

A SAFE SLEEP
Two Salvation Army shelters welcome homeless people. **PAGE 8**



CULLY connects

COMMUNITY COMES TOGETHER Culture thrives in Northeast neighborhood. **PAGE 13**



36-YEAR TRADITION Portland's St. Patrick's Day Parade kicks off Sunday, March 16. **PAGE 6**



HARVESTING HAPPINESS A roundup of farmers markets in The Star neighborhoods. **PAGE 11**



YOU'RE NOT ALONE Has a romantic split left you reeling? Breakup Buddy is here to help ease the heartache. **PAGE 7**

IN TUNE WITH MUSIC LOVERS
Mississippi Home Stereo Supply & Repair keeps audio equipment out of the landfill while giving new life to old systems. **PAGE 4**



HOME AWAY FROM HOME Portland family hosts two Canadian Winterhawks players. **PAGE 10**

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PORTLAND, OREGON 97213

★ STAR COMMUNITY CONNECTIONS



BY TONY GREINER

TONYGREINER@STAR-NEWS.INFO

TREE INVENTORY UPDATED

The Urban Forestry division of Portland Parks & Recreation has updated its street tree inventory. This doesn't chart every tree in the city, but rather those on the boulevard strips and in the parks. Type in an address on the map, and the boulevard trees will appear as green dots. Click on the dot to learn the species, diameter and apparent health of the tree. Over 252,000 trees were inventoried. You can study the map and identify your local species at <https://tinyurl.com/pdxtrees>

GOT CLAWS?

Do you have a cat whose claws belong on a T-Rex, but who won't let you near them? How about a parrot with a too-sharp beak? Anything Strange Pets can help you. Erika Strange and Aaron Hoover will come to your house and, when it comes to pets, do anything you don't want to. Nail trims, anal gland expression, grooming and medication administration are offered. Their motto is "No Request is Too Strange." Call 503-660-8108.

HOST A JAPANESE STUDENT

The American Cultural Exchange Service is looking for host families to house and feed a Japanese high schooler while they attend the Pacific International Academy at the University of Portland. The program runs from March 23-30. They are in class from 9 a.m. to 5 p.m., but in the evenings you get to immerse them in American family life. The program comes with a stipend, 24/7 support and an orientation session. There are other programs running from April 1 to June 15 that will support college-age students. Learn more at www.acescollegehomestay.org/

N. PORTLAND LIBRARY OPENS

After a long closure, the North Portland library, slightly expanded and remodeled, has reopened. Built in 1913 at 512 N.



Japanese high schooler Kato and his Portland host explore the Mount Hood area. (American Cultural Exchange Service)

Killingsworth St., the original library, designed by Joseph Jacobberger and funded by Andrew Carnegie now has a community room for various activities, including art installations, and a small special collection of African American history and literature.

YCC HAS JOB OPENINGS

Portland Parks & Recreation Youth Conservation Crew (YCC) is hiring. If you're a teen (14-18 years old) eager to learn about conservation or an adult ready to mentor the next generation of environmental leaders, YCC offers hands-on experience in trail building, habitat restoration and community garden management. For more details on the open positions and to apply, visit <https://tinyurl.com/workwithtrees>

PABALATE TO LEAD NECC



Justin Pabalate

Justin Pabalate is the new executive director of the Northeast Community Center. With over two decades of experience in the nonprofit sector, Pabalate brings a wealth of knowledge, volunteer experience and connections to NECC.

He replaces interim executive director Bri Slusser who shepherded the center over the past 10 months.

Pabalate previously worked at Willamette Falls Trust, Oregon Community Foundation, The People's Nonprofit Accelerator and the Q Center. His passion lies in developing staff, broadening resources and focusing on principles of equity, justice and inclusion.

Under Pabalate's leadership, NECC hopes to continue to expand and thrive, setting a clear path for future success.

As a community-founded center, NECC offers a range of member amenities, from a swimming pool, saunas, private changing rooms and showers to fitness classes, pickleball, youth programs, personal training and more. Learn more at necommunitycenter.org.

BUILDING SOBRIETY

4D Recovery, the short name of the 4th Dimension Recovery Center, helps young addicts regain sobriety. It has grown rapidly over the past few years. The name comes from Alcoholics Anonymous founder Bill Wilson, who wrote that helping another addict get sober was like "being rocketed into the 4th dimension."

The group's focus on youth has led to young people taking roles of leadership and responsibility in the organization. Co-founder Tony Vezina, who has been sober himself since 2012, started this work while attending PCC, where he founded the Recovery 101 Club.

4D provides meetings, social events, counselors and peer mentors for its clients. It also operates a 40-unit apartment building at Northeast 42nd Ave. and Prescott St., which provides dry and safe housing for those who have completed a treatment program, reinforcing their skills and preparing them for independent living. Visit 4drecovery.org.

GET HELP WITH TAXES

Justice Oliver Wendell Holmes said, "Taxes are what we pay for civilized society," to which Franklin Roosevelt added, "Too many individuals, however, want the civilization at a discount."

If you need or want help preparing your 2024 return, there are several options available. The Internal Revenue Service has expanded its Direct File program this year and now includes Oregon. That service is free, but there are some limitations, such as no business income or itemized deductions. Details at www.irs.gov/filing/irs-direct-file-for-free.

In addition, Metropolitan Family Services "Cash Oregon" division has a number of locations where IRS-certified volunteers will prepare your federal and Oregon returns. There are restrictions, including income below \$67,000 a year.

Locations include the Dishman Community Center, Community for Positive Aging (open to everyone, not just seniors), and the Multicultural Senior Center on MLK. There is also a "virtual" service. Visit <https://cashoregon.org/> for a list of what to bring and appointment times.

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BY PHILL COLOMBO

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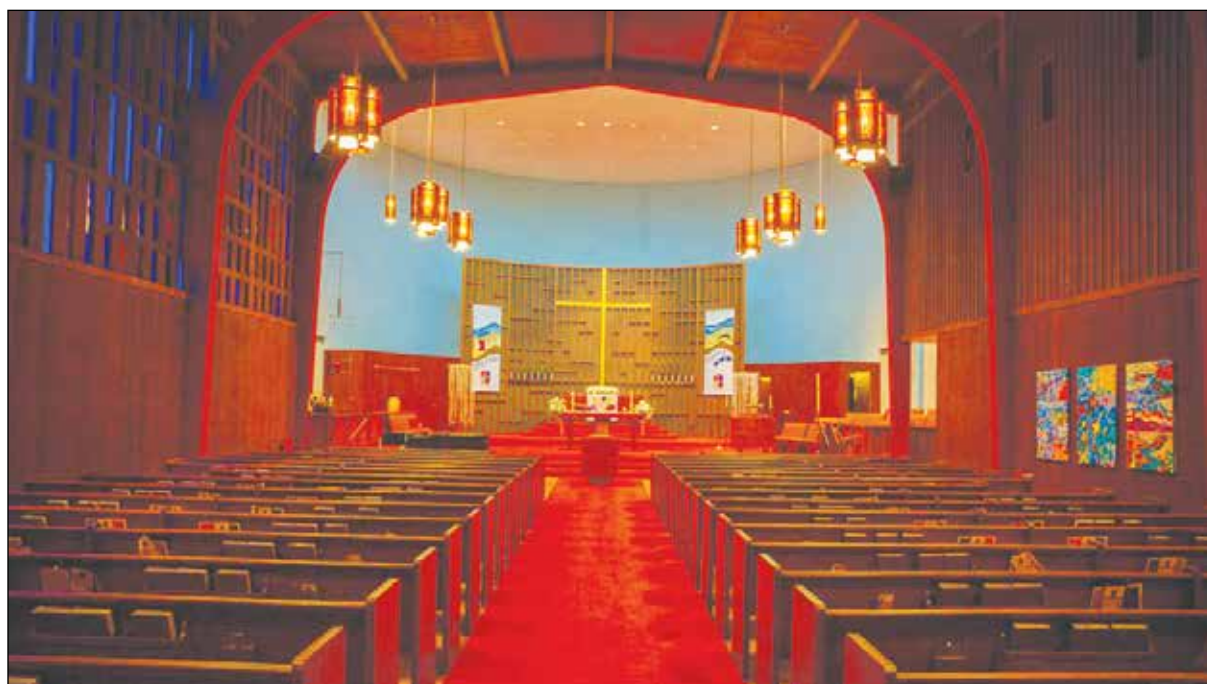
After 100 years of renting rehearsal space, the Portland Youth Philharmonic Orchestra is in the process of purchasing Central Lutheran Church's building at Northeast 21st Avenue and Schuyler Street in Irvington. According to Executive Director Noreen Murdock, "We are working with the city right now on zoning and change of occupancy. We would love to make this historic building our new home for rehearsals, offices, community programs, some performances and to be a community resource."

In an email to Irvington Neighborhood Association President Steve Cole, Murdock said PYP wants to "start getting to know our potential future neighbors, learn more about the neighborhood, and how we can best be a community asset." PYP has four large ensembles with an enrollment of about 300, Murdock says. The orchestra provides a "suite of free and low-cost community programs like workshops, peer mentor instrument lessons and children's concerts." PYP's musicians come from across the Portland Metro area, representing about 100 schools, and ranging in age from nine to 22.

Murdock added that it would be several months before the city's processes are completed and PYP would know whether it will be approved to operate at the Central Lutheran Church building. PYP is the longest continually operating youth orchestra in the country and the first to reach 100 years of age.

NE BROADWAY PAVING, PAINTING UNDERWAY

In an effort to make Northeast Broadway between Northeast Seventh and 26th avenues safer and more welcoming,



The interior of Irvington's Central Lutheran Church building, which the Portland Youth Philharmonic Orchestra wants to buy and use for rehearsals, offices, community programs and some performances. PYP is over 100 years old and has 300 members.

(Central Lutheran Church)

Portland's Bureau of Transportation staff have been working closely with key stakeholders and business owners to understand issues and opportunities toward leveraging ongoing maintenance toward that end.

In February, crews began work at unsignaled intersections between 11th and 22nd avenues. This spring, work at signaled intersections will take place, and, this summer, the bureau will repave Northeast Broadway while constructing additional safety improvements. As part of this work, corner ramps at intersections will be rebuilt to meet ADA standards.

PBOT requests the public travel slowly and cautiously in work zones, observe all reader board and flagger detours and directions and use alternate routes if possible. Parking near work zones may be restricted during construction, and work is weather-dependent, causing occasional schedule changes.

For more information, the construction web site is located at <https://tinyurl.com/2mwx67hs>

NORTHEAST MARINE DRIVE LANE CLOSURES CONTINUE

Safety improvement installations on Northeast Marine Drive, a high-crash corridor, continues to require lane closures between Northeast 33rd and 185th avenues through early March. Portland Bureau of Transportation officials caution motorists that crews will narrow the road from two lanes to one for a small section of the roadway.

Each weekday, crews will close a single

lane of the two-lane road, for about 300 feet, to make a safe work zone. Flaggers will direct traffic around the work zone, with eastbound and westbound travelers alternating use of a single lane. Work zones will be moved multiple times a day as crews work their way through an eight-mile stretch of Northeast Marine Drive, between Northeast 33rd Avenue near Portland International Airport to the city limits near Northeast 185th Avenue.

The project is part of Portland's Vision Zero effort to eliminate traffic deaths and serious injuries. On Marine Drive, drivers often exceed the speed limit. With narrow shoulders and a steep drop-off from the levee, vehicles that leave the roadway face a precipitous drop into the river, nearby natural or industrial areas. In 2023, there were five traffic deaths on Marine Drive, including three in the area of this project.

PERMITS ISSUED

In Concordia at 6407 N.E. 32nd Place, Rose City Re-imagined of Washington County has permission to build a two-story, detached duplex with no garage after securing approval of a preliminary plan

for a middle housing land division of the site into two parcels.

In Eliot at 30 N.E. Fremont St., 32 Northeast Fremont of North Portland secured a permit to construct a 22-unit multifamily affordable housing building with a mix of studio, two- and three-bedroom units. The four-story walk-up will be organized in a linear scheme with the main entrance on Northeast Fremont Street.

In Kenton at 2544 N. Halleck St., Timothy Cohers and Vicki Simon secured a permit to build a detached, single-story accessory dwelling unit, pending deconstruction of a shed built in 1908.

APPLICATIONS FILED

In Montavilla at 6925 N.E. Davis St., Rick Delhommer applied to build a detached accessory dwelling unit with a finished attic and no garage.

In Piedmont at 6116 N.E. Garfield Ave., Erin McBride and Aaron Cook applied to build a detached garage with loft storage space and full bathroom. A deconstruction permit was issued late last year for a detached garage built in 1915.



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★ STAR FEATURE



A MUSICAL PORTAL

Mississippi Home Stereo Supply & Repair is helping Portland stay in tune

By Michael Aviña
Star contributor

The vinyl world can often feel like an impenetrable universe guarded by elitist gatekeepers, but Mississippi Home Stereo Supply & Repair offers a welcoming gateway for curious newcomers and seasoned audiophiles alike.

Tucked next to Mississippi Records on Albina Avenue in North Portland, Mississippi Home Stereo serves as an inviting portal into the world of music.

Finding that portal, however, can be perplexing. Mississippi Home Stereo doesn't advertise, only operates on the weekends, and its signage is an index card-sized decal taped on the shop's entry doors. With its impressive repository of record players, speakers and vintage audio equipment, Mississippi Home Stereo could easily be mistaken for a quirky Portland exhibit.

"A lot of people who come in for the first time assume it's a museum," said proprietor Aaron Heuberger. "Most of the business is



(All photos by Michael Aviña)

Record junkie and music lover Aaron Heuberger struck up a conversation about doing stereo repair with Mississippi Records owner Eric Isaacson and the rest was history.

word of mouth. People who haven't come in before are a little suspicious, but we try and be as transparent and disarmingly informal as

possible."

It was this informal and welcoming atmosphere that attracted Heuberger to Mississippi Records. Heuberger, a self-described record junkie and music fiend, frequented the record store's original location on Mississippi Avenue and struck up a friendship with its owner, Eric Isaacson. At the time, Heuberger was consigning stereo equipment from the janitor's closet of a vintage store in Portland's Hawthorne neighborhood.

"I got to talking with Eric about doing a stereo repair section in the record store and

he was open to it. I brought in an integrated amp that sold within a few days, and that was the beginning," Heuberger said.

Initially, the stereo section of the record store was little more than a small rack of items. Heuberger says the section grew organically, eventually transitioning into a full-time endeavor. He took it upon himself to clean and repair the pile of derelict stereo equipment that had accumulated in the basement of the original store.

As the record store's popularity grew,

- CONTINUED ON PAGE 5

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Mississippi Home Stereo is filled floor to ceiling with audio components. Above, Kyle Petersen's love of music and community led him to a job as repair technician.

it relocated to its current location in the Albina neighborhood in 2011. Heuberger's involvement also grew, as he purchased the building alongside Isaacson as co-owner. The current iteration of Mississippi Home Stereo has been open for six years, with its grand opening coinciding with the initial COVID-19 lockdown in 2020. It was what Heuberger cheekily described as a "whisper opening." He remembers personally delivering stereo systems to peoples' homes during the pandemic. "I love sharing music with people, sharing how meaningful it is, and making it affordable," Heuberger said. This love of music and community is how Mississippi Home Stereo's repair technician, Kyle Petersen, came to find the shop. "I knew about the stereo shop because I got my first

record player here." Petersen, a local musician, remembers purchasing his first reel-to-reel recording machine and needing service done. "The reel-to-reel is not necessarily something that was worked on, but it exposed me to the repair side of audio equipment," he said. In 2015, Petersen was exploring different career paths and asked Heuberger if he had ever considered taking on an apprentice. True to the informal nature of both the record store and repair shop, Petersen says he received a "very informal yes" from Heuberger regarding the apprenticeship. "I used to sit down in the basement and repair stuff," Petersen said. "It was a happy place to be. To this day, one of my favorite things to do is wander through the inventory in the basement and find things to repair."

According to Petersen, customer repairs have become a steadier part of the stereo shop's business due to the lack of alternative options in town for affordable hands-on repairs. One of Petersen's primary pursuits at the shop is preventing items from reaching the landfill. "It's sad how things are discarded," Petersen said. "There's a selfish aspect for me in fixing these things — to take something that's not functioning, restore it to new life, and make it more affordable. "I think people don't realize how good the quality of their music listening experience can be for an affordable price. I like to think that Aaron and I are both pretty reasonable and ethical people. We like to set realistic expectations." Heuberger shares this sentiment about

affordability. "We try to find the right audio equipment for our customers' lives, and what's useful for them," he said. "Our goal is to enable people to listen to music in the best, most affordable way possible. We're here to help people widen that portal into the wonderful world of music."

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★ STAR FEATURE

FUN GETS THE GREEN LIGHT

St. Patrick's Day parade kicks off at 1 p.m. Sunday, March 16

By Maggie Grainger
maggiegrainger@star-news.info

It's March, which means it's time to gear up for a beloved Portland tradition — the 36th annual St. Patrick's Day Parade.

Festive parade-goers should be ready to march in Northeast Portland starting at 1 p.m. Sunday, March 16, at the Beverly Cleary School's Fernwood campus, said Steve Slavik, parade founder and master of ceremonies. For the annual event, he adopts the surname of his Irish persona — O'Slavik.

"To see it is to believe it," he says. "So many people who have participated in the past come back for it."

Slavik says you never know who or what you might see during the event — years past have seen everything from marching bands, local mascots and fire trucks to a troupe of Irish wolfhounds, bagpipers and high-steppers. This year the Royal Rosarians and the Beat Goes On band is scheduled to march and there will be all kinds of floats and families walking and biking the route.

The fun starts at Northeast Hancock Street and 32nd Avenue before making its way west on Hancock until it hits Northeast 17th Street then heads east on Tillamook and returns back to Beverly Cleary.



"It's a very family-friendly, community-focused parade. Everyone who wants to be in it can be in it. Moms, dads, kids, aunts, uncles. Everybody!" Slavik says.

Slavik first started the parade back in 1990 because he wanted his father-in-law, who is Irish, to be the grand marshal. He says the first march had more participants than spectators, but within five or six years it was suddenly a full-fledged event.

"The parade became bigger and bigger," he

says. "It's bigger than I am. I'm just the guy who blows the whistle and everyone runs down the street."

Slavik says it's all part of the fun and what inspires him to return every year.

"The day it happens, it's like magic," he says. "It's very heartfelt and very humbling, and at the same time it's an awful lot of joy."

Slavik loves hearing stories and memories from families and is excited to make more memories with his own. His grandkids now

join in the fun.

"The biggest joy I get from the parade is that after it's all over, it's nothing but smiles," he says. "When I walk home it's a very nice moment to see how everyone is out and enjoying it and that's the way it should be. It's special."

To register a float or to join this year's parade, visit www.portlandstpaddysparade.com for details and more information.

(Photos by Steve Slavik from previous Portland St. Patrick's Day parades.)



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★ STAR FEATURE

Breakup Buddy



A heartache expert in Northeast Portland is here to help mend your broken heart

By Maggie Grainger
maggiegrainger@star-news.info

Breaking up is hard to do. Thankfully, someone in Northeast Portland is here to support you through all the ups and downs of decoupling.

"We've all been devastated by the loss of someone or something important to us," says Jenny May, aka the Breakup Buddy. "Every one of us has had our heart broken in one way or another, even if it wasn't romantically."

"The biggest thing I give is permission to be sad."

May said she got the idea for her business after going through her own devastating split several years ago.

"I went through a bad breakup with someone who was wildly inappropriate for me, which made it all the more devastating," she says. "I would wake up every day in tears."

May says it was her supportive network of friends and co-workers that helped her get through the tough times and made her realize how much harder it would have been to go through it alone.

"I promised myself that when I could, I would find a way to pay their love for me forward," she says.

May was already working with a therapist at the time and threw herself into researching every book and podcast she could find on the subject of love and loss.

"I got super fixated," she says. "The more I learned, the more fascinated I was by it."

May started reflecting on her own past relationship and, in the process, began to heal.

"Why was I so attracted to this person? Why am I so devastated now that I would take him back in a heartbeat even though I don't want to take him back?" she says she asked herself.

Armed with a new set of tools, May quickly became the go-to friend when others were going through breakups.

"I had so many friends be like, 'You should do something with this,'" May says. "That's how I came up with Breakup Buddy — to show my gratitude for those who were there for me and to share something that I got very good at."

May launched the business two years ago and got her first client within the week. She now has a steady stream of people seeking her out, some as far away as San Francisco and New York.

Interested clients first reach out to May for an introductory 15-minute compatibility chat before booking a session. Sessions range from 60 to 120 minutes and are usually

When Jenny May was going through a romantic split several years ago, she leaned on her network to help her get through it. Now, with her Breakup Buddy business she helps others navigate painful uncouplings. (Jenny May)

conducted online, although she is open to meeting in person.

May also offers monthlong packages where clients get more email and check-in privileges as well as breakup planning packages for those who are thinking about breaking things off with their partner and need some clarity.

May stresses that she is here as a supportive listening ear and not a trained mental health professional. However, she does have a list of resources and therapists on hand for reference.

Every session is unique to the person and their situation.

"Sometimes you get people who say, 'I have no one to talk to about this and I have a million thoughts in my head. Can I vomit to you?'" May says. "Most people want advice and hard truths, but overall people just want to be heard and seen and not judged for being heartbroken."

She says there is a definite uptick of clients in the winter months — breakup season — and the beginning of summer.

And when it comes to relationships, May has heard it all — and is here to be a supportive, nonjudgmental outlet for them to process their grief.

"I've had everyone," she says. "I had someone who just got broken up with yesterday and had seen it coming. I've had clients who haven't seen their ex in years and just found out they were getting married and aren't sure why they are so devastated by the news."

May says the majority of people who contact her are amazing, awesome people who have a lot of things going on in their lives and just have this one thing — their relationship — tripping them up.

Says May: "You just lost someone you built your world around, and now they're gone and you think you should be OK two weeks later? No. You don't need to be. You get to be in a lot of pain for a while."

"I'm giving people permission to feel as hurt as they are and then giving them some hope."

May has since moved on from the breakup that caused her so much pain and is now married, but says she has no regrets and is thankful for the experience.

"I will always be grateful because he started me on this journey and it made my life better," she says.

For more information or to schedule a session with the Breakup Buddy, visit breakupbuddypdx.com or email breakupbuddypdx@gmail.com.

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★ STAR FEATURE

2 Salvation Army shelters welcome homeless

By Tony Greiner

tonygreiner@star-news.info

A first step in Mayor Keith Wilson's efforts to get homeless people off the streets has been the opening of two homeless shelters operated by the Salvation Army. Unlike the cold weather emergency shelters that the city and county have operated for years, the new shelters are open every night.

Previous Mayor Ted Wheeler had established Portland Solutions last July, providing a centralized office for getting camps cleaned up and homeless people housed. Last December, shortly after his election, incoming mayor Wilson used that office to put out a call for shelter providers. On Jan. 7, the Salvation Army opened two shelters. Capt. Peter Pemberton of the Army says, "We are used to providing this kind of social service, and can pivot fast." One is at the Moore Street Community Center, 5325 N. Williams Ave., just south of Killingsworth Street, with 148 beds.

The Salvation Army Female Emergency Shelter (SAFES), at 30 S.W. Second Ave., provides an additional 52.



Capt. Peter Pemberton

The service provided by the Moore Street shelter is basic: The floor of the gymnasium is covered with a plastic cloth, and single-bed sized

mattresses are spread across in 20 columns. Each mattress is about 8 inches thick, and comes with two sheets, a light blanket and a cased pillow. The doors open at 7 p.m. and about 10 staff are on hand to check people in, answer questions and provide security. While there are no showers or personal laundry facilities, the heat is kept on, and the space is quiet, warm and safe.

"We want this to be a haven, a peaceful, safe place where people can get healing rest from the wear and tear of living on the street" Pemberton says.

The number of people staying each night at the shelters has grown, a combination of word of mouth and the two mobile units (vans) operated by the Salvation Army. The vans visit homeless camps, providing basic services and letting people know of options available to them. So far, about 100 people take advantage of the Moore Street program each night.

Guests are offered a light snack when they check in (fruit or a granola bar) and will find a phone-charging area. There are no lockers, but as Capt. Heather McBride noted, this is a population with few personal possessions, which they keep close. Things are kept quiet, and the overhead lights are shut off at 10 p.m. Lamps remain lit around the perimeter of the gym, so people who get up to use the restroom can easily see where they are going.

At 6 a.m. the lights are turned on and the first wake-up calls begin. This starts some people out the door, and a second call is made a half-hour later. Everyone is out by 7 a.m., and the staff starts gathering up the bedding and preparing it to be sent to a commercial laundry, as everything is washed daily. The mattresses are also disinfected. This takes some time, one of the reasons for the clearing out of the space early every day.

Well-behaved pets are allowed. People do not need to be sober when they check in, but drug and alcohol use in the facility is forbidden. Occasionally someone gets rowdy, and if the staff are unable to quiet them, they



Bedding at the Moore Street Shelter is laid out neatly before the doors open to nightly guests.

(Salvation Army)

My night in a homeless shelter

I placed a few things in a backpack and walked two miles from my home to the Salvation Army's Moore Street Shelter. While gathering information about the shelter, I had asked if I could spend the night, and was told, "We turn no one away."

I arrived at about 8:30 p.m., was greeted at the door and registered. I gave my name, had my photo taken and answered a few questions about how long I had been homeless and where I lived before. I was told the basic rules of quiet time and lights out and was sent to a window where I was offered a cup of Swiss Miss hot chocolate and a snack, choosing an apple.

I walked into the gymnasium, where many of the beds were already occupied. Some of the mattresses were elevated onto frames, reserved for those who would have trouble getting on the floor. At least one man there was using a wheelchair. I made what might have been a rookie mistake, picking out a mattress at the end of a row so I would have fewer neighbors. The neighbors came anyway, and the mistake revealed itself at "lights out," as I was close to the lamps that line the gym walls and burn all night.

Many people were already asleep. A few had the pronounced smell of unwashed clothes and bodies. Others were clean and neat, with the blanket arranged evenly over them. Shoes were off, but everyone slept in their clothes. The heat was kept on in the gym, so although the blanket was light, it was plenty warm. About a dozen dogs joined us, ranging in size from terriers to pit bulls. They

looked healthy, and all were good dogs. They simply curled up on their owner's mattress and fell asleep.

There was some light conversation going on, but the predominant sound was racking, lung-congested coughs. Many of these people were not well. As the night progressed, the coughs dropped off and quiet reigned. I began playing a Solitaire game, and had my only conversation of the night when Lee, one of the staff, asked how to play. After a few hands, I put the deck away and began to read, but at 10 p.m. the overhead lights went off, and I settled in to try and sleep.

I had been cautioned to keep things near me to avoid theft, so I put my backpack under my pillow, my phone in my hip pocket and arranged my jacket over the blanket. The toilets in both the men's and women's restrooms were broken. While the urinals in the men's still functioned, all the women, there were about a dozen, had to go outside to a portable toilet. I felt sorry for them, as the temperature had fallen below freezing.

While sleep seemed to come quickly to most, it didn't for me. I doubt I got an hour's sleep. This did give me the opportunity to watch the staff, seated in chairs around the perimeter. Some read, some looked at their phones and, occasionally, one would stroll down the aisles, just checking. They took their job seriously, which I appreciated. Early in the morning, I noticed that one of the staff had fallen asleep in his chair. A co-worker came over to him and gently laid a hand on his shoulder, a quiet reminder to remain

watchful. Being surrounded by so many people in misery, I was perhaps attuned to notice such acts of kindness.

Make no mistake. I have no idea what it is like to be homeless. I had a full dinner that evening, money in my pocket, heat and a bed in my home and no worry about what the morning would bring. My spending a night in a shelter was a far cry from those who did so every night.

When the overhead lights were switched on, I left my bedding in a pile on the mattress and was out the door within 15 minutes. There was coffee and a snack ready for those who asked, but I could see the urn didn't hold enough to give everyone that small pleasure. With a thank you to the staff, I stepped out into the cold and turned my steps toward home. As I walked, tired and cold and with the aches of a 68-year-old body, I thought of those who had stumbled out the door with me. Where did they go at 6 in the morning? Nothing was open, not even a coffee shop. Some may have gone to day labor, but where would they find that?

By 7 a.m. I was home, where my wife greeted me with oatmeal and hot tea. She filled the tub with hot water, and after warming up, I went to bed and slept until noon. My life picked up where it had been, safe and comfortable. But I wondered about my companions of the night. It would be seven more hours before the shelter opened again. What did they do? What were their hopes for the morrow?

— Tony Greiner

are escorted out, but Pemberton says this is not a frequent occurrence.

McBride noted that street people have lives without structure, and the set hours and rules of the shelter provide some stability. Staff have noticed some people coming back every night, "making us feel good, as we must be doing something right," Pemberton says.

One problem that has proven difficult to handle has been how to deal with people who have been discharged from a hospital, but have nowhere to go. Hospitals send them

to the shelter, but if the person has medical needs that still need attention, such as dressing wounds, the shelter doesn't have the trained staff or equipment to help them. Families with children also appear, but since Moore Street currently has no place to keep them separate and safe, the staff has to scramble to find a spot for them, a difficult task made more challenging in the evening hours.

Although they have a professional staff of ministers and paid employees, the services of the Salvation Army are primarily performed by

volunteers. The program is set to run 90 days, with a budget of \$750,000 for the two shelters, provided equally by the Joint Office of Homeless Services, a city-county organization, and the Shelter Services General Fund.

Once the shelters reach capacity, the funding pencils out to \$41.65 a night per person. Rob Layne of Portland Solutions has said that the success of the program will be evaluated as the 90-day period reaches its conclusion in mid-March, and it may be extended or modified.

★ STAR COLUMN

When streetcars ruled

If you lived in Northeast Portland in the early part of the 20th century, your world was defined by the streetcar system. It was the easiest, most affordable, most direct way (with a little walking thrown in) to get where you needed to go.

Even if you didn't depend on the streetcar for a ride, the system still defined these neighborhoods. Streetcars ran right up the middle of the roadway in most cases, the shiny rails and their surrounding brickwork an unmistakable signature to watch out for, especially if you were on a bike. The overhead lines powering the cars were electric threads that tied it all together, sparking when the cars and their electric trolley poles passed along underneath. And the sound: a kind of clunking, squeaking thunder you could hear and even feel a couple blocks off, with bells that rang at every stop.

Because everyone rode the streetcar (or simply "the car" as it was known, differentiated from automobiles), chances are you'd see neighbors or classmates, a rolling community space where news was exchanged and plans made. The system was so much a part of everyday life, you could take it for granted.

In 1923, traveling downtown on the Broadway Streetcar from the end of the line in Alameda at Northeast 29th Avenue and Mason Street — mostly along the route of today's No. 17 TriMet bus — would cost you 8 cents, or a monthly pass for unlimited rides anywhere in the system for \$1.25.

Here's a short profile of three signature lines that served Northeast Portland.

THE BROADWAY

A narrative map of the streetcar's complete 8.8-mile circuit would go something like this, beginning at the outbound end: Once the streetcar arrived at NE 29th and Mason, the motorman would step outside, drop the electrical connection trolley pole on one end of the car and secure it to the roof. He would raise the pole on the other end for the trip downtown and hook it to the overhead electric line. And off he would go to the south, passing straight through today's "Bus and Bicycle Only" notch at Northeast Regents Drive and Alameda Street, then down the hill to 24th, where the rails curved south. At 24th and Fremont, the line jogged west for two blocks before turning south on 22nd. The car continued south on 22nd toward Broadway, with a minor "S" turn at Tillamook before turning the corner onto Broadway, where the car turned west toward downtown and across the Broadway Bridge.

The downtown end of the line was Broadway and Jefferson, where the process began again as the motorman readied for the outbound trip. A key difference on the outbound leg was that the car turned north on 24th not 22nd. The 2.2-mile loop formed by the 22nd and 24th couplet — the Fremont Loop — makes for a nice walking circuit even today.

During the day, cars ran every 10 minutes and were referred to as "regular cars." During the morning and evening rush hours, additional cars called "trippers" were put into the circuit to handle additional riders. Trippers did not climb the hill to 29th and Mason, traveling only on the Fremont Loop to save time. At night, the Broadway line was one of a handful in Portland that featured an "owl car," a single train that made the circuit once an hour between midnight and 5 a.m.

THE ALBERTA

First constructed in 1903, the line left downtown at Southwest Second Avenue and Alder Street, crossed the old Steel Bridge and ran north up Union (today's Martin Luther King Jr. Boulevard), where it turned east on Alberta Street to NE 25th. A few years later it was extended five more blocks east on Alberta to NE 30th, and then a few years later north on NE 30th to Ainsworth, which became the end of the line. There was talk of connecting the Alberta line with the Broadway line, but by the time that seemed possible, automobiles had begun to eclipse streetcar use.

The Alberta line was the catalyst for the brand-new district: Wherever it went, so did development. Initially just two rails in the mud through brush and open fields, by the heyday of Portland's streetcars in the teens and 1920s, the Alberta streetcar had attracted scores of business owners and thousands of residents to this new developing part of the city. Its impact on the shape and feel of the neighborhood can't be overstated.

The Dec. 28, 1913, edition of The Oregonian reported: "The streetcars are now operated to East Thirtieth street and Ainsworth avenue. The line runs double cars in order to take care of the traffic and even then the cars morning and evening are overcrowded."

THE BEAUMONT

Originally, the Beaumont Streetcar was a short spur off the Rose City line that ran along Sandy Boulevard. Traveling north on Northeast 42nd Avenue, it took the hill up



Historic streetcar lines, above, from top down: The Broadway/Fremont Loop; The Alberta; The Beaumont (City of Portland Archives)

Wistaria and came to its terminus near NE 41st Avenue and Klickitat Street. The line was financed and built by the Beaumont Land Co., which was developing the neighborhood. Developers knew transportation and access to their new subdivision were crucial to marketing and sales. In later years, service was added directly to and from downtown so Beaumont riders wouldn't have to change lines at 42nd and Sandy.

THE END OF AN ERA

As the popularity and availability of automobiles boomed in the 1930s and 1940s, many Portlanders turned away from streetcars as dinosaurs of the past. Electric trolley buses and gas-powered buses seemed more nimble, quiet and modern. Driving a stylish automobile was much more convenient and direct. So by the late 1940s, the streetcar fleet was replaced by buses, the rails were paved over, and what had been one of the nation's finest streetcar systems became history.

Read more about streetcars, how to find clues of their former presence and a history walk around the Fremont Loop at www.alamedahistory.org.

Local historian Doug Decker shares insight that helps make the past more visible. Send history-mystery questions or topics you'd like to know more about to doug@alamedahistory.org. Read more about local history on his blog, www.alamedahistory.org.

LIVING IN THE NEIGHBORHOOD Working in the Neighborhood



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★ STAR COLUMN

Winterhawks are more than a team — they're a family

MIKE
on a
BIKE



Michael Wright

On many a summer day, as I am on my way to cycle along the Willamette River, I glide past the iconic Veterans Memorial Coliseum and admire the soaring glass structure that has been a centerpiece of the Rose Quarter for over 65 years.

The performers there are on a list of who's who. The Beatles, Led Zeppelin, Elvis and more. Heck, our Portland Trail Blazers won an NBA championship there in 1977 before the MODA Center was built.

These days, the coliseum is home to the Portland Winterhawks Junior Hockey team. I decided last month to nose around a bit and see what might be an interesting community story to share.

After meeting with team executives, one story held my attention. I was curious how amateur junior hockey players from across North America and Europe could afford to live, often thousands of miles away from their families, to play junior hockey.

The answer lies in local families who open up their homes to these young players and host them for the full season. The



Left: Winterhawks action at Veterans Memorial Stadium in The Rose Quarter in February. (Michael Wright)

Winterhawks have a robust community billeting program that is coordinated by Teri Smith, an energetic, helpful member of the Winterhawks team.



I wanted to meet one of these billeting families and was introduced to Jan Vandersanden and her husband, Patrick Connell. Vandersanden was first introduced to this concept when her mum and dad, Joy and Vandy, along with her brother, Eric, were billets during her high school years. She and Connell signed up and have never looked back. Over the past

two decades the couple has hosted nearly 30 players from every corner of America and across the Atlantic.

This year, they are hosting two players. Josh Zakreski, 19, hails from Saskatoon, Saskatchewan, Canada, and Lochlan (Teddy) Tetarenko, 17, from Okotoks, Alberta, Canada. When Vandersanden found out I was a Canadian and wanted to meet everyone at their home she said, "Be our guest for dinner here."

These young men have busier lives than most high school and first-year university students, Their education is a priority and Sunset High School welcomes Tetarenko, while Zakreski is studying daily for first-year university credits with on-site professors and tutors before practice. At home, Connell grilled steaks for the growing athletes as Vandersanden prepared all the accoutrements, along with home-baked desserts, as I got an opportunity to meet the guys. Zakreski and Tetarenko are polite and friendly, each with a quick sense of humor. And it is abundantly clear that they are men on a mission. They want to help the Winterhawks win a championship



Below: Winterhawks players Josh Zakreski, from Saskatoon, Saskatchewan, Canada, and Lochlan (Teddy) Tetarenko, from Okotoks, Alberta, Canada, toast to their good fortune in finding a home away from home in Portland for the hockey season. (Michael Wright)

and earn an opportunity to find a place on an NHL roster.

The dinner table conversation felt so much like a family. When I mentioned that, they commented together, "It is! We are!" Among the many reasons Connell and Vandersanden gave that fuels their passion for billeting is how close they get to the players and their families. They make forever friends from all corners of the hockey universe. As Connell said, "We get to see so many young men follow their dreams."

Now that I think of it, that doesn't simply sound like lifelong friends. It's an "all in the family" thing. And that's pretty cool.

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★ STAR FEATURE

From farm to fork



SAVOR HARVEST, CONNECT WITH COMMUNITY AT LOCAL MARKETS

By Fawn Morosky
Star contributor

Portland's farmers markets are slowly starting to awaken from their winter slumber, inviting us to turn our thoughts toward the promise of warmer days, the smell of fresh basil mingling with local Roma tomatoes, lively conversations shared over a cup of locally roasted coffee, the bright sounds of a bluegrass band filling the air, the crisp of a sourdough slice heaped with handmade mozzarella cheese and the golden sweetness that drips from fistfuls of honey sticks.

Portland farmers markets provide a venue for over 200 local and regional vendors to sell their food and crafts. Each market is unique, offering something for everyone throughout the summer and fall. There are a handful of markets that operate year-round, including in the Hollywood and Montavilla neighborhoods. Highlights include live music that showcases local talent, educational information for community members interested in learning about food production, seed propagation, invasive/native species and many other topics, children's activities and volunteer opportunities to help keep the markets running smoothly. Here is a look at the local markets located in North and Northeast Portland neighborhoods:

CULLY FARMERS MARKET

OPEN: June 5-Aug. 28



Set to open May 24, the Rocky Butte Farmers Market has locally grown foods and artisan products, along with a community table where neighbors can sell backyard produce. (Keri Friedman)

HOURS: 4-8 p.m. Thursdays
ADDRESS: 5011 N.E. 42nd Ave.
WEBSITE: <https://cullyfarmersmarket.com/>

The Cully Farmers Market is organized and funded by Native American Youth and Family Center (NAYA). The market features Indigenous farmers and craftspeople in addition to local vendors and musicians. Each week there is a rotating list of vendors and community resources that can be explored. During the growing season, 10 boxes of produce and other goods are gifted to community members from the NAYA gardens. People interested in receiving a shared produce box can learn more at the NAYA table.

HOLLYWOOD FARMERS MARKET

OPEN: Year-round
HOURS: 8 a.m.-1 p.m. Saturdays, April-September; 9 a.m.-1 p.m. Saturdays, October-November; 9 a.m.-1

p.m. the first and third Saturdays, December-March
ADDRESS: Northeast Hancock Street between 44th and 45th avenues
WEBSITE: hollywoodfarmersmarket.org/

The Hollywood Farmers Market operates year-round and is tucked into the parking lot of Grocery Outlet. The market, which has been operating at its current location since 2000, offers shoppers over 50 vendors and booths to explore each Saturday. Highlights of the market include live music, community booths, special events such as Market Fun Day, Senior's Day, Halloween celebrations and Indigenous Marketplace. Vendors include local farms, bakeries, hot food and drinks, flowers, plant starts, foraged mushrooms, honey and bee demonstrations as well as vendors of many varieties of fruit, nuts and berries.

- CONTINUED ON PAGE 12

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★ STAR FEATURE



The Cully farmers market, above left and middle, has a wide array of food, flowers and artisan products. The Montavilla market, far right, is one of the few that are open year-round. (Cully and Montavilla farmers markets)

KENTON FARMERS MARKET

OPEN: June-October
HOURS: 3-7 p.m. Wednesdays
ADDRESS: North McClellan Street and Denver Avenue
WEBSITE: portlandfarmersmarket.org/our-markets/kenton-farmers-market/

The Kenton Farmers Market has been welcoming vendors and guests since 2012. Located in the heart of the Kenton neighborhood, a short walk from the historic Paul Bunyan statue and the MAX/TriMet station, this farmers market is accessible to all. The website describes the market as offering a “street fair ambiance.” It features over 20 vendors, which rotate throughout the summer. Each week there is live music by local musicians. Children are welcome to visit the Children’s Booth to learn more about plants and horticulture. Special events include cooking demonstrations, food tasting and cultural celebrations.

KING FARMERS MARKET

OPEN: May-November
HOURS: 10 a.m.-2 p.m. Sundays

ADDRESS: Northeast Seventh Avenue and Wygant Street
WEBSITE: portlandfarmersmarket.org/our-markets/king/

If you are looking for a smaller, more intimate experience, King Farmers Market has you covered. The market has been operating since 2009. Each week 30 vendors bring fresh produce, eggs, jams, bread and fruits to sell. Hot food vendors provide breakfast and lunch options. The market is located within walking distance to a school and playground, which makes it perfect to bring the kids to on a sunny Sunday.

MONTAVILLA FARMERS MARKET

OPEN: Year-round
HOURS: 10 a.m.-2 p.m. Sundays, May-December; every other Sunday January-April
ADDRESS: Southeast Stark Street and 76th Avenue
WEBSITE: montavillamarket.org/

The Montavilla Farmers Market was founded by neighbors who wanted to bring local produce and build community in the neighborhood. Through a grassroots effort of collecting donations from local businesses,

neighbors and supporters, the market opened in 2007 and has welcomed thousands of visitors since. The small market hosts about 20 vendors each week and operates year-round. Highlights include dairy products, medicinal herbs and tinctures, fresh fruits, locally caught fish, chocolates, fermented foods, baked goods, mushrooms and local wine/distilled spirits. The market also encourages children to try new foods and develop healthy eating habits through a tasting club each week. Children ages 2-12 can receive \$3 in market bucks to shop and try something new.

ROCKY BUTTE FARMERS MARKET


OPEN: May 24-Oct. 25
HOURS: 9 a.m.-1 p.m. Saturdays
ADDRESS: Northeast Siskiyou Street, between 80th and 82nd avenues
WEBSITE: rockybuttemarket.com/

Since 2017, the Rocky Butte Farmers Market’s roots have been deeply tied to the community. The market was founded after several neighbors in the Madison neighborhood polled their community about


interest in a farmers market opening. With overwhelming support, volunteers came together to host and manage the market, which officially opened in 2019. Now in its fifth season, the market operates weekly and has grown with their mission to “provide NE residents access to affordable, seasonal, locally grown foods and artisan products. The market’s primary goal is to support small farms, reducing barriers to participation for beginning and underrepresented vendors.”

Highlights include live music and entertainment, a Kid’s Patch where children can learn about farming and a community table where neighbors can sell backyard produce.

Do you have a favorite Portland Farmers Market or a vendor you look forward to seeing each season? Or are you looking forward to exploring new ones this year? Whether you are looking for local eggs, herbs for a special meal or just a way to spend time with friends and family, the farmers markets have it all. Markets are currently accepting vendor applications for the 2025 season. Visit their websites for details.



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★ STAR BLOCK X BLOCK

Cully connects!



BY MAGGIE GRAINGER

MAGGIEGRAINGER@STAR-NEWS.INFO

family-friendly restaurants to unique local businesses and old-standbys, find your next favorite spot the next time you're in the area.

- CONTINUED ON PAGE 14



Historic Cully is known for its diverse, welcoming atmosphere and strong sense of community. The neighborhood, which is bordered by Concordia, Sumner, Roseway, Rose City Park and Beaumont-Wilshire, is one of the larger ones in Portland and is constantly evolving, growing and embracing what makes our town so unique. From



Above: Khao Niew Lao Street Food owner Ae Sangasy stands in front of the recently painted mural that showcases the diverse beauty of Laos. Left: A spread of typical Laotian food. (Niew Lao Street Food)



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★ STAR CLIPS ★

★ EXPIRES 03/31/25 ★

★ STAR BLOCK X BLOCK

KHAO NIEW LAO STREET FOOD

A restaurant that is full of heart can be found right in the heart of Cully.

Ae Sangasy is the owner of Khao Niew Lao Street Food, also known as Cully Central, a Laotian restaurant that has been serving up traditional dishes since 2018.

She says the two names are no accident. When she first got the space she envisioned a hub for food carts, but city requirements made her pivot her plan.

“Consequently, we decided to bring Khao Niew Lao Street Food, originally a food cart, into the small kitchen inside the Cully Central building,” she says. “This is how we ended up with two names for our single business.”

She says “Khao Niew” means “sticky rice” in Lao, a staple food of the country. “My siblings and I are very close, and we refer to the business by our family motto: ‘We will always stick together like sticky rice.’ Thus, the name holds significant meaning for us.”

The restaurant also holds significant meaning to the neighborhood with people coming from throughout Portland to enjoy signature Laotian dishes like Nam Khao, a traditional Lao crispy rice salad, Khao Poon, a spicy curry-based chicken vermicelli noodle soup, or a Lao sampler platter, which has papaya salad, sien savan (Lao jerky), sausage and other tasty bites.

“Lao cuisine is a bold and flavorful adventure for your taste buds,” Sangasy says. “It’s fresh, aromatic and deeply satisfying.”

“If you love Thai food, Lao food will surprise and delight you with its unique depth of flavor and traditional cooking techniques that highlight fresh herbs, fermented ingredients and rich spices.”

She says her inspiration comes from her mother, whose love of cooking and drive to feed others has always been at the heart of her family. “As immigrants, cooking was one of the few jobs available to my mom since she had no education or experience, and it became her lifelong profession,” Sangasy says.

It’s this drive that propels Sangasy in her own life. “In 2015, I found myself at a crossroads,” she says. “As a single mom, I began to reevaluate my life’s priorities and realized I craved more flexibility to be present for my children while still achieving financial independence. Starting a food cart seemed like a perfect way to pursue my passion for food and entrepreneurship without overwhelming my savings.”

“By 2018, the food cart had grown into a brick-and-mortar restaurant, and I knew it was time to commit fully. It was a bold move, but one that allowed me to invest my time and energy into growing something I loved, all while creating a better life for myself and my children.”



Sam Grimes pours a beer at Oakshire Brewing. Their most popular option year-round is their Watershed IPA. (Kacee Kubli)

Sangasy says the support from the neighborhood has been overwhelmingly positive.

“From the very beginning, this community has embraced us with open arms, and that support has meant everything,” she says. “This restaurant is more than just a place to eat — it’s a gathering place, a celebration of flavors and a reflection of the vibrant community that surrounds it.”

In fact, Sangasy saw this support in full force when the outside of the restaurant got tagged by unwanted graffiti.

“Through one of my followers I found the incredible artist who brought my vision to reality,” she says. “What was once a dive bar and an eyesore building in the Cully neighborhood has now been transformed into a breathtaking masterpiece that celebrates Lao culture, tradition and cuisine.”

Artist Alex Chiu painted a vibrant mural that showcases the beauty of Laos and brings to life the Buddha, traditional Lao architecture and the country’s flower and cultural symbols while blending seamlessly with iconic Lao dishes like steaming baskets of sticky rice, fiery papaya salad and traditional Lao attire.

“The colors are bold, the details are rich and the entire piece radiates warmth, inviting everyone to experience the essence of Laos,” Sangasy says. “This mural is more than just art

— it’s a tribute to our heritage, our food and the soul of our community.”

ADDRESS: 4579 N.E. Cully Blvd. **WEBSITE:** khaoniewlaostreetfood.com **INSTAGRAM:** @khaoniewlaostreetfood **DON’T MISS:** Lao New Year is celebrated in mid-April. Check their Instagram page for details on a mini festival and food specials.

OAKSHIRE BREWING

Enjoy a pint and a night out with the entire family at Oakshire Brewing, a brewpub that has become a community hub for families looking to get out, mingle with neighbors and have fun together.

“The name Oakshire embodies the strength of an oak and the connection between people and the place that is a shire, an old name for a rural county,” says general manager Kacee Kubli. “Oakshire Brewing exists to create and share great beer experiences.”

And great experiences are their specialty, whether it’s hosting a live music event, a bottle release or a family-friendly sing-along.

“We are so fortunate to have the space to host and gather our community,” Kubli says.

The Oakshire story began in 2006 down in Eugene. Since then they have expanded to Portland, opening the Cully-based beer hall in July 2019.

“When we were looking for a place to call home in Portland we intentionally chose a



Top: Bartender Adrian Hodgins delivers a pizza and a beer. Above: The space at Oakshire Brewing includes an outdoor beer tent where families can gather and bands play live music. (Kacee Kubli)

community-focused neighborhood,” Kubli says. “We feel like we did just that, and we can’t imagine being anywhere else in the city.”

She says they have a pour for everybody and their brewers do an excellent job of crafting a variety of styles to appeal to a wide range of beer lovers.

However, their most popular pour year-round is their Watershed IPA, a West Coast IPA that strikes a wonderful balance between bitter and sweet, and finishes crisp and clean. Not only does it go down smoothly, but 1% of all Watershed IPA revenue goes into protecting Eugene and Portland watersheds.

Other popular drafts include their Overcast Espresso Stout and their Amber Ale, which was the first beer ever made at the Eugene brewery and Kubli says is still a staff and fan favorite 18 years later.

But it’s not just the beer that draws crowds.

- CONTINUED ON PAGE 15



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★ STAR BLOCK X BLOCK



Jump Jump Records owner Dan Berkman estimates he has over 7,000 records for vinyl lovers to browse. (Jump Jump Records)

Their large, tented outdoor space and stage, weekly events and tasty pizza menu and on-site burger truck have people coming back again and again.

"It doesn't matter if you make the best beer or food, what people are going to remember is how they feel walking out the door. I want people to feel seen, appreciated and more connected to humanity leaving Oakshire," Kubli says.

Come by Oakshire on Sunday, March 16, for a special St. Patrick's Day celebration. Enjoy live music, food and beer specials.

ADDRESS: 5013 N.E. 42nd Ave. **WEBSITE:** oakbrew.com **INSTAGRAM:** @oakbrewpdx **DON'T MISS:** Every Tuesday, Oakshire donates \$1 per core pint and 10% of food sales to a different nonprofit as part of Oakshire Inspires. This month they are partnering with the Faubion School PTA on March 4, Depave Oregon on March 11, Padres Unidos Rigler PTA on March 18 and Portland Ultimate on March 25.

JUMP JUMP MUSIC

A Cully-based record store has been helping music enthusiasts connect with vinyl finds for more than 30 years.

"Record stores have always been important and a way for customers to find new, lost and favorite sounds," says Dan Berkman, the owner of Jump Jump Music. "I have been around long enough to see the rise of national chain stores driving out independent stores and the

collapse and bankruptcy of the big chains."

Jump Jump Music first opened on Northeast Broadway in the summer of 1990 and Berkman says some people might still remember their cow, Bossy, who greeted people out front. He moved to Northeast Prescott in 1994.

Berkman estimates he has over 7,000 records currently priced and available for browsing and doesn't turn his nose up at any genre.

"There are good titles in every genre and I want to see every collection. The most exciting collections for me to see are blues, jazz and soul records in good condition," Berkman says. "We attract collectors from around the globe."

He says rock records always sell well and he's noticed an uptick in requests for yacht rock favorites like Hall & Oates, Steely Dan and the Doobie Brothers lately. Classic rock, punk, metal, grunge and international records are also hot items as well as local Pacific Northwest artists like The Kingsmen and The Decemberists.

"The endless variety of records I see every week — some I have never seen before — keeps it interesting," Berkman says.

He continues: "Hip hop heads ask for the Beach Boys. Punk rockers ask for Leonard Cohen. Soul fans ask for Frank Sinatra.

- CONTINUED ON PAGE 16

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★ STAR BLOCK X BLOCK

Surprising me is normal. People are always taking old records and creating new categories for them."

As for his own taste, Berkman says he's most into Americana but tries to keep an open ear and listen to everything.

"The best thing, by far, is listening to records and discovering new music."

Interested in selling your vinyl? Berkman is a one-person operation and says it's best to call him before coming in.

"I can accommodate early and late shoppers when need be," he says. "If people have too many records to carry, I am happy to come out to look."

ADDRESS: 7005 N.E. Prescott St. **PHONE NUMBER:** 503-284-4828 **DON'T MISS:** Their annual Spring Dollar Sale is March 22-23. Browse through hundreds of records, CDs, cassettes and more priced at only \$1.

JUNIOR'S ROASTED COFFEE / UPRIGHT BREWING BEER STATION

A converted gas station is a must-stop for brew lovers — be it the coffee or beer variety.

Laila Ghambari is the co-owner of Junior's Roasted Coffee on Northeast Prescott Street, a converted space that they share with Upright Beer Station.

"(Upright) owner Alex Ganum lives in the area and always wanted to see something



happen with the building," she says. "He renovated it to be a taproom, and coffee was a great tenant for the space as we operate on opposite hours."

The coffee company is currently made up of two brands — Junior's Roasted Coffee and Guilder, which has two other locations in Portland. Ghambari says they are changing the name to Guilder in the near future for operational purposes but wants to ensure customers they can still expect the same vibe they have come to expect from Junior's.

"We love the name and are excited to introduce the new look to the neighborhood," she says. "Change is always weird but sometimes necessary, but it's really just a name change."

Ghambari and her husband, Ryan Willbur, took over ownership of the coffee shop portion in April 2024 and love not only co-sharing the space with the brewers at Upright but meeting people from the neighborhood.

"We have so many lovely regulars in the area and lots of people who work in the service industry — young families, long time locals," Ghambari says. "It's a great mix of people."



The friendly baristas at Junior's Roasted Coffee enjoy meeting locals and whipping up seasonal blends. (Junior's Roasted Coffee)

She says the morning crowd comes to enjoy their unique style of Nordic roasting, which is generally a lighter roast.

"We really try to bring out as many aromatic qualities in the coffee," she says. "We also offer a seasonal blend, and right now, it's called Epilogue."

Taking over the coffee shop was a no-brainer for the duo. Both have been working in specialty coffee for about 20 years and Ghambari's family owns shops in Seattle.

"We both worked for Stumptown and other

notable coffee companies and brands over the years," she says. "I grew up in it."

Junior's Roasted Coffee/Guilder is open daily from 7 a.m.-3 p.m. Upright Beer Station is open Monday-Friday from 3-10 p.m., and noon-10 p.m. on Saturday and Sundays.

ADDRESS: 7151 N.E. Prescott St. **WEBSITE:** juniorsroastedcoffee.com **INSTAGRAM:** @juniorsroastedcoffee; @uprightbeerstation **DON'T MISS:** Junior's is launching their special spring menu this month. Come in and check out fun, seasonal coffees, teas and treats.

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45th Parallel Universe

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Residency Week of February 24
Concert on March 1 | 7:00 pm | Polaris Hall
Featuring: Violinist Vijay Gupta; founder Greg Ewer; 45th Parallel Players

Greg and Vijay raised the roof so high that we couldn't wait to bring them back for another high energy concert!

TREASURED RESOURCES: WATER AND MUSIC

April 30 | 7:00 pm | The Old Madeleine Church
Featuring: Flutists Martha Long and Zach Galatis; 45th Parallel Players

Experience a world premiere by local Northwest composer Deena Grossman, composer-in-residence with Columbia Riverkeeper as well as melodic and transcending sounds from composer Yuko Uebayashi performed by Oregon Symphony Flutes.



Purchase tickets at

45THPARALLELPDX.ORG



★ STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

TO SUBMIT CALENDAR ITEMS

To include an item in The Star Calendar, send an email to calendar@star-news.info and include the title, time, date, location and a short description (50 words or less).
 Entries must be received by the 15th of the month preceding the publication month.
 Photos are welcome, but must be suitable for print: 300 dpi JPG. If sending from a smartphone, download the largest size.
 Events will be included as space allows.

KIDSTEENSANDFAMILIES

LEARN TO JUGGLE WITH GIGS

March 22. 11 a.m.-noon. Things are getting silly at the Hollywood Library. Join Giggles for a juggling session that include a 5-10 minute demonstration and a 45-50 minute hands-on workshop. All supplies provided. All ages. Free. Hollywood Library, 4040 N.E. Tillamook St., 503-988-5123, multcolib.org

ENJOYARTS

BIG SHOW OF LITTLE ART

Through March 24. 11 a.m.-7 p.m. Alberta Street Gallery holds its sixth annual 6x6x6 Community Art Show featuring small works by Portland artists. All pieces are for sale and priced at \$100 or less. The gallery will also display prints and leather work by Angela Morrow and metal works by Mandy Allen. Alberta Street Gallery, 1829 N.E. Alberta St., 503-954-3314, albertastreetgallery.com

CRIMINAL JUSTICE ON STAGE

Through March 30. Various times. Drawn from interviews with over 250 students, parents, teachers and staff, "Notes from the Field: Doing Time in Education" is a heart-wrenching tale of injustice, compassion and hope. Through powerful monologues, the play recounts the lives of those who have been most affected, and leaves the audience with hope and a belief that change is possible. \$5-\$59.95. Portland Playhouse, 602 N.E. Prescott St., 503-488-5822, portlandplayhouse.org

CLOWNS WITHOUT BORDERS

March 8. 2 p.m., 7 p.m. Laugh for a good cause. Did you know Portland has the longest running and most successful fundraiser event for Clowns Without Borders USA? The group offers joy and laughter to relieve the suffering of all people, especially kids, who live in areas



Live performances, cocktails, an auction and more are part of this year's PHAMEtastic Gala fundraiser on March 9. (PHAME)

of crisis including refugee camps, conflict zones and territories in emergency situations. \$12-\$60. Alberta Rose Theatre, 3000 N.E. Alberta St., 503-719-6055, albertarosetheatre.com; clownswithoutborders.org

PHAME GALA

March 9. 4:30-7:45 p.m. Surf's up! Join PHAME performers and supporters for a party at The Avenue. This year's PHAMEtastic Gala will include cocktails and music by Chameleonica, followed by a seated dinner, live performances by PHAME's Rock Ensemble, an auction and the chance to make a splash in supporting PHAME's mission. Swimsuits optional. \$205/ single ticket; \$820 for a table for four, \$1,640 for table of eight; The Avenue, 631 N.E. Grand Ave., 503-764-9718, <https://tinyurl.com/mryk5db7>

COOKING MEMOIR

March 15. 5-6 p.m. Stop by the Rose City Book Pub to listen to author George Sorensen read from his memoir, "Hot Dish Confidential: That Year My Friends Taught Me to Cook." The kitchen will be whipping something up from the book and Sorensen will be signing copies. Free. Rose City Book Pub, 1329 N.E. Fremont St., 503-287-4801, rosecitybookpub.com

STRAYED TALK, BOOK SIGNING

March 13. 7:30-8:30 p.m. The University of Portland hosts local bestselling author Cheryl Strayed for a talk and book signing as part of the university's annual ReadUP event. In her book, "Wild: From Lost to Found on the Pacific Crest Trail," Strayed recounts the critical period in her mid-20s where she solo hiked the Pacific Crest Trail. Free. University of Portland, Buckley Center Auditorium, 5000 N. Willamette Blvd., up.edu/readup

MUSICNOTES

MUSIC OF THE AMERICAS

March 16, 3 p.m. Northwest Vocal Arts spring concert will feature the NWVA chamber

choir and youth choir performing works in Spanish, Latin and Quechua celebrating the sounds and rhythms from the Caribbean and South America. \$15-\$30. Rose City Park United Methodist Church, 5830 N.E. Alameda St., nvwocalarts.org

WES ANDERSON'S JAZZ

March 20. 8-11 p.m. Explore Wes Anderson's music, aesthetic and media through a jazz performance that's as heartfelt and funny as his films. "Wes Anderson's Playlist: An Interpretation in Jazz" plays songs inspired by the acclaimed filmmaker. All ages. \$27 in advance, \$35 day of show. Alberta Abbey, 126 N.E. Alberta St., albertaabbey.org

FORSENIORS

TAX HELP FOR SENIORS

Through April 15. 9 a.m.-noon Tuesdays, Thursdays. It doesn't matter how old you are, tax season can be confusing. Thankfully, the Community for Positive Aging is offering tax assistance for those who need help figuring out how to file. Free. The Community for

Positive Aging, 1820 N.E. 40th Ave., 503-288-8303, communityfpa.org

ENJOY NEW WEEKLY LUNCH

Fridays. noon-1 p.m. Come enjoy a new weekly meal provided by Stone Soup PDX and the Multnomah County Aging Disability and Veteran Services. Stone Soup PDX is a nonprofit food service training enterprise based in Portland that provides workforce development and hands-on culinary expertise to people at risk of homelessness. Please note: This meal service is only for participants 60 or older. Registration required upon arrival. Free. The Community for Positive Aging, 1820 N.E. 40th Ave., 503-288-8303, communityfpa.org

- CONTINUED ON PAGE 18

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 Murray Irish Dancers · 12:30-1pm
 Two Rivers Céilí Band · 1:30-3:30pm
 Forty Drop Dew · 4-5:30pm
 Blue Flags & Black Grass · 6-8pm

SUNDAY · GYM
 The Stomptowners · 2-4pm
 Yeates Academy Dancers · 4-4:30pm

MONDAY · GYM
 Murray Irish Hooley · 6-8pm

MONDAY · THEATER
 Celtic Light Orchestra · 7pm
 \$28 adults, \$23 kids 12 & under

DEVILS BIT WHISKEY
 Available starting March 15 while supplies last!

Monday, March 31
HISTORY PUB PUNJABI REBELS OF THE COLUMBIA RIVER
 7pm · \$5 adv, \$6 at the door
 See website for full event line-up

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★ STAR COMMUNITY CALENDAR

INGENERAL

GET A WATER WORKOUT

Mondays-Fridays, ongoing. 8:45-9:30 a.m. Get your heart rate up, improve flexibility and core strength and have fun during morning water aerobics at the Northeast Community Center. The class takes place in shallow water. Space is limited to encourage physical distancing. Participants use buoys, free weights, noodles and sometimes kickboards and iron weights, which are all provided by the NECC. \$15 for drop-in; memberships available. Northeast Community Center, 1630 N.E. 38th Ave., 503-284-3377, necommunitycenter.org

SHARE FAIR AT THE REDD

March 2. 10 a.m.-1 p.m. Learn about the many benefits of Community Supported Agriculture (CSA) — for your health, the



Join the Celtic Light Orchestra for a shamrockin' good time this Saint Patrick's Day at McMenamins Kennedy School.

(Celtic Light Orchestra)

environment and how it contributes to a sustainable local food system — during the Share Fair. Local chefs will demonstrate seasonal cooking and there will be samples. Attendees who purchase a CSA share using SNAP get 50% off fruits and vegetables. This is a family-friendly event. Free. The Redd, 831 S.E. Salmon St. Sign up at pnwcsasharefair2025.eventbrite.com

TOAST WOMEN BREWERS

March 8. 11 a.m.-3 p.m. and 4-7 p.m. Celebrate a decade of the craft of female-identified purveyors of beers and ciders during the 10th annual SheBrew Brew Festival. Discover 40 professional brewers from around the Pacific Northwest and 10 homebrewers. SheBrew is 100% nonprofit, volunteer run with all proceeds going to The Human Rights Campaign to Fight for Equality. \$35-\$65, The LeftBank Annex, 101 N. Weidler St., shebrew.beer/brewfest

CREATE EDIBLE LANDSCAPES

March 12. 6-8:30 p.m. Join East Multnomah Soil & Water Conservation District for a workshop on incorporating edible plants into your landscape. From annual veggies and herbs to perennial berries and fruit trees, experts will discuss design tips, ways to build fertile soil and how to conserve water. Learn more about in-person and online workshops at emswcd.org/workshops. Free. Community Room at Double Mountain Overlook Taproom, 1700 N. Killingsworth St., 503-222-SOIL (7645), emswcd.org

LABYRINTH WALK, TAIZE

March 15. 4 p.m. Join the congregation of Westminster Presbyterian Church for a contemplative, candle-lit labyrinth walk in the Great Hall, followed by a Taize healing and wholeness service with music and prayers in the sanctuary. Reach the Great Hall by the elevator at the 16th Avenue door, off Northeast Schuyler Street. Westminster Presbyterian Church, 1624 N.E. Hancock St. 503-287-1280, www.westprespdx.org.

CELTIC LIGHT ORCHESTRA

March 17. Doors open at 6 p.m. Dance classes at 7 p.m. Show and raffle at 7:30 p.m. Join the Celtic Light Orchestra for a shamrockin' good time this Saint Patrick's Day. Enjoy rousing Irish jigs and reels, LED lights, stilt walkers and more, featuring Celtic fiddle virtuoso Katie Jane Lubiens. All ages. \$28 for adults in advance/\$38 day of; \$23 for kids 12 and under in advance/\$33 day of. McMenamins Kennedy School, 5736 N.E. 33rd Ave., 503-249-3983, mcmenamins.com/kennedy-school

LIONS HOST BLOOD DRIVE

March 26. 10 a.m.-3 p.m. The Portland Hollywood Lions will hold its semi-annual blood drive this month. To register, call Daniel Norton at 503-720-6557 or register directly at redcrossblood.org. Rose City Presbyterian Church, 1907 N.E. 45th Ave.

BECOME A WEED WARRIOR

March 29. 9 a.m.-noon. Join the Mt. Tabor Park Weed Warriors on the last Saturday of the month to help improve the ecological health of the park. Wear closed-toe shoes, long sleeves and long pants. Gloves, tools and plant ID help are included. Projects include pulling ivy, digging out blackberry bushes and mulching. Volunteers under 12 must have an adult present. Those under 16 must have an adult/parent present or sign a waiver. Register online at taborfriends.org/weed-warriors-registration. Free. Meet at the Mt. Tabor Park Visitors Center a few minutes before 9 a.m. taborfriends.org

LEARN SPANISH, ENGLISH

Saturdays. 1-2:30 p.m. Practice English or Spanish and help others learn in a friendly, inclusive atmosphere. Participants speak half the time in English and half in Spanish. Beginners welcome. Practique inglés o español y ayude a los demás que están aprendiendo en un ambiente amable. Los participantes hablan la mitad del tiempo en inglés y la otra en español. Están bienvenidos los principiantes. Free. Gregory Heights Library, 7921 N.E. Sandy Blvd., 503-988-5123, multcolib.org

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New Listings Coming Soon ~
Check Back Next Month!

W | RT
MARKET STATISTICS
PORTLAND METRO AREA / JAN 2025

- 1,213 Closed Transactions
Down -20.9% from prior month
Up 8.3% from JAN 2024
- \$600,300 Average Sales Price
Up 3.8% from prior month
Up 6.3% from JAN 2024
- 88 Days on Market Average
- 3.7 Months of Inventory

WINDERMERE REALTY TRUST
Based on information from Regional Multiple Listing Service in the Portland Metro Area. Windermere Realty Trust does not guarantee accuracy.

W | RT
MARKET STATISTICS
PORTLAND METRO AREA / JAN 2025

AVERAGE SALE PRICE \$600,300	CLOSED SALES 1,213
MEDIAN SALE PRICE \$537,000	NEW LISTINGS 2,205
TOTAL MARKET TIME 88 DAYS	PENDING SALES 1,719
	INVENTORY 3.7 MONTHS

WINDERMERE REALTY TRUST
Based on information from Regional Multiple Listing Service in the Portland Metro Area. Windermere Realty Trust does not guarantee accuracy.

G Grant High School Listings (NE)
By Price Point:

- \$300,000 - \$400,000 = 7
- \$400,000 - \$500,000 = 9
- \$500,000 - \$600,000 = 2
- \$600,000 - \$700,000 = 3
- \$700,000 - \$800,000 = 2
- \$800,000 - \$900,000 = 1
- \$900,000 - \$1,000,000 = 3

- \$1,000,000 - \$1,100,000 = 3
- \$1,100,000 - \$1,200,000 = 2
- \$1,200,000 - \$1,300,000 = 2
- \$1,300,000 - \$1,400,000 = 1
- \$1,400,000 - \$1,500,000 = 2
- \$1,700,000 - \$1,800,000 = 1
- \$2,000,000+ = 1
- \$3,000,000+ = 1
- Total = 40**

Source: RMLS ~ Subject To Change ~
As of 02/19/2025

M Leodis McDaniel High School Listings (NE)
By Price Point:

- \$100,000 - \$200,000 = 3
- \$200,000 - \$300,000 = 11
- \$300,000 - \$400,000 = 10
- \$400,000 - \$500,000 = 7

- \$500,000 - \$600,000 = 10
- \$600,000 - \$700,000 = 4
- \$700,000 - \$800,000 = 3
- \$800,000 - \$900,000 = 2
- Total = 50**

Source: RMLS ~ Subject To Change ~
As of 02/19/2025

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