rear of the property without a garage.
- In Sabin at 4740 N.E. 18th Ave., DEZ Development LLC of Clackamas seeks permission to develop the property to include a three-unit, two-story, shared cottage cluster without garages.



LATOUR REAL ESTATE





STAR FEATURE

Grant High School turns 100

Full day of festivities planned for centennial birthday on Sept. 13

By Maggie Grainger

maggiegrainger@star-news.info rant High School students and alumni are invited to come together on Sept. 13 to mark a historic milestone — its centennial birthday.

The day is shaping up to be an extra special one full of activities that aim to honor the past while looking to the future of the beloved high school.

Festivities are scheduled to start at 10:30 a.m. in front of the school, and the entire community is welcome to come celebrate.

Some of the scheduled morning activities include a performance by the Grant High Marching Band, congratulatory remarks from alumni guest speakers, special treats from the culinary arts class, a time capsule burial ceremony with items picked by current students, and a special rose planting ceremony conducted by the esteemed Royal Rosarians. This act not only honors the past, but also embraces the aspirations of Grant High as it embarks on its journey into the next century.

Later that afternoon the community is encouraged to cheer on the Generals at a home football game in the Grant Bowl before heading to Amalfi's Italian Restaurant on Fremont Street to mingle and share their own Grant High stories.

Jack Cain is a graduate of the class of 1961



Left: Present-day Grant High School, which had 2,156 students enrolled in the 2023-24 school year and had a 94% graduation rate.

Below: The Drum and Bugle Corps in 1925. (Grant High School)

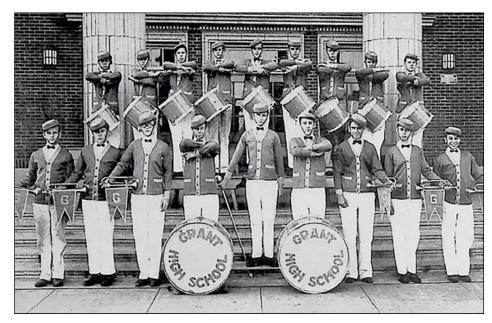
and has been involved with the Grant High Alumni Association for the past 16 years. He says he has great memories of his days at Grant High and is excited to commemorate this special moment.

"With an administration under the leadership of Principal (James) McGee, I see nothing but the best," Cain says.

The alum says he's confident the current student body will continue to carry on the traditions of the school that so many people hold dear to their hearts.

"Bonding through those formative years with fellow Grantonians who all share a special pride and camaraderie of being a General is so special," he says. "We see evidence at every Grant function when people across generations visit and come together because they have so much in common."

To learn more about Grant High's birthday celebration, visit www.grantalumnipdx.org.



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Much of Northeast Portland was different in 1851, yet some things have remained surprisingly unchanged in 2024. This map gives you an idea, but visit https://tinyurl.com/PDX1851 for a more detailed look. (Bureau of Land Management)

A look back

Historic map offers glimpse of what life was like in Northeast Portland in 1851

By Tony Greiner tonygreiner@star-news.info

There are many treasures in the library of the Bureau of Land Management. One of them is a map created by surveyor Butler Ives in 1851, showing what the Portland area used to look like.

On it, you will see that the city of Portland existed only on the west side of the river for a total of 45 blocks. A ferry from the city crossed the Willamette River to the east side, where there were two roads to choose from.

The "County Road," following the path of today's Interstate Avenue heads north to the Columbia River, and the "Road from Portland to Sandy River," cuts its diagonal path across the county.

Square dots showing cabins are accompanied by the owner's names, including Balch, Thompson and Sullivan, whose cabin is just south of the gulch. The area was heavily wooded, and most of the east side is labeled as "Timber: Fir, a little Maple, Cedar and Hemlock."

Although there aren't many hemlock trees in the area anymore, firs, maples and cedars

Find out more

For a more legible version of this map, which includes a lot of information not mentioned here, a copy can be found at htps://tinyurl.com/PDX1851

are abundant. Is it possible some of the big Western redcedars and Douglas firs in the area have been here since white settlement? For sure, there aren't any old ones in the swath just north of today's Fremont Street, as the map clearly shows this was an area of "Burnt Timber."

William Irving's land claim is penciled in, showing the extension he had going to the Willamette that allowed him to load fuel directly onto the wood-burning steamboats that were his livelihood. Claimants had to live on and cultivate the land for five years, and the map shows patches of farmed areas here and there, including Thomas Kelly's, just north of Grant High School.

All in all, the map shows both how much has changed, and how much is the same.

STAR COLUMNIST

Flying high on Alameda



Michael Wright mgw1424@gmail.com

T's always best to keep your eyes level and your head on a swivel in order to be safe while cycling amid fast-moving vehicles that outweigh you by thousands of pounds. If you are a reporter, looking for your next interesting story idea, taking in everything around you is a must.

A brisk breeze was blowing last month as I headed home along Alameda Street. I could hear the loud flapping of flags above, so I slowed to have a closer look.

I was familiar with the magnificent, tall flagpole on the Shaver House midblock between Northeast 32nd Place and Regents Drive. I've often stopped to read the descriptions that the homeowner, Mike Funke, posted by the sidewalk that told the story of each flag that was flying that day.

I had noticed that the Ukrainian flag had been flying since the beginning of the war with Russia. The other flags that rotate in and out always seemed to have a story to them. I knew the Canadian maple leaf flew on Canada Day, the Stars and Stripes on July 4 and a Chicago Bears flag when the team won an NFL game. On this day, a silver and gray flag was

fluttering high above me. I didn't recognize it,



Above: The Chicago Bears flag flies after a big win. Right: The U.S. Space Force flag flies beneath the everpresent Ukrainian flag.

Lori Vance

Certified Personal

Trainer/Owner



Mike on a Bike and Mike Funke display the five-ring Olympic Games flag. (Photos by Mike Wright)

so I looked at the posting to learn it was the U.S. Space Force flag. It turns out Mike's neighbor Dwight donated the flag to him. I have a feeling many people will learn for the first time that we have a Space Force. Sounds like something out of a science fiction film.

When Mike and I met, he told me he was an avid history and geography buff and he just loved flags. In fact, Mike now has 300-plus flags and stores them neatly in file cabinets along with a laminated description of each flag and its significance. A very fun thing Mike does is ask future houseguests before they visit if they have a favorite flag and then he arranges to have it flying atop the white pole to greet their arrival.

I thought it would be timely to see if I could buy an official Olympic Games flag and convince Mike to fly it the day of the closing ceremonies. I figured I would borrow a phrase from the Don Draper "Mad Men" days on Madison Avenue and, "Run it up the flagpole to see if anyone would salute."

When I visited him on the final day of the Paris Summer Games, I was sharing the disappointing news that I hadn't been able to get my hands on an official Olympic flag. Mike chuckled. "Well, you're just in time; let's run that baby up the flagpole right now," he said.

Mike disappeared, and when he returned he

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was unfolding a gorgeous five-ring authentic Games flag. Minutes later it was fluttering above us against a bright blue sky.

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These flags that brighten the sky over our Alameda Ridge embody that spirit by reminding us that we are part of a global community. Indeed, as space exploration continues to evolve, the original Olympic motto rings true.

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A salute to Mike Funke for that! *Citius, Altius, Fortius* (Swifter, Higher, Stronger)



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From scramble to success

By Claire Rischiotto Northeast Community Center staff

t the end of August 2023, with only a few weeks before the start of the school year, a Northeast Portland mother was scrambling to find an after-school program for her son. It needed to be near his school, affordable and easy to commute to from her full-time job.

Just a few weeks before her son Alex started kindergarten, she finally found an after-school program at the Northeast Community Center.

After his first day of school, Alex's mother met him at the bus stop and planned to walk with him to After School Time. But nervous about yet another new place, Alex insisted he wanted to go home.

The next day, Alex and his mom tried again. This time, with a little encouragement, Alex made it to the Northeast Community Center and was greeted by one of the counselors, who handed him a Pokémon book. That was it. Alex left his mother's side and joined a child from his school, also playing and reading Pokémon.

Alex's mother was relieved to see her son, who was typically more reserved, coming out of his shell and making new friends.

Not long afterward, the Portland mother noticed a boost in her son's confidence as he made friends and formed a bond with his AST counselors, who dubbed Alex a social child - something his mother was pleasantly

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surprised to hear

Alex enjoyed his time at the community center so much that there were many days when he didn't want to go home. And by the end of the school year, Alex had come full circle. He went from not wanting to attend After School Time to not wanting to leave.

Alex's mother says that finding the Northeast Community Center's AST program was "a godsend experience," especially during a year full of transitions for Alex, going from day care to kindergarten.

On the days she waited for Alex while he played with friends, Alex's mother began to find friends of her own who also had kids in AST. These friendships extended outside the center over playdates and dining out.

"I myself made a few good mom friends in the lobby. Now they are my good buddies for life," Alex's mother says.

While waiting for her son, Alex's mother, who is from Japan and speaks Japanese at home with Alex, was happy to overhear her son speaking Japanese with members of the community who also spoke the language. This diverse and welcoming environment reinforced her belief that NECC was the right fit for her family.

"On the walls of NECC, it says NECC isn't just a gym but a place for the community to gather," Alex's mother says, "I really think that's correct after speaking with so many people in the lobby. I've met more people at the NECC lobby than any other place I've been."

For details and to apply for NECC's After School Time program, visit northeastcommunitycenter.org/ afterschooltime; 503-284-3377; frontdesk@ necommunitycenter.org.



How NECC's After School Time

program became a lifeline for one family

Two friends, with their After School Time counselor, hold a sign that says their favorite thing about the program is making friends. (NECC)



A girl has fun coloring during an After School Time session (NECC)



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Magic is afoot

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ith its niche boutiques, edgy art galleries and ever-evolving restaurant scene, Alberta Street is a beacon for creativity, conversation and community. Colorful murals brighten even the grayest weather. Bustling breweries welcome you in for a drink. Unique shops allow you to expand your mind and open your heart to what's possible.

Whether you call the area home or haven't visited in a minute, slip on your shoes and take a wander down this special corner of Portland. You might be surprised with what you discover.

CLARY SAGE HERBARIUM

An herbal specialty shop on Alberta has been comforting customers – one cup of



Clary Sage Herbarium carries everything from organic dried herbs and teas to house-made flower essences. (Clary Sage Herbarium)

tea at a time - since 2011.

Karma (Kara) Maymi is the current owner of Clary Sage Herbarium, an herb and tea shop that provides herbal extracts, essential oils, candles, crystals and more to the

community.

'The benefits of connecting with plant medicine are invariable," Maymi says. "At its most light-hearted and accessible, it can bring us strongly into the present moment

with comforting aromas and the sensation of drinking something that our body immediately says 'yes' to. "At the deepest level, it can heal

- CONTINUED ON PAGE 12



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Current owner Karma (Kara) Maymi, far right, hangs out with previous owner and founder, Laurie Books, center, and a friend. (Clary Sage Herbarium)

generations of mistreatment by teaching us how to listen to and respond to our own body's wisdom."

Maymi first started their journey at the shop 10 years ago as an intern.

"It changed my life to come to know that herbs and herbalism are not only for physical wellness, but they also tend to the deeper layers of who we are, that our speedy society activates our minds to forget," Maymi says.

They say fall is a wonderful time to experiment and try different herbal remedies and scents like Mabon, a coffee vanilla spice incense and spray.

"I find this cozy scent so sensual and grounding," Maymi says.

The shop also offers classes throughout the year ranging from tea blending to seasonal rituals, with an end of summer session coming up on Sept. 10.

"When herbs are this vibrant and well sourced you don't need to trust me that they are potent and have something to offer," Maymi says. "You can see and experience it for yourself.

"I want people to feel as if they just received a long, meaningful hug, whether they had a direct interaction with our team or just came to interact with the space." Check the website for upcoming events and class schedules. Receive exclusive discounts when you sign up for their mailing list.

ADDRESS: 2901 N.E. Alberta St. WEBSITE: clarysage herbarium.com INSTAGRAM: @clarysageherbarium DON'T MISS: The Sacred Seasons Summer Zine and a workshop is being held on Sept. 10. Make sure you're getting everything you need for the season with plant guides St. John's wort, calendula and lemon balm. Visit the website for more information.

BONNE CHANCE

The next time you're strolling down Alberta, be sure to take a chance on Bonne Chance, an unsuspecting wine and cocktail bar that doesn't take itself too seriously.

The bar has been a labor of love for brothers Mark and James Ehrman who decided to open their own place three years ago.

"Bonne chance" is French for 'good luck," Mark says. "That's honestly what we want for everyone. It sounds nice and has the positive connotation we embrace."

- CONTINUED ON PAGE 14



HAVE YOU OPENED A New Business?

The Star News wants to help promote your new business! Send us a press release under 50 words telling us about your new business, don't forget to include address, phone, and website. If you have a photo, please make sure it is at least 300 dpi.

Send submissions to: editorial@star-news.info

Inclusion in the paper is limited by available space.



The siblings have both been in the industry for years — Mark as a bartender and James as a sommelier — so opening their own spot felt right.

"We have always talked about opening a bar together, so we took a gamble on ourselves when the iron was hot," Mark says. "We put a business plan together in a month and got everything in order and opened six months later after a lot of cleaning, painting and general work."

Together, the duo created a vibrant, inclusive, unpretentious space that is perfect for date nights, hanging out with old friends or making new ones.

"A lot of times people are surprised that they've walked by so many times and didn't know what was going on inside," he says. "Mostly we enjoy sharing our lives with our



Patrons enjoy a rotating list of seasonal wines and speciality cocktails in a relaxed setting at Bonne Chance on Alberta Street. (Bonne Chance)

neighbors, but that is always more pleasant with a drink in your hand."

And with a rotating seasonal list of wine and specialty cocktails, that's not hard to do here. As fall approaches, Mark says to watch out for some of their autumninspired drinks like the Whiskey Neuf De Pape, which features Dickel Rye, Cocchi Torino Vermouth, lemon, Angostura bitters and Accompani's Flora Green for Green Chartreuse to get that herbaceous note.

"It tastes like the fall leaves smell crunching beneath your feet," he says. But no matter the season, it's the community that makes the brothers confident in their decision to open their business in the area.

"The people I've met through tending bar on Alberta are what has kept me on the street," Mark says. "We've been open for

- CONTINUED ON PAGE 15



Bonne Chance is a great place to connect with old friends - or meet new ones. (Bonne Chance)



This November, Portlanders will use Ranked-Choice Voting

City of Portland, Mayor Rank as many candidates as you wish, up to 6						
Rank	1	2	3	4	5	б
Candidate 1	0	0	0	•	0	0
Candidate 2	0	•	0	0	0	0
Candidate 3	0	0	0	0	0	0
Candidate 4	•	0	0	0	0	0
Candidate 5	0	0	•	0	0	0
Candidate 6	0	0	0	0	0	•
Candidate 7	0	0	0	0	•	0
Candidate 8	0	0	0	0	0	0
Write-in	0	0	0	0	0	0

- 1 Rank the candidates in order of your preference.
 - 2 Fill in no more than one oval per rank and no more than one oval per candidate.
- **3** Only rank candidates that you support.

Learn more at portland.gov/vote

ultnomah Ounty

three years now, and we have made some of my best friends through it. That is easily our favorite thing.

"There is a renaissance on the street, and we are glad to be a part of it."

ADDRESS: 2209 N.E. Alberta St. WEBSITE:

bonnechancepdx.com **INSTAGRAM:** @bonnechancepdx **DON'T MISS:** The bar often hosts pop-ups with their favorite chefs. Be sure to check their website and social media pages for upcoming collabs.



Tuesday, September 3 PORTLAND FILM FESTIVAL MONTHLY INDIE FILM NIGHT: LATINE FILMS

STREET HEROINES · ESPERANZA'S TURN 7pm · \$8 · Q&A to follow

Saturday, September 7

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Wednesday, September 11 DRAG QUEEN BINGO W/ POISON WATERS

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Tuesday, September 17

HALFWAY TO ST. PATRICK'S DAY Nitro pints happy hour price all day \$2 off Irish Coffees

\$2 off Irish Coffees Thursday, September 19

LOOSEWIG JAZZ SERIES hosted by BRENT FOLLIS feat. THE GORDON LEE QUARTET 7pm · Suggested donations:

\$20 adults, \$10 students

Saturday, September 28 8TH ANNUAL OKTOBERFEST BREWFEST 24 German-inspired beers and ciders

Live music in the Gym 1pm - \$28 adv, \$30 day of Ticket includes 10 tokens + festival glass





Crafty Wonderland hosts two large-scale craft markets with more than 200 vendors every year at the Oregon Convention Center. Co-owners Cathy Zwicker and Torie Nguyen first started doing monthly craft markets together in 2006. (Crafty Wonderland)

CRAFTY WONDERLAND

Autopia of local arts and crafts awaits you at Crafty Wonderland.

The brainchild of co-owners Cathy Zwicker and Torie Nguyen, the Alberta shop has been showcasing local artisans since it first opened its doors in 2018.

"Back in the early 2000s we used to sell together at street fairs, small local craft markets and larger markets in other cities," Zwicker says. "We realized that Portland needed a regular indoor venue where people like us could sell their work year-round."

So the two went to work and started a monthly craft market in the basement of the Doug Fir Lounge in 2006. The event took off and they now produce two large-scale craft markets with more than 200 vendors each year at the Oregon Convention Center.

They say the name of the shop always reminds them of where they started and how far they've come.

"Since our event started at Doug Fir Lounge, which was all decorated in logs, we went with a woodland feel for a lot of our show artwork," Nguyen says. "We wanted our name to reflect the feeling of a magical place where you can be inspired and see things you've never seen before."

At the Alberta location, visitors can experience just that, browsing handmade goods and art created exclusively by people living in Portland, with a mix of styles, products and a diverse range of makers represented.

"We love sharing the creativity of our artists and introducing people to their work," Zwicker

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says. "We also love providing a space where people can buy something that was made by a local artist. We enjoy spreading the word about the importance of supporting artists and buying local handmade goods. When someone buys something in our shops, their money stays within our community and goes directly to the artist that made it."

Adds Nguyen: "We want people to leave our shops feeling uplifted and inspired by the creativity of Portlanders."

To learn more about upcoming events, visit craftywonderland.com. You can also visit them at their second location downtown at 808 S.W. 10th Ave.

ADDRESS: 2022 N.E. Alberta St. WEBSITE: craftywonderland.com INSTAGRAM: @craftywonderland DON'T MISS: Mark your calendar for the Holiday Art + Craft Market happening Dec. 13-15 at the Oregon Convention Center. With more than 200 booths, it's the perfect place to get some holiday shopping done.

PSYCHIC SISTER

Tend to the altar of your own well-being when you make a visit to Psychic Sister, a space that offers healing and community through tarot readings, vintage finds, crystals and other transformative tools.

"The buying and selling of things is really just an excuse to share space," says owner and founder Dreamy Sea. "Creating the opportunity for connections, joy, pleasure and shared wisdom is our most important work."

Sea established Psychic Sister in 2012 in Olympia, Washington, and opened the Alberta location in 2018 at the former site of the Oddfellows Ballroom, a fraternal organization known for its misfits and intellectuals.

"Their spirit of inquiry and play runs throughout the space," Sea says. "Fairies greet you at the door and show you a good time. Lightkeepers greet the more introspective visitors revealing the things they need to see and hear. At night, the little elves cobble the shoes and do the mending.

"It's a really special space to hold. In the center is an old growth tree and she holds the whole ecosystem of the shop allowing us to thrive."

Sea notes that there are two powerful eclipses coming on Sept. 18 and Oct. 2 this year, which means it's a time to release control and allow the fates to intervene.

"People tend to have a lot of spiritual crises during this time and seek metaphysical support and psychic readings," she says. "My



Browse crystals, candles, art and more at this unique Portland shop. (Psychic Sister)



STORE



People come to Psychic Sister to seek transformation, connection and community. (Psychic Sister)

advice for this time is to be a good listener and pay close attention to the parts of your life where you have a split mind. Forks in the road are made very clear if you are willing to truly listen."

Sea recommends burning the Eclipse Candle from local chandler Magic Hour or coming in for a reading to find clarity during this time.

Those new to psychic readings should come in with an open heart and remember psychics are not mind readers and fortune telling isn't really the goal.

"It can be tremendously helpful to hear your story spoken aloud by someone who doesn't know you," Sea says. "It strengthens your own intuitive knowledge and connection with the spirit realm as you hear and claim your truth.

"Everyone who works here is an excellent psychic, but we cannot open closed books. It's all a matter of permission."

ADDRESS: 1829 N.E. Alberta St. Suite C WEBSITE: psychic-sister.com INSTAGRAM: @psychicsister DON'T MISS: Mediums with a Message is an event where local mediums channel spiritual connections and messages

Sunlan Lighting



Founder Dreamy Sea opened the first shop in Olympia, Washington, in 2012, and the Alberta location in 2018. (Psychic Sister)

from ancestors and loved ones who have passed. There are sessions coming up on Sept. 15 and Oct. 20. For tickets, visit https://tinyurl.com/37vsp2wv

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to get help accessing food, employment, housing or childcare.

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to ask a question, request assistance, or report an issue related to local government.

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When someone answers, say the language you wish to speak. Allow 2-5 minutes to connect with an interpreter. Wait until interpreter has been connected.







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STAR PET CONNECTIONS So, you want to raise chickens?



LISALAKES@STAR-NEWS.INFO

B ackyard (or front yard) chickens have become commonplace over the past few years. Families enjoy raising these industrious critters both for the fresh eggs they produce and for the additional services they provide to gardens, such as eating pests and providing fertilizer. Children may get the added benefit of being partly responsible for their care.

While permits are not required to keep chickens in Portland, there are some guidelines you must follow. These include the number of chickens you may keep depending on lot size, security and location of the enclosure; preventing pests (such as rats); and ensuring the chickens stay in your dedicated space.

Chickens also may be kept in locations



Clockwise from above: Check out the chicken window at 2825 N.E. 7th Ave.; golden-laced Wyandotte hen; lavender Wyandotte hen.

that have "more than one residential unit," the function of the second s

roosters. See links in box for full details. The number of eggs chickens will lay depends on temperature and hours of sunlight. Therefore, more eggs are produced in spring and summer. During winter months, providing artificial sunlight will maintain egg production.

To get started, be prepared to invest several hundred dollars for enclosure building materials, feed and the chicks





themselves. Multnomah County requires the coop sides to be embedded at least 1 foot into the ground. This will discourage wild visitors, such as racoons, from raiding your hen house. The county suggests allowing at least 2 square feet indoors and 10 square feet of outdoor space per chicken.

There are literally dozens of breeds each with their own distinctive body shape and plumage — to consider when choosing chickens.

When acquiring any living creature,

Photo, calendar contest

Get your pet ready to strike a pose. Mark your calendars for Sept. 20-Oct. 13 for the Oregon Humane Society's 2024 Pet Photo & Calendar Contest. This year's categories include best dog, best cat, best other pet and best smile (say treeeeeat!).

Secure the most votes and your furry friend could be the next calendar cover star. There is a \$10 donation to enter online and \$5 donation for five votes. All entry and voting donations go directly to help the animals at OHS. For details, visit https://tinyurl.com/ yt23w3jt

Resources

Multnomah County: https://tinyurl. com/47sv37b4

Getting started: https://tinyurl. com/3va99n89

No roosters: www.portland.gov/ code/13/40

Breed availability: https://tinyurl. com/3sax7phk

appropriate research and realistic goals are a must. Chickens need daily maintenance, so you will need a "chicken sitter" when going out of town.

Those serious about raising chickens may find themselves entering birds in the state fair competition.



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STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

TO SUBMIT CALENDAR ITEMS

To include an item in The Star Calendar, send an email to **calendar@starnews.info** and include the title, time, date, location and a short description (50 words or less).

Entries must be received by the I5th day of the month preceding the publication month.

Photos are welcome, but must be suitable for print: 300 dpi JPG. If sending from a smartphone, download the largest size. Events will be included as space allows.

INYOURNEIGHBORHOOD

ROSE CITY PARK GARAGE SALE

Sept. 7-8. 9 a.m.-4 p.m. Saturday; 10 a.m.-2 p.m. Sunday. Rose City Park is the place to be if you are a fan of yard and garage sales. If you live in the neighborhood, you can also register to sell your stuff. RCPNA.org/ garage-sale

ROSE CITY PARK CLEANUP

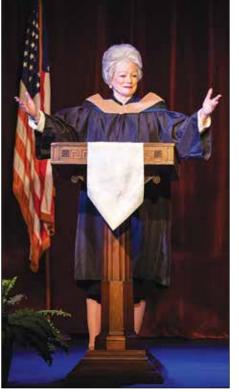
Sept. 14. 11 a.m.-2 p.m. A week after its big garage sale, Rose City Park is hosting its neighborhood cleanup. Many, but perhaps not all, of the items you have decided are trash can be recycled or disposed of at St. Rose of Lima Catholic Church, 2727 N.E. 54th Ave. RCPNA.org/clean-up

ROSE CITY COMIC CON

Sept. 6-8. Comic Con means "Comics Convention." Not funny people, but instead action heroes, cartoon characters and such.



Leave the card and cash at home. Bring items for others to take and maybe find something you need at the Really Really Free Market. (Really Really Free Market)



Margie Boulé returns to Triangle Theater to reprise her role as the late Texas governor, Ann Richards.. (Triangle Theater)

This is a big event, and people dressing up as their favorite characters are a big part of the fun. Oregon Convention Center, 777 N.E. Martin Luther King Jr. Blvd. Tickets from \$50-92, plus a service fee. Rosecitycomiccon. com

REALLY REALLY FREE MARKET

Sept. 7. Noon-2 p.m. Get rid of unused items and find something new to you. Everything is free, and you can bring stuff for others to take. No trades, no money. There is one catch: If no one takes it, you have to take it back home. COVID masks are required. Gateway Discovery Park; 10520 N.E. Halsey St.; https://portlandlivingonthecheap.com/ really-really-free-market-portland/

PIEROGI, POLKA FOR ALL

Sept. 14-15. 11 a.m.-10 p.m. Saturday; noon-6 p.m. Sunday. Portland's 28th Polish Festival features food, dances and music from Poland. There are polka contests for kids and adults; folk dances from the Mazurek and Krakowiak regions; and bands, including folk, rock and polka; art and history exhibits; and vendors selling clothes, art and all sorts of food. There is also a street dance Saturday evening featuring the local Zabavva band. Entrance to the festival is free, with the food and beer for sale. On Saturday night, the Master of the Calendar here at the Star-News will have some of his homemade piernik (ginger bread) and Silesian



apple bread being sold at the bakery stands. St. Stanislaus Catholic Church; 3900 N. Interstate Ave. www.polishfestpdx.org

CULLY STREET FAIR

Sept. 21, 9 a.m.-5 p.m. Sidewalk murals, free food, petting zoo and "Cully's Got Talent" for entertainment. 6024 N.E. Prescott St. www.Cullyfest.org

ARTSANDCULTURE

BOULÉ REPRISES 'ANN'

Sept. 5-29. Triangle Productions begins its 35th season with "Ann." Actress, television personality and journalist Margie Boule' reprises the role of Ann Richards. The play by Holland Taylor features the wit of the former Texas governor, known for her colorful language and ebullient style. Tickets are \$20-\$40. Check the website for times, as there are some Sunday matinees. The Sanctuary, 1785 N.E. Sandy Blvd. 503-329-5919. www.trianglepro.org

FESTIVAL OF TIME-BASED ART

Sept. 5-22. Time-based art is "artwork that lasts for a certain period of time, and unfolds over that period." One example is slowing down Alfred Hitchcock's "Psycho" so that the entire film takes 24 hours. Most of this occurs at the Portland Institute for Contemporary Art Annex, 15 N.E. Hancock St. www.pica.org/tba/

LAUGHS AT LAURELHURST PARK

Sept 6. 6:30 p.m. Kickstand Comedy players say funny stuff in the area between the duck pond and the dog play area. Bring a blanket or some low lawn chairs. Free. www.travelportland.com/events/kickstand-



View the work of 10 local artists, including Cheri Carandanis left, and Kathy Melcher above, at the Holy Triinity Greek Orthodox Cathedral during the Portland Greek Festival and through the end of the year. (Hellenic -American Cultural Center)

comedy-in-the-park/

ALBERTA STREET GALLERY

Sept. 26. 6-9 p.m. "Monsters and Myths," a group show, dives into realms both mythical and monstrous with paintings in a collection called "Land of Dreams" by Michelle Purvis and art quilts by Alycia Allen Tolmach. This is part of the monthly "Last Thursday" art show on Alberta. 1829 N.E. Alberta St.

PORTLAND GREEK FESTIVAL

Oct. 4-6. 10 a.m.-10 p.m. Friday-Saturday; 11 a.m.-7 p.m. Sunday. Begun in 1952 to raise funds to pay for the cathedral, the Greek Festival remains a popular event. Food, pastries, music, dance and handicrafts. These days the proceeds go to charities in the Portland area. \$5 entrance fee. Holy Trinity Orthodox Cathedral, 3131 N.E. Glisan St. www.portlandgreekfestival.com/

LOCAL ARTISTS ON DISPLAY

Oct. 4-Jan. 31. The Hellenic-American Cultural Center & Museum is showing work by 10 local artists. "Opening the Doors" features sculpture, paintings and drawings. The exhibit will be on display during the 70th annual Greek Festival, Oct. 4-6, and for the remainder of 2024. To learn more about the artwork, listen to the April episode of "All Things Greek: The HACCM Podcast," available on Spotify. The podcast series also features local community members sharing expertise on topics such as Greek cultural traditions, music, history and travel. The podcast is a multi-generational project started by two longtime Laurelhurst residents who partnered with their great nieces to launch it over a year ago. Father Elias Stephanopoulos Center, Holy Trinity

- CONTINUED ON PAGE 18





TRINGLE PRODUCTIONSI The Sanctuary at Sandy Plaza, 1785 NE Sandy Blvd. Call: 503-239-5919 ★ Online: www.trianglepro.org

STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

Greek Orthodox Cathedral, 3131 N.E. Glisan St., second floor

FAMILIESANDTEENS

PORTLAND PLAY STREETS

Sept. 6. 5-7 p.m. The idea is to play, regardless of age. There is chalk art, and water balloons are promised. Games, food, music and fun for the whole family. Northeast Roselawn Street between Cully and 72nd Avenue. Sponsored by the Portland Refugee Support Group. https:// pnwrsg.org/events/play-streets-i-hfx7t

MLK DREAM RUN

Sept. 22. 8 a.m. start times, with a warmup period the hour before. There are 5K, 10K and 15K runs all starting and ending at PCC Cascade. This is a race, and the fastest finisher in each length, male and female, gets a round-trip ticket on Alaska Airlines. Entrance fees from \$40-\$60, and there is a free kids race. 705 N. Killingsworth St. https://runsignup.com/Race/OR/Portland/ MLKDreamRun

RETRO GAMING EXPO

Sept. 27-29. For lovers of classic video games. The organizers call that "any game from a system prior to the most recent generation." That includes Nintendo Wii, Xbox 360 and PlayStation 3. A highlight is the Classic Tetris World Championship. Oregon Convention Center, 777 N.E. MLK Jr. Blvd. \$15-\$65. www.retrogamingexpo.com/



The Polish Festival returns to Portland for its 28th year on Sept. 14 and 15. (Portland Polish Festival)

FORSENIORS

STONE SOUP LUNCH

Fridays in September. Noon-1 p.m. A meal for anyone older than 60. The meals are prepared by folks who are being taught the kitchen and culinary skills needed to help them find work. Enjoy a good meal and make the world a better place at the same time. Free. Community for Positive Aging. 1840 N.E. 40th Ave. 503-288-8303. www. communityfpa.org/

CLIMATE CHANGE AND SENIORS

Sept. 10, 4-5 p.m. "Climate Resilience for an Aging Nation," a virtual talk by Danielle Arigoni, author and managing director for Policy and Solutions at National Housing Trust. The talk will provide an overview of how and why climate change impacts older adults differently, and the range of solutions and strategies that can help reduce risk. Register for Zoom link on nevillagepdx.org/calendar. 503-479-7061. info@nevillagepdx.org

VOLUNTEER FOR NE VILLAGE

Sept. 12. noon-1 p.m. This session is open to anyone interested in learning about volunteer opportunities with NE Village PDX that provides services, social events and programming to adults 60 and older who are aging in place throughout 18 neighborhoods in Northeast Portland. No registration required. Northeast Community Center, 1630 N.E. 38th Ave. Note: This facility is not wheelchair accessible.

LEARN ABOUT NE VILLAGE PDX

Sept. 16, 11 a.m.-12:30 p.m. Learn about activities and services offered by Northeast

Village PDX that support seniors opting to remain in their own homes and stay involved in their community. The member-led organization serves residents in Northeast neighborhoods as they engage with and help one another. 503-895-2750. Hollywood Library, 4040 N.E. Tillamook St.

INGENERAL

CURIOUS COMEDY SHOWDOWN

Fridays in September. 7:30 p.m. "The Hunger Games of Comedy." Six players compete in improvisational comedy contests, with the winners of each round chosen by the crowd. Food and beverages are available. Curious Comedy Theater, 5225 N.E. Martin Luther King Blvd. \$19.50 or \$10 for streaming. www. curiouscomedy.org/shows/p4

PDX YARD SHARE

Sept. 7. If your garden is producing more than you can eat, here's your chance to give it away. And if you are looking for some home-grown food, you can pick it up for free. Growers will place their give-away food on tables in front of their homes or gardens, free for all. Growers can register in advance, and on the night of Sept. 6 an online map will be published with the locations. Sponsored by Urban Gleaners and the Portland Fruit Tree Project. https://pdxyardshare.org/

LEARN ABOUT WINE BY TASTING

Sept. 7. 5-9 p.m. Wine aficionados and those wanting to learn can sample six wines from the vineyards of the Walla Walla region of Washington. There will be live music and food to pair with the wines. After you've had a couple of glasses comes the opportunity

- CONTINUED ON PAGE 19





Learn more: Portland.Gov/Vote2024

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STAC COMMUNITY CALENDAR

to bid in an auction for bottles from the "Wall of Wines." There is even child care. \$10 per kiddo. Preregistration is required. \$65 per person. Madeleine Parish Courtyard, 3123 N.E. 24th Ave. 503-281-5777. https:// themadeleine.edu/site/the-old-church/#

CLOTHING EXCHANGE

Sept. 15, 2-4 p.m. "Keep your Style, Change Your Clothes." Everyone is welcome to come and pick out something that fits, and to donate, if you want. There is also a book exchange. This event has been held on the third Sunday of every odd month since 2013. No donation required. Kenton Church, 2115 N. Lombard St

MEXICAN INDEPENDENCE DAY

Sept. 15-16. 1 a.m.-11 p.m. Mexico's

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independence from Spain is celebrated every year, when that country's president delivers the "Grito de Independencia" (Cry of Independence), a rousing speech first given in 1810 by Father Hidalgo in

Dolores, Mexico. Hidalgo urged his parishioners to take up arms, beginning a war of independence that lasted 11 years. The recitation ends with three cries of "Viva Mexico!" and the ringing of Hidalgo's

liberation from Spain

raffles and mariach

bands at the Moda

church bell. Portland's 20th anniversary of "El Grito" won't include the original bell, but it does include mariachi bands, dancing, contests, raffles and Mexican food and beverages. Free admission. Moda Center. https://elgritoportland.com/index. php/en/home/

ODDITIES AND CURIOSITIES

Oct. 5-6. 10 a.m.-6 p.m. Odd is the word. Collections of taxidermy, artwork, animal skulls and the like for sale. "We truly have something weird for everyone at our show." This year features classes on taxidermy and butterfly pinning. \$10 admission, more for the classes. Oregon Convention Center, 777 N.E. Martin Luther King Jr. Blvd. Tickets at www.ticketswest.com/events/detail/ oddities-curiosities-expo



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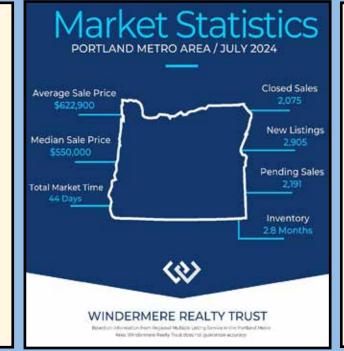
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